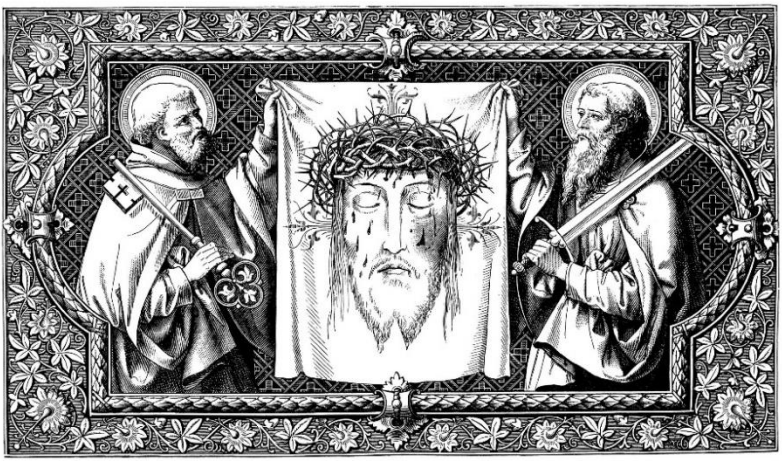
VISITATION OF THE SEVEN CHURCHES



ON HISTORY OF THE DEVOTION OF THE VISITATION OF THE SEVEN CHURCHES OR SEVEN PRIVILEGED ALTARS

"John to the Seven Churches which are in Asia: 'Grace be unto you and peace from Him that is, and that was, and that is to come, and from the seven spirits which are before His throne, and from Jesus Christ, who is the faithful Witness, the First Begotten of the dead, and the Prince of the kings of the earth, who hath loved us, and washed us from our sins in His own Blood, and hath made us a kingdom, and priests to God and His Father: to Him be glory and empire for ever and ever. Amen.'"

- Apoc. 1: 4-6

"And trembling he said: How terrible is this place! This is no other but the House of God, and the Gate of Heaven."

- Gen. 28:17

"How lovely are Thy tabernacles, O Lord of Hosts! My soul longeth and fainteth for the courts of the Lord."

- Ps. 83:2-3

"Blessed is the man that heareth Me, and that watcheth daily at My gates, and waiteth at the posts of My doors."

- Prov. 8:34

The custom of visiting the seven principal churches in Rome is of the most ancient institution, introduced by the piety of our ancestors, going back to at least the 7th century.

They are the five Patriarchal Basilicas:

1. St. Peter on the Vatican
2. St. Savior (and Sts. John the Baptist and the Evangelist) in the Lateran

3. St. Mary Major
4. St. Lawrence outside the Walls
5. St. Paul outside the Walls

And two additional Basilicas:

6. St. Sebastian outside the Walls
7. The Holy Cross in Jerusalem

This devotion has the authoritative approval of the Sovereign Pontiffs, as Sixtus V observes in his Bull *Egregia populi Romani pietas* (Feb. 13, 1586), in which he speaks of the visit to the seven churches. As we have no authentic documents touching the number of indulgences granted to those churches, yet knowing as we do that the faithful have ever shown a predilection of no ordinary kind in their favor, and that the Sovereign Pontiffs have been equally eager to enrich those monuments of devotion with extraordinary privileges and indulgences, we therefore shall be but in unison with the spirit of Holy Mother Church when we exhort, with all earnestness, the faithful to renew their intention each day, to gain, whilst visiting these altars, all the indulgences that they can, which, we may add, are applicable to the suffering souls in Purgatory. No special form of prayer is prescribed, so that each one may consult his own devotion and say what prayers he may think fit; but let him say, at least, a Pater and Ave at each visit (St. Pius V., Nov. 15, 1571).

We see this devout practice carried out by many great saints throughout the ages. In the 7th century it was practised by St. Begga, the mother of Pipin of Heristal, and sister of St. Gertrude of Nivelles. She died in 698. In the 14th century it was practised by St. Bridget of Sweden and her daughter St. Catherine. It was the almost daily devotion of St. Joseph Calasanctius in the late 16th century. St. Ignatius and his companions, on the morning of their solemn profession at St. Paul's, April 15, 1541, first made the visit to the six other churches. By many other saints has it been practiced, and it is now in continual use with persons of every rank, not only those who dwell in Rome, but with strangers also, who come to Rome in order to venerate in these churches the relics deposited there, especially those of the holy apostles and martyrs. St. Pius V, when near his death in 1572, tried to make the visit to the seven churches, but on reaching the Lateran was unable to proceed further. He knelt and kissed the lowest step of the Scala Santa, was carried back to his palace, and died a few days after. St. Benedict Joseph Labre frequently made this pilgrimage, as did Popes Paul V and Benedict XIII accompanied by many of the cardinals.

It is to St. Philip Neri that we owe the vast development it received during the last few centuries, for this saint was profoundly convinced of the spiritual profit of meditating on the combat and victory of the Athletes of Christ, especially on the spot where their relics repose. It was his custom, at first, to pass whole nights in the Cemetery of St. Callixtus, as it was that of St. Charles Borromeo to pass them in the Catacomb of St. Sebastian. St. Philip subsequently varied his devotion by visiting the Seven Basilicas, continuing this nightly pilgrimage for ten years. Gradually a nucleus of

imitators, his spiritual sons, formed itself around him and grew in proportions, sometimes 2,000 strong. When leading numerous bands of youths to the seven churches, St. Philip made them sing hymns and Psalms on the way, and took them to the grounds of the Villa Mattei near San Stefano Rotondo for a rest and a simple repast. A set form was then given to the pious pilgrimage: for such it really was.

It received the sanction and encouragement of the ecclesiastical authorities, and from that time succeeding, Popes vied with each another in enriching it with indulgences. Formerly, whoever after having confessed and communicated, should have visited these Seven Churches after this pious custom, and pray there according to the intention of the Sovereign Pontiff, may have gained many indulgences, with which heavenly treasures these churches had been deservedly enriched for every day in the year, as described in several Bulls and Pontifical Briefs, the originals or which are to be found in the archives of these churches. Prior to the reforms of Paul VI on the regulations concerning indulgences, His Holiness Pius IX had granted by a brief on Jan. 26, 1866, to all the faithful who, being truly penitent, after confession and communion, shall have devoutly visited the churches designated, and, at the same time, prayed for peace and union among Christian princes, for the extirpation of heresies, and for the triumph of Holy Mother Church, a plenary indulgence to be gained from the first Vespers to the sunset of the day on which the above pious exercise was performed.

The indulgences of the seven privileged churches of Rome are so great, so extensive, so various, and so numerous, that authors, who treat upon this subject, fear not to assert that it would take a large volume to enumerate and explain them. Indeed, Pope Boniface VIII., referring to the indulgences of only one of them (the Church of St. John Lateran) uttered these remarkable words: *"Indulgentia Ecclesia Lateranensis numerari non possunt nisi a solo Deot et Ego eas omnes confirm. - The indulgences of the Church of St. John Lateran cannot be numbered, but by God alone, and I do confirm them all."* If such be said of one church only, what shall be said of the whole seven collectively? It may be regarded as certain that attached to these Churches are over forty plenary indulgences, without speaking of the numerous partial ones.

The distance is about twelve miles. The first visit, that to St. Peter's, may be made in the evening, within two hours before sunset, at which time the ecclesiastical day begins. The other six churches can then be visited the next morning in the following order: St. Mary Major, St. Laurence, Holy Cross, St. Savior in the Lateran, St. Sebastian, St. Paul's: or this order may be reversed.

Most ancient also is the custom of visiting in these churches, but especially in St. Peter on the Vatican, the Seven Privileged Altars; a record of this custom being found in the archives of this church as far back as the times of Innocent II, who flourished in 1130 A.D. These seven altars in St. Peter's are:

1. The altar of Our Lady, commonly called the

"Gregoriana"
2. The altar of Sts. Processus and Martinianus
3. The altar of St. Michael the Archangel
4. The altar of Petronilla, Virgin
5. The altar of Our Lady, commonly called "of the Pillar"
6. The altar of the Holy Apostles Sts. Simon and Jude
7. The altar of St. Gregory the Great

Formerly, any of the faithful, who, with due dispositions, and (if intending to gain the plenary indulgence), after confession and communion, visited devoutly these seven altars, were accorded many indulgences granted by various Sovereign Pontiffs, and confirmed by St. Pius V, Sixtus V, Paul V, Clement VIII, and Urban VIII, which last Pope issued many Bulls in favor of the churches outside the Walls, in which he granted to the Seven Altars of these Churches the same indulgences as were granted to the Seven Altars in St. Peter on the Vatican.

ON INDULGENCES TO BE GAINED

In accordance with the current norms on the regulation of indulgences, the following may be gained by the faithful who practice the visitation of the Seven Altars of Repose on Holy Thursday, meeting the usual conditions:

- *A **plenary indulgence** is granted to the faithful who either:*

1° visit the Blessed Sacrament for adoration lasting at least a half-hour;

2° or piously recite the verses of the *Tantum ergo* after the Mass of the Lord's Supper on Holy Thursday during the solemn reposition of the Most Blessed Sacrament.

- A ***partial indulgence*** is granted to the faithful who either:

1° visit the Blessed Sacrament for adoration;

2° or offer any duly approved prayer to Jesus present in the Blessed Sacrament (e.g., the *Adoro te devote*, the prayer *O sacrum convivium*, or the *Tantum ergo*).

3° or make an Act of Spiritual Communion;

4° or make an Act of Thanksgiving after communion (e.g. the *Anima Christi*)

The faithful who practice the visitation of the Seven Altars of of St. Peter's Basilica, or the Seven Principle Churches in Rome, or another shrine in that city may gain the following indulgences, as applicable:

*- A **plenary indulgence** is granted to the faithful who visit, and there devoutly recite an Our Father and the Creed:*

1° one of the four Patriarchal Basilicas in Rome, either as part of group making a pilgrimage to the basilica, or at least with the purpose of expressing during the visit filial submission to the Roman Pontiff;

2° a minor basilica

a. on the solemnity of the holy Apostles Peter and Paul;

b. on the solemnity of its Titular;

c. on August 2, the day of the "Portiuncula" indulgence;

d. once a year, on a day chosen by the Christian faithful;

3° the cathedral church

a. on the solemnity of the holy Apostles Peter and Paul,

b. on the solemnity of its Titular;

c. on the liturgical celebration of the Cathedral of St. Peter, the Apostle;

d. on the dedication of the Archbasilica of the Most Holy Savior;

e. on August 2, the day of the "Portiuncula" indulgence;

4° an international, national, or diocesan shrine established by competent authority

a. on the solemnity of its Titular;

b. once a year, on a day chosen by the Christian faithful;

c. as often as they assist in a group pilgrimage visiting the shrine;

5° a parish church

a. on the solemnity of its Titular;

b. on August 2, the day of the "Portiuncula" indulgence;

6° a church or an altar on the day of its dedication;

7° a church or an oratory of institutes of consecrated life and societies of apostolic life, on the liturgical memorial of their founder.

8° any stational church on its designated day and there assist in the sacred functions held that day

- A ***partial indulgence*** is granted to the faithful who:

1° merely visit devoutly a stational church on its designated day

2° devoutly visit one of the ancient Christian cemeteries or catacombs.

To gain indulgences, whether plenary or partial, it is necessary that the faithful be in the state of grace at least at the time the indulgenced work is completed [i.e. one must be a Catholic, not excommunicated or in schism.] A plenary indulgence can be gained only once a day. In order to obtain it, the faithful must, in addition to being in the state of grace:

1° Have the interior disposition of complete detachment from sin, even venial sin;

2° Have sacramentally confessed their sins;

- One sacramental Confession suffices for several plenary indulgences, but a separate Holy Communion and a separate prayer for the Holy Father's intentions are required for each plenary indulgence.

3° Receive the Holy Eucharist (it is certainly better to receive it while participating in Holy Mass, but for the indulgence only Holy Communion is required);

- It is appropriate, but not necessary, that the sacramental Confession and especially Holy Communion and the prayer for the Pope's intentions take place on the same day that the indulgenced work is performed; but it is sufficient that these sacred rites and prayers be carried out within several days (about 20) before or after the indulgenced act.

4° Pray for the intentions of the Supreme Pontiff.

- For the prayer for the intentions of the Holy Father, it suffices to say one *Our Father*, *Hail Mary* and *Glory Be*, or any equivalent prayer, and must be done vocally. The general intentions of the Pope are as follows:

1° The triumph of our Holy Mother the Church over her enemies;

2° The propagation of the Faith;

3° Unity and peace among Christian princes and rulers;

4° The conversion of sinners;

5° The extirpation of heresy.

For the sake of those legitimately impeded, confessors can commute both the work prescribed and the conditions required (except, obviously, detachment from even venial sin).

Indulgences can always be applied either to oneself or to the souls of the deceased, but they cannot be applied to other persons living on earth.

PRAYER FOR THE STATE OF CHRIST'S CHURCH ON EARTH CONTAINING THE INTENTIONS FOR GAINING AN INDULGENCE

O eternal Father of our Lord Jesus Christ, Creator of all things visible and invisible, Source of all our good; infinitely good in Thyself, and infinitely gracious, bountiful, and good to us; behold, we, Thy poor servants, the work of Thy hands, redeemed by the Blood of Thine only Son, come, in answer to His summons, by His vicegerent, to present ourselves as humble petitioners before the throne of Thy mercy. We come all in a body at this time, even all Thy people upon earth; and we come in communion with all Thy Church in heaven, hoping to be assisted by their prayers and merits, and with Jesus Christ at our head, our High Priest and Mediator, in whose Precious Blood we all put our trust. We prostrate ourselves here before Thee, and most humbly beseech Thee to sanctify Thine own most holy Name, by sanctifying and exalting Thy holy Catholic Church throughout the whole world. O eternal King, who hast sent Thine only Son down from Thy throne above, to establish a kingdom here amongst us, from whence we might hereafter be translated to

Thine eternal kingdom, look down, we beseech Thee, upon this kingdom of Thy Son, and propagate it through all nations and through all hearts. Sanctify it in all truth; maintain it in peace, unity, and holiness; give to it saints for its rulers, its chief pastors, and all its other prelates; enlighten them all with heavenly wisdom, and make them all men according to Thine own Heart.

Give Thy grace and blessing to all the clergy, and send amongst them that heavenly fire which Thy Son came to enkindle on earth; assist and protect all apostolical missionaries, that they may zealously and effectually promote Thy glory and the salvation of souls redeemed by the Blood of Thy Son. Sanctify all religious men and women of all orders; give them the grace to serve Thee with all perfection, according to the spirit of their institute, and to shine like lights to the rest of the faithful. Have mercy on all Christian princes; grant them those lights and graces that are necessary for the perfect discharge of their duty to Thee and to their subjects, that they may be true servants to Thee, the King of kings, true fathers to their people and to Thy Church.

Have mercy on all magistrates and men in power, that they may all fear Thee, love Thee, and serve Thee, and ever remember that they are Thy deputies and ministers of Thy justice. Have mercy on all Thy people throughout the whole world, and give Thy blessing to Thine inheritance; remember Thy congregation, which Thou possessest from the beginning; and give that grace to all Thy children here upon earth, that they may do Thy will in all things, even as the blessed do in heaven. Extend Thy mercy also to all poor infidels, that sit in darkness and in the shadow of death; to all those nations that know Thee not, and that have not yet received the faith and law of Thy Son, their Savior; to all pagans, Mahometans, and Jews. Remember, O Lord, that all these poor souls are made after Thine own image and likeness, and redeemed by the Blood of Thy Son. O, let not Satan any longer exercise his tyranny over these Thy creatures, to the great dishonor of Thy Name. Let not the precious Blood of Thy Son be shed for them in vain. Send among them zealous preachers and apostolic laborers, endued with the like graces and gifts as Thine apostles were, and bless them with the like success, for the glory of Thy Name, that all these poor souls may be brought to know Thee, love Thee, and serve Thee here, in Thy Church, and bless Thee hereafter for all eternity. Look down also with an eye of pity and compassion on all those deluded souls who, under the name of Christians, have gone away from the paths of truth and unity, and from the one-fold of the one Shepherd, Thine only Son, Jesus Christ, in the by-paths of error and schism. O, bring them back to Thee and to Thy Church. Dispel their darkness by Thy heavenly light; take off the veil from before their eyes, with which the common enemy has blindfolded them; let them see how they have been misled by misapprehensions and misrepresentations. Remove the prejudices of their education; take away from them the spirit of obstinacy, pride, and self-conceit. Give them a humble and docile heart; give them a strong desire of finding out Thy truth, and a strong grace to enable them to embrace it, in spite of all the opposition of the world, the flesh, and the devil. For why should these poor souls perish, for

whom Christ died? Why should Satan any longer possess these souls, who, by their baptism, were dedicated to Thee, to be Thine eternal temple? O Father of lights and God of all truth, purge the whole world from all errors, abuses, corruptions, and vices. Beat down the standard of Satan, and set up everywhere the standard of Christ. Abolish the reign of sin, and establish the kingdom of grace in all hearts. Let humility triumph over pride and ambition; charity over hatred, envy, and malice; purity and temperance over lust and excess; meekness over passion; and disinterestedness and poverty of spirit over covetousness and love of this perishable world. Let the Gospel of Jesus Christ, both in its belief and practice, prevail throughout all the universe. Grant to us Thy peace, O Lord, in the days of our mortality, even that peace which Thy Son bequeathed as a legacy to His disciples, a perpetual peace with Thee, a perpetual peace with one another, and a perpetual peace within ourselves. Grant that all Christian princes and states may love, cherish, and maintain an inviolable peace among themselves. Give them a right sense of the dreadful evils that attend on wars. Give them an everlasting horror of all the bloodshed, of the devastations and ruin of so many territories, of the innumerable sacrileges, and the eternal loss of so many thousand souls as are the dismal consequences of war. Turn their hearts to another kind of warfare. Teach them to fight for a heavenly kingdom.

Remove, O Lord, Thy wrath, which we have reason to apprehend is actually hanging over our heads for our sins. Deliver all Christian people from the dreadful evil of mortal sin. Make all sinners sensible of their misery; give them the grace of a sincere conversion to Thee, and a truly penitential spirit, and discharge them from all their bonds. Preserve all Christendom, and in particular this nation, from all the evils that threaten impenitent sinners such as plagues, famines, earthquakes, fires, inundations, sudden and unprovided death, and Thy many other judgments here, and eternal damnation hereafter. Comfort all that are under any affliction, sickness, or violence of pain. Support all that are under any temptation. Reconcile all that are at variance; deliver all that are in slavery or captivity; defend all that are in danger; grant a relief to all in their respective necessities; give a happy passage to all that are in their agony. Grant Thy blessing to our friends and benefactors, and to all those for whom we are particularly bound to pray; and have mercy on all our enemies. Give eternal rest to all the faithful departed, and bring us all to everlasting life, through Jesus Christ, Thy Son. Amen.

SUGGESTED PRACTICES FOR THE VISITATION OF THE SEVEN CHURCHES OR SEVEN ALTARS

While no special prayers are prescribed, but it is usual to say five Paters and five Aves in each church or before each altar for the intentions of the Holy Father. The faithful, each to their own devotion, may be moved to dedicate their visits to honoring some or all of the following mysteries, or to beg the following graces, or to pray for the following intentions:

Adoration of the Attributes of God

1. His wisdom; 2. His omnipotence; 3. His goodness; 4. His providence; 5. His mercy; 6. His justice; 7. His patience.

Petitions of the Lord's Prayer

1. That the Name of the Triune God, our Father in Heaven, may be hallowed: that He may be known, loved, and served by all.
2. That the Kingdom of God may come: that He reign in the hearts and souls of all men by His grace, so that they might attain eternal salvation, and that Christ's Kingdom the Church may spread throughout the earth until all men embrace the True Religion.
3. That the Will of God may be done: that the creatures of God may never offend God, and thereby imitate the angels in saints in Heaven, who do God's Will perfectly, for they never disobey nor wish to disobey Him.
4. That we may receive our daily bread, being all that we need for the good of our body and soul as deemed by Providence of God, but most especially that Supersubstantial Bread of the Angels.
5. That our trespasses against God, being our sins, may be pardoned, and that we may forgive all them who have injured or offended us.
6. That we may overcome temptation, and receive God's help in resisting the devil, the world, and the flesh, and to do the opposite of what we are tempted to do.
7. That God may deliver us from every evil of body and mind, but most especially sin, which is the greatest of all evils.

Imitation of the Virtues of Christ

1. His humility; 2. His meekness; 3. His patience; 4. His obedience; 5. His goodness; 6. His charity; 7. His bounty.

Adoration of Christ as our

1. Lord; 2. King; 3. Creator; 4. Brother; 5. Teacher; 6. Friend; 7. Spouse.

Honoring the Seven Sorrowful Journeys of the Lord in His Passion

1. In the company of His Apostles from the Cenacle to the Garden of Olives, where our Divine Lord and Savior Jesus Christ prayed three times to God His Father, was bathed in Blood at the sight of our sins, was consoled by an angel, was betrayed by Judas, and arrested by the Jews.
2. From the Garden of Olives to the house of Annas, father-in-law to Caiphas, where He was questioned on His doctrine and disciples, and received a blow from one of the servants of the high priest.
3. From the house of Annas to that of Caiphas, where He was denied three times by St. Peter, and insulted and outraged all night.
4. From Caiphas' to Pilate's, where he was falsely accused by the Jews
5. From Pilate's to Herod's, where He was derided, clothed in a white garment, and mocked as a fool.
6. From Herod's back to Pilate's, for the second time, where He was scourged at a pillar, crowned with thorns, Barabbas preferred to Him, and condemned to the ignominious death of the Cross.
7. From Pilate's to the Via Dolorosa unto Mount Calvary, whither He carried His Cross, and was crucified for the redemption of all mankind.

Honoring the Seven Effusions of the Precious Blood

1. The Circumcision (Lc. 2, 21);
2. The Agony in the Garden of Gethsemane (Lc. 22, 43-44);
3. The Flagellation (Mt. 27, 26);
4. The Crowning of Thorns (Jn. 19, 2);
5. The Stripping of His Garments (Mt. 27, 28);
6. The Crucifixion (Mk. 15, 25);
7. The Opening of the Sacred Heart (Jn. 19, 34).

Honoring the Seven Last Words of the Lord

1. "Jesus said: *'Father, forgive them, for they know not what they do.'"* (Lc. 23, 34)
2. "Jesus said to him: *'Amen, I say to thee: this day thou shalt be with Me in Paradise.'"* (Lc. 23, 43)
3. "When Jesus had seen His Mother and the disciple standing whom He loved, He saith to His Mother: *'Woman, behold thy son.'* After that He saith to the disciple *'Behold thy Mother.'* And from that hour the disciple took her to his own." (Jn. 19, 26-27)

4. "From the sixth hour there was darkness over the whole earth until the ninth hour. And about the ninth hour Jesus cried with a loud voice, saying: '*Eli, Eli, lamma sabacthani?*' That is '*My God, My God, why hast Thou forsaken Me?*'" (Mt. 27, 45-46)
5. "Jesus, knowing that all things were now accomplished, that the Scripture might be fulfilled, said: '*I thirst.*'" (Jn. 19, 28)
6. "When Jesus had taken the vinegar, He said: '*It is consummated.*'" (Jn. 19, 3)
7. "Jesus, crying with a loud voice, said: '*Father, into Thy hands I commend my Spirit.*'" (Lc. 23, 46)

Petitions to obtain the Seven Gifts of the Holy Ghost

1. Wisdom; 2. Understanding; 3. Counsel; 4. Fortitude;
5. Knowledge; 6. Piety; 7. Fear of the Lord.

Honoring the Seven Sorrows of Our Lady

1. *The Prophecy of Holy Simeon*: "And Simeon blessed them, and said to Mary His Mother: 'Behold this Child is set for the fall, and for the resurrection of many in Israel, and for a sign which shall be contradicted; And thine own soul a sword shall pierce, that, out of many hearts, thoughts may be revealed.'" (Lc. 2, 34-35)
2. *The Flight into Egypt*: "Behold an angel of the Lord appeared in sleep to Joseph, saying: 'Arise, and take the Child and His Mother, and fly into Egypt: and be there until I shall tell thee. For it will come to pass that Herod will seek the Child to destroy Him.' Who arose, and took the Child and His Mother by night, and retired into Egypt: and he was there until the death of Herod." (Mt. 2, 13-14)
3. *The Loss of the Child Jesus for three days*: "And thinking that He was in the company, they came a day's journey, and sought Him among their kinsfolks and acquaintance. And not finding Him, they returned into Jerusalem, seeking Him. And it came to pass, that, after three days, they found Him in the Temple, sitting in the midst of the doctors, hearing them, and asking them questions. And seeing Him, they wondered. And His Mother said to Him: 'Son, why hast Thou done so to us? Behold Thy father and I have sought Thee sorrowing.'" (Lc. 2, 44-45, 46, 48)
4. *The Meeting of Jesus Carrying the Cross*: "And as they led Him away, they laid hold of one Simon of Cyrene, coming from the country; and they laid the Cross on Him to carry after Jesus. And there followed Him a great multitude of people, and of women, who bewailed and lamented Him." (Lk. 23: 26-27); "From the sole of the foot unto the top of the head, there is no soundness in Him: wounds

and bruises and swelling sores: they are not bound up, nor dressed, nor fomented with oil." (Is. 1, 6).

5. *The Witnessing of the Sufferings and Death of her Divine Son*: "Now there stood by the Cross of Jesus, His Mother, and His Mother's sister, Mary of Cleophas, and Mary Magdalen. When Jesus therefore had seen His Mother and the disciple standing whom He loved, He saith to His Mother: 'Woman, behold thy son.' After that, He saith to the disciple: 'Behold thy mother.' And from that hour, the disciple took her to his own." (Jn. 19, 25-27); "And there were there many women afar off, who had followed Jesus from Galilee, ministering unto Him." (Mt. 27, 55)
6. *The Deposition of her Dead Son from the Cross*: "And when it was evening, there came a certain rich man of Arimathea, named Joseph, who also himself was a disciple of Jesus. He went to Pilate, and asked the Body of Jesus. Then Pilate commanded that the Body should be delivered. And Joseph taking the Body, wrapped it up in a clean linen cloth." (Mt. 27, 57-59)
7. *The Burial of Her Son in the Sepulcher*: "They took therefore the Body of Jesus, and bound it in linen cloths, with the spices, as the manner of the Jews is to bury. Now there was in the place where He was crucified, a garden; and in the garden a new sepulchre, wherein no man yet had been laid. There, therefore, because of the parasceve of the Jews, they laid Jesus, because the sepulchre was nigh at hand." (Jn. 19, 40-42)

Petitions to overcome the Seven Deadly Sins by asking for their opposing Virtues

1. Humility as opposed to Pride;
2. Liberality as opposed to Covetousness;
3. Chastity as opposed to Lust;
4. Meekness as opposed to Anger;
5. Temperance as opposed to Gluttony;
6. Brotherly Love as opposed to Envy;
7. Diligence as opposed to Sloth.

Petitions to obtain the Seven Great Virtues, being the Three Theological Virtues joined to the Four Moral Virtues

1. Faith; 2. Hope; 3. Charity;
4. Prudence; 5. Justice; 6. Fortitude; 7. Temperance.

For the Salutary Use of the Seven Sacraments in all their Recipients

1. For catechumens, neophytes, and all the baptized;
2. For the confirmed; 3. For communicants; 4. For penitents;
5. For the dying; 6. For the ordained; 7. For the married.

For the Church

1. For Our Holy Father the Pope; 2. For the cardinals;
3. For bishops; 4. For our diocese;
5. For the clergy and seminarians;
6. For missionaries; 7. For religious.

For the interests of the Church

1. For good pastors and superiors, and for an increase in holy priests;
2. For the suffering members of the Body of Christ, that is to say, the persecuted, the sick in danger of death, and the Poor Souls in Purgatory;
3. For unbelievers, for infidels, and for the hardened of heart;
4. For bad catholics, for wicked clergy, for those who cause scandal, for those who are catholic only in name, for parents who do not raise their children in the Catholic Faith, for those who are lukewarm;
5. For the conversion of sinners, that is to say, for apostates, heretics, schismastics, and those in mortal sin;
6. For the foreign missions and for the propagation of the Faith in infidel countries;
7. For those souls for whom we have a personal obligation, and for those who have entrusted themselves to our prayers, such as our relations, our benefactors, our superiors, etc.

For the Poor Souls in Purgatory

1. For the most desolate soul;
2. For the soul nearest to its release;
3. For the souls suffering through our sins;
4. For souls of our parents, friends, and benefactors;
5. For the soul that has to remain longest in Purgatory;
6. For the most devoted to Our Lord;
7. For the soul most devoted to Our Lady.

METHOD THE FIRST

BY WAY OF HONORING THE TITULAR PATRONS OF THE CHURCHES, IN THE SPIRIT OF ROMAN PILGRIMS

If one is unable to visit these holy sites in person, it is well to kneel before the altars and transport oneself at least spiritually to those venerable temples and beseech their heavenly namesakes for aid.

STATION I.
ST. PETER'S IN THE VATICAN

The visit to this basilica is usually performed the day before that to the others. On the way, meditate on our Savior's journey, in company with his Apostles, from the Cenaculum to the Garden of Olives, and on the first effusion of His Blood, when presented to be Circumcised, Who as yet an Infant, shed His Blood for us; and we Christians think only of joys and satisfactions. If we are to rejoice with Jesus in Heaven, we must suffer, after His example, on earth. Let us strive after the mortification of our appetites, pray for deliverance from the vice of gluttony; and beg the holy fear of God.

Reflect on the reverence should have for this holy shrine, which the Goths and Vandals themselves were accustomed to respect; reve rence we owe it, from its origin, from the inestimable number and value of the relics it contains, and from the rich indulgences attached to it.

The body of St. Peter was buried at the foot of Vatican Hill, near the spot where he was crucified in the Circus of Nero which corresponds more or less to that site of the present sacristy. This circus was the scene of the martyrdom of the first Christians in Rome, described by Tacitus (Annals, xv. 45). Those first converts who shed their blood for the Christian Faith were martyred in this circus at the bidding of Nero, who was present in person. Some of the Christians were covered with the skins of wild animals so that ferocious dogs might tear them to pieces in the presence of the Pagan populace. Whilst some were crucified, others were smeared with grease and tar and tied to poles and raised on high; then set fire to, in order to give light to the orgies of Nero, who was present, dressed as a common driver and ran his races around the goals. Two years later A.D. 67, St. Peter was martyred in the same place. He was crucified with his head downwards and from immemorial tradition it appears that he suffered martyrdom between two 'metae' or goals - inter duas metas, that is to say,

at the foot of the obelisk which now stands in the Piazza of St. Peter's, to which position it was moved by Sixtus V from its place in the middle of Nero's Circus inter duas metas. The body of St. Peter was buried quite near where he was crucified, on the right side of the Via Cornelia, which ran parallel with the northern and outer wall of the circus. On the opposite and right side was a long line of tombs; hence the Christians had only to go a few yards to find a suitable burial place for their great treasure, the body of the Prince of the Apostles. Over the body, very shortly after its deposition, St. Anacletus erected a shrine.

This shrine remained till the time of Constantine, who, on the same spot, raised a basilica of unrivalled splendor. It consisted of five naves, like that of St. Paul's outside the Walls. It became at once the center of Christian devotion. From the fourth century, as we learn from St. Jerome, the feast of St. Peter was celebrated with the same rejoicing as Christmas itself. For eleven centuries this Basilica remained. It was suffering, however, from the hand of time. Nicholas V conceived the idea of reconstructing the edifice in its entirety, and Julius II put his hand to the work. Succeeding pontiffs carried on the labor, and at length was completed that temple, which is the vastest erected to the Living God. This wonderful basilica must be of everlasting satisfaction.

And yet it is not without some shadow of regret that we reflect on the loss of the one it has replaced. The Constantinian edifice was a world's storehouse of Christian souvenirs and traditions. The body of the Prince of the Apostles was never moved from its first resting place since the building of the first Basilica; so great has been the scruple in this respect, that the present Confession, or Papal Altar, in order to be exactly over the tomb, is not perfectly in the centre of the Church. The treasures of the church are exceedingly interesting and valuable. In the apse, elevated over the altar called "of the Cathedra," is St. Peter's episcopal chair, encased in a masterpiece of bronze work, upheld by four fathers of the Church. In a chapel within one of the pillars supporting the dome is a large part of the True Cross, the spear that opened our Savior's Side, and the veil with which the holy woman wiped His Face. The bodies of many of the Popes, from St. Linus, were preserved in different parts of the basilica.

Innumerable is the number of persons who have visited it, coming from the most distant parts of the earth; it is said over fifty Saints, not counting St. Peter Damian, St. Bridget, St. Catherine of Siena, St. Bernard, St. Francis of Assisi, St. Dominic, St. Thomas Aquinas, St. Ignatius, St. Joseph Calasantius, St. Philip Neri, St. Aloysius, St. Stanislaus Kostka and so many others, have visited it during the last two or three centuries.

Prayer to Jesus

O my Lord Jesus Christ, I adore and thank Thee for all the painful journey Thou didst make for my sake, after having supped the last time with Thy disciples, and singing a hymn, didst enter into the Garden to pray to Thy heavenly Father, and there agonize, and for the shedding of Thy Blood whilst yet an Infant. I implore of Thee to grant me the mortification of my appetites and the gift of Thy holy fear. Amen.

Prayer to the Princes of the Apostles

Ant. Gloriósi príncipes terræ, quómodo in vita sua dilexérunt se, ita et in morte non sunt separáti.

℣. In omnem terram exívit sonus eórum.
℟. Et in fines orbis terræ verba eórum,

Orémus: Prótege, Dómine, pópulum tuum, et Apostolórum tuórum Petri et Pauli patrocínio confidéntem perpétua defensióne consérva. Per Christum Dóminum nostrum. Amen.

Ant. These glorious princes of the earth, as in their life time they loved each other, so in death they are not separated.

℣. Throughout the whole earth spread their sounds.
℟. nd to the ends of the world their words.

Let us pray: Protect , O Lord, Thy people, and under Thy constant guard preserve it, relying on the patronage of Thine Apostles, Peter and Paul. Through Christ our Lord. Amen.

Prayer to St. Peter

Pray the Chief of the Apostles to obtain from his loving Master true sorrow for your sins.

Ant. Tu es pastor óvium, Princeps Apostolórum, tibi tráditæ sunt claves regni cælórum.

℣. Tu es Petrus.

Ant. Thou art the Shepherd of the sheep, and the Prince of the Apostles, and unto thee are given the keys of the kingdom of heaven.

℣. Thou art Peter.

℟. Et super hanc petram ædificábo Ecclésiam meam.

Orémus: Deus, qui beáto Petro Apóstolo tuo, collátis clávibus regni cæléstis, ligándi atque solvéndi pontifícium tradidísti: concéde; ut, intercessiónis ejus auxílio, a peccatórum nostrórum néxibus liberémur. Per Dóminum nostrum Jesum Christum, Fílium tuum: qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. Amen.

℟. And upon this rock I will build My Church.

Let us pray: O God, Who hast given unto thy Blessed Apostle Peter the keys of the kingdom of heaven, and the power to bind and to loose, loose us, we beseech Thee, at his mighty intercession, from all the bands of our sins. Through Jesus Christ, Thy Son our Lord, Who liveth and reigneth with Thee, in the unity of the Holy Ghost, God, world without end. Amen.

Pater, Ave, Gloria Patri.

STATION II.
ST. PAUL'S OUTSIDE THE WALLS

On the way, reflect on the journey made by Jesus, when, arrested and bound with cords, He was led from the Garden of Olives; also on the second effusion of His Blood, in the sweat of blood in the Garden; and ask freedom from the vice of anger, and the gift of piety.

Over the tomb of the Apostle Paul, as over that of St. Peter, was erected a Shrine, from the very time of his martyrdom. Constantine, here likewise constructed basilica. Valentinian II undertook to enlarge it, and for that purpose to reconstruct it anew, and the work was carried out, after his death in 392, by his successors Theodosius, Arcadius and Honorius. Restorations were made at various epochs, but no special mention need be made of them, since the whole edifice was reduced to ashes on July 16th, 1823. Little was preserved, save part of the ancient mosaics and the central altar. Leo XII undertook the reconstruction, and Pius IX dedicated the marvellous temple we now behold.

This basilica, together with that of St Peter's, was from the earliest times a centre of devotion (a covered way or arcade) once joined the two basilicas together. Thus pilgrims could visit the two principal churches of Rome, protected from the sun and rain. Nothing now remains, exceping, a few traces in the Via dei Pelegrini which street still retains the name, though it has lost its former charm and utility.

The number of relics this basilica contains, and of indulgences it is endowed with is very great. Under the altar are parts of the bodies of the Apostles Peter and Paul, the heads being in St John Lateran and the rest of the bodies in St Peter's. In the chapel of the Blessed Sacrament is the miraculous crucifix said to have conversed with St. Bridget, and immediately beneath it the picture of Our Lady before which St. Ignatius and his companions, made the first solemn religious profession of his order. Let us resolve to visit this august sanctuary with all the devotion possible, and to fervently pray the great Apostle of the Gentiles that he may obtain for us a spark of that zeal and charity with which he burned for the salvation of souls. Let us pray too, that we may be delivered from those earthly attachments that lead us to offend our loving Redeemer.

Prayer to Jesus

O my Lord Jesus, I adore Thee; and I thank Thee for all the painful journeys Thou didst make for my sake, and especially for that ignominious one Thou madest, bound with cords, from the Garden to the house of Annas. I thank Thee likewise for shedding Thy Blood for me in the Garden of Olives. I implore of Thee to grant me the virtue of patience, and the spirit of piety.

Prayer to the Saints whose Relics repose in this Basilica

Ant. Sancti Dei omnes, intercedéte pro nostra omniúmque salúte.

℣. Lætámini in Dómino et exultáte justi.
℟. Et gloriámini omnes recti corde.

Orémus: Concéde quæsumus omnípotens Deus, ut intercéssio nos sanctæ Dei Genitrícis Maríæ, sanctorúmque ómnium, quorum córpora et relíquiæ in hac sacrosáncta basílica requiéscunt, ubíque lætíficet, ut dum eórum mérita recolímus patroncínia

Ant. Ye saints of God, intercede for the salvation of us and all.

℣. Rejoice in the Lord, and exult, O ye just.
℟. And be glad, all ye right of heart.

Let us pray: Grant, we beseech Thee, almighty God, that the intercession of Mary the Mother of God, and of all the saints whose bodies and relics repose in this most holy basilica, may be everywhere a source of gladness, so that whilst we reflect on their

sentiámus. Per Christum Dóminum nostrum. Amen.

merits, we may experience their patronage. Through Christ our Lord. Amen.

Prayer to St. Paul

Pray the Apostle of the Gentiles to gain for you a sincere conversion and entire freedom of spirit from the thralldom of evil desires.

Ant. Sancte Paule Apostóle, prædicátor veritátis et doctor Géntium, intercéde pro nobis ad Deum, qui te elégit.

℣. Tu es vas electiónis, sancte Paule Apostóle.
℟. Prædicátor veritátis in univérso mundo.

Orémus: Deus, qui multitúdinem géntium beáti Pauli Apóstoli prædicatióne docuísti: da nobis, quæsumus; ut, cujus commemoratiónem cólimus, ejus apud te patrocínia sentiámus. Per Dóminum nostrum Jesum Christum, Fílium tuum: qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. Amen.

Ant. O Holy Apostle Paul, Preacher of the truth, and Teacher of the Gentiles, pray for us to God Who hath chosen thee.

℣. O Holy Apostle Paul, thou art a chosen vessel unto God.
℟. To preach the Gospel throughout the whole world.

Let us pray: O God, Who, through the preaching of the Blessed Apostle Paul, hast caused the light of the Gospel to shine throughout the world, grant, we beseech Thee, that we, who do keep his memorial, may continually be helped by his intercession with Thee. Through Jesus Christ, Thy Son our Lord, Who liveth and reigneth with Thee, in the unity of the Holy Ghost, God, world without end. Amen.

Pater, Ave, Gloria Patri.

STATION III.
ST. SEBASTIAN OUTSIDE THE WALLS

On the way, reflect on our Savior's journey from the house of Annas to that of Caiphas; also on the third effusion of His Blood, in the scourging at the pillar; and ask the virtue of purity and the gift of knowledge.

This basilica is believed to have been first erected by Constantine over the Catacombs and dedicated by Pope Sylvester. It was reconstructed by St. Damasus, in 367, and some half a century later received a new consecration from Innocent I. It was rebuilt in 1611. The interior has a single nave. In the first chapel to the right are many precious relics; here St. Gregory preached his 37th Homily. The chapel opposite is dedicated to the titular saint. There is still preserved part of his body, the column at which he was scourged, and arrow, with which he was transfixed. This church has been endowed by the supreme Pontiffs with many extraordinary indulgences, and the esteem in which it has been held by the faithful has always been very great, especially for the reason that for many years the bodies of St. Peter and St. Paul were concealed for safety in the Platonia, during the persecution under Valerian in 258. Hither, on Good Friday, as far back as the days of Paschal II, the people were accustomed to come barefooted, reciting prayers and singing hymns. In the basilica is an altar dedicated to St. Charles Borromeo, and another in the neighborhood to St. Philip Neri. These saints were, as we have said , in the habit of spending whole nights in prayer in the Catacombs of St. Sebastian and of St. Callixtus, respectively; and St. Charles is here represented , in the painting that adorns his altar, in the act of gathering and venerating the bones and relics of the holy martyrs.

Entering the sacred edifice we should try to be in spired with the sentiments of these two saints. How tepid and indevout we are when compared with them! Let us approach with humility and contrition the God of Hosts and ask his mercy and compassion.

Prayer to Jesus

O my Lord Jesus, I adore Thee; and I thank Thee for all the painful journeys Thou didst make for my sake, and especially for that ignominious one Thou madest, bound with cords, from the house of Annas to that of Caiphas. I thank Thee likewise for shedding Thy Blood for me when bound to the pillar, and Thy Sacred Body rent with scourges. I implore of Thee to grant me the virtue of purity, and the gift of knowledge.

Prayer to St. Sebastian

Beseech the holy martyr to obtain for you true sorrow for your sins, to be spared of the arrows of God's wrath, and health of body and soul.

Ant. Nunc cœli in arce cónsidens, Bellátor, O fortíssime, luem fugándo, cívium tuére clemens córpora.

℣. Ora pro nobis, sancte Sebastiáne.
℟. Ut mereámur pestem epidémiæ illæsi pertransíre, et promissiónem Christi obtinére.

Orémus: Exáudi nos, Deus salutáris noster: et intercedénte beáta et gloriósa Dei genitríce María semper vírgine, et beáto Sebastiáno mártyre tuo, et ómnibus Sanctis, pópulum tuum ab iracúndiæ tuæ terróribus líbera, et misericórdiæ tuæ fac largitáte secúrum.

Propitiáre, Domine, supplicatiónibus nostris: et animárum et córporum medére languóribus: ut remissióne percépta, in tua semper benedictióne lætémur.

Da nobis, quæsumus, Dómine, piæ petitiónis efféctum: et pestiléntiam mortalitatémque propitiátus avérte; ut mortálium

Ant. Now, most brave of warriors, that thou art throned in the high heavens, drive pestilence away, and mercifully protect the bodily health of thy fellow citizens on earth.

℣. Pray for us, O holy Sebastian.

℟. That we may merit to pass unharmed by the epidemic of plague, and obtain the promises of Christ.

Let us pray: Vouchsafe to hear us, O God, our only salvation! And through the intercession of the glorious and blessed Mary, Mother of God and ever Virgin, of Thy blessed martyr, Sebastian and of all the saints, deliver Thy people from the terrors of Thy wrath, and restore their confidence by the outpouring of Thy compassion.

Be moved to pity, O Lord, at our earnest entreaties, and heal the illnesses of body and soul; so that experiencing Thy forgiveness we may ever rejoice in Thy blessing.

We beseech Thee, O Lord, grant us a hearing as we devoutly raise our petitions to Thee, and graciously turn away the epi-

corda cognóscant, et te indignánte tália flagélla prodíre, et te miseránte cessáre. Per Dóminum nostrum Jesum Christum, Fílium tuum: qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. Amen.

demic of plague which afflicts us; so that mortal hearts may recognize that these scourges proceed from Thine indignation and cease only when Thou art moved to mercy. Through Jesus Christ, Thy Son our Lord, Who liveth and reigneth with Thee, in the unity of the Holy Ghost, God, world without end. Amen.

Pater, Ave, Gloria Patri.

STATION IV.
THE MOST HOLY SAVIOR AND STS. JOHN THE BAPTIST AND JOHN THE EVANGELIST

On the way, contemplate the painful journey of Jesus from the house of Caiphas to that of Pilate, and the fourth effusion for us of His Precious Blood, in the crowning with thorns. Ask deliverance from the vice of avarice and beg the gift of counsel.

The "Mother Church of the Universe" - Ecclesiarum Urbis et Orbis Mater et Caput - was first erected by Constantine in the Imperial palace (formerly the property of the Laterani family, whence the name) and dedicated by Pope Sylvester I. This basilica is also called "Constantinian," after its founder; "of our Savior," to Whom it was originally dedicated; "of St. John" including both the Baptist, and the Evangelist to whom it was likewise dedicated some time after the fourth century. It has been thrice rebuilt in its entirety by Sergius III (904–911,) by Clement V and again by Urban V in the fourteenth century. Magnificent restorations have recently been completed, at the expense of some five millions of francs, by Leo XIII. This church contains some most sacred relics; amongst them the Table that served at the Last Supper, and on which our Saviur instituted the Holy Eucharist; the heads of the holy Apostles Peter and Paul, placed here by Urban V; the movable wooden chest on which St. Peter and his successors in the Apostolic See used to celebrate the Holy Mass, during the time of persecution. In this, basilica were celebrated several ecumenical Councils amongst others, that under, Innocent III, in which Emperor Otto was deposed, and the Fourth Crusade decided on.

There are preserved, in the apartments annexed to the building, some of the Crib of the Infant Jesus, some linen with which our Lord wiped His hands after the Last Supper, the linen cloth with which our Savior wiped the Apostles' feet, a piece of the Column of Flagellation, the purple garment stained with Blood which He wore in Pilate's house, the sponge with which He was given vinegar and gall to drink, a linen cloth that served to cover His sacred Face in the tomb and which has some traces of His Blood, a piece of the wood of the Title of the Cross; relics of the Blessed Virgin Mary, including some of her hair and garment, of St. John the Baptist, including the lower part of his head, and the head of his father Zachary; of St. John the Evangelist, including the cup in which poison was presented to him, his miraculous tunic, some of the chain that bound him when he was brought from Ephesus to Rome; of St. Andrew, St. Laurence and of St. Pancras.

The number of indulgences here obtainable, is so great that, in the words of Innocent X, it is known to God alone.

Prayer to Jesus

O my Lord Jesus, I adore Thee; and I thank Thee for all the painful journeys Thou didst make for my sake, and especially for that ignominious one Thou madest, from the house of Caiphas to that of Pilate. I thank Thee likewise for shedding Thy Blood for me when Thou didst allow Thy most Sacred Head, the seat of the Divine Wisdom to be pierced on all sides by sharp thorns, and in so doing, didst teach me to prefer Thy Crown of Thorns over the crowns of gold of this world. I implore of Thee to grant me the virtue of liberality as opposed to avarice, and the gift of counsel as opposed to precipitation.

Prayer to the Most Holy Savior, and to Sts. John the Baptist and John the Evangelist

Here in the mother and head church of all the churches in the Christian world, beseech the Blessed Savior through the intercession of the holy Baptist to grant you the true spirit of penance, and through the intercession of the holy Evangelist to grant you purity of heart.

Ant. Salvátor mundi, salva nos omnes, et præcursóris ínclyti discipulíque devóte memória vota nostra perdúcat in pátriam.

Ant. O Savior of the world, save us all, and may the pious memory of Thine illustrious precursor and beloved disciple lead us according

to our desire to our heavenly country.

℣. Salvos fac servos tuos,
℟. Deus meus, sperántes in te.

℣. Save Thy servants,
℟. My God, who hope in Thee.

Orémus: Omnípotens sempitérne Deus, qui hanc sacratíssimam Constantiniánam basílicam in tuo, et utriúsque Joánnis nómine dedicátam, cunctárum Urbis et Orbis Ecclesiárum decorásti primáte: concéde nobis fámulis tuis, ut ambórum méritis et précibus a nostris reátibus expiáte, ad te Salvatórem nostrum pervenire valeámus. Qui vívis et regnas, cum Deo Patre in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. Amen.

Let us pray: Almighty and eternal God, Who hast adorned with the primacy of all the churches in the City and in the world this most sacred Constantinian basilica, dedicated in the first place to Thee and then to the two saints John: grant us Thy servants, that being freed from our guilt by the merits and prayers of these two saints, we may be able to come to Thee, our Savior, Who livest and reignest, with God the Father, in the unity of the Holy Ghost, God, world without end. Amen.

Prayer to St. John the Precursor

Ant. Puer qui natus est nobis, plus quam prophéta est: hic est enim, de quo Salvátor ait: Inter natos mulíerum non surréxit major Joánne Baptísta.

Ant. The child, that unto us is born, is much more than a Prophet, for this is he of whom the Savior saith: Among them that are born of women there hath not risen a greater than John the Baptist.

℣. Fuit homo missus a Deo.
℟. Cui nomen erat Joánnes.

℣. There was a man sent from God.
℟. Whose name was John.

Orémus: Præsta, quæsumus, omnípotens Deus: ut família tua per viam salútis incédat; et beáti Joánnis Præcursóris hortaménta

Let us pray: Grant, we beseech Thee, O Lord, unto this Thy family the grace to walk alway in the path of salvation, that they,

sectándo, ad eum quem prædíxit, secúra pervéniat, Dóminum nostrum Jesum Christum, Fílium tuum: Qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. Amen.

obediently following the exhortation of the blessed Fore-runner John, may at the last attain safely unto Him Whom John heralded, even Jesus Christ, Thy Son our Lord: Who with Thee liveth and reigneth, in the unity of the Holy Ghost, God, world without end. Amen.

Prayer to St. John the Beloved

Ant. Iste est Joánnes, qui supra pectus Dómini in cena recúbuit: beátus Apóstolus, cui reveláta sunt secréta cæléstia.

℣. Hic est discípulus ille, qui testimónium pérhibet de his.

℟. Et scimus quia verum est testimónium ejus.

Orémus: Ecclésiam tuam, Dómine, benígnus illústra: ut beáti Joánnis Apóstoli tui et Evangelístæ, illumináta doctrínis, ad dona pervéniat sempitérna. Per Dóminum nostrum Jesum Christum, Fílium tuum: qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. Amen.

Ant. This is John, who leaned at supper on the bosom of the Lord. Blessed Apostle, to whom heavenly secrets were revealed.

℣. This is that disciple who giveth testimony of these things.

℟. And we know that his testimony is true.

Let us pray: Graciously shed light upon Thy Church, O Lord, that, enlightened by the teachings of Blessed John, Thine Apostle and Evangelist, she may attain to everlasting gifts. Through Jesus Christ, Thy Son our Lord, Who liveth and reigneth with Thee, in the unity of the Holy Ghost, God, world without end. Amen.

Prayer in honor of the Saints whose relics are housed here

Orámus te, Dómine, per mérita Sanctórum tuórum, quorum relíquiæ hic sunt, et ómnium

We beseech Thee, O Lord, by the merits of Thy Saints, whose relics are here, and of all the Saints,

Sanctórum: ut indulgére dignéris ómnia peccáta mea. Amen.	that Thou wouldst vouchsafe to forgive me all my sins. Amen.

Pater, Ave, Gloria Patri.

STATION V.
THE HOLY CROSS IN JERUSALEM

On the way, consider our Savior's painful journey from Pilate to Herod, and the fifth effusion of His Blood, in the nailing of His hands to the Cross. Also ask freedom from the vice of sloth and beg the gift of fortitude.

Constructed by St. Helena, mother of Constantine, to hold the relics of the True Cross, which she brought from Jerusalem and was consecrated by St. Silvester on the 20th March; hence on this day only during the year women are allowed to enter the Chapel or Oratory of St. Helena.

It was rebuilt by Benedict XIV after plans by Gregorini. There have been two Councils held here, one under Sixtus III and the other under Pope Symmachus. Hither, from a very ancient date, the Pope used to go on Laetare Sunday, and, according to the ceremonial, hold in his hand the golden rose, that was the symbol of the joys of Heaven, the mystical Jerusalem.

The church is divided by pillars and columns of Egyptian granite. The altar is of basalt with columns of rich marble. Under the high altar are the bodies of the Martyrs Sts. Anastasius and Cesarius. In a chapel apart are preserved very remarkable relics; part of the true Cross and the Title that was put over it in three languages, two of the Thorns from our Savior's Crown, a nail that pierced His Sacred Hand, and the finger with which St. Thomas probed His Side. In the underground chapel of St. Helena are paintings by Pomarancio, and mosaics by Peruzzi and there too is said to be deposed a quantity of earth brought from Mount Calvary. The fresco over the apse of the basilica is by Pinturicchio. The church contains a Reliquary, said to have belonged to St. Gregory the Great, containing 213 Relics, the principal of which are: a bone of St. Gelasius, Pope; relics of St. James the Apostle, and of Sts. Elisabeth, Anastasia, Nereus, John the Baptist, Paul, Laurence; of the cross of St. Peter. There are also many other relics preserved here, notably of St. Thomas of Canterbury, St. Catherine of Siena, Sts. Bridgid, Praxedes, Sixtus, Nicholas, Christopher, Innocent, Blaise, Igapitus and many others.

Many indulgences are gained by visiting this basilica, in particular by visiting the subterranean chapel of St. Helena and venerating the sacred

relics of the Passion of our Lord. To this basilica, also, the faithful used to repair, barefooted, on Good Friday.

Prayer to Jesus

O my Lord Jesus, I adore Thee; and I thank Thee for all the painful journeys Thou didst make for my sake, and especially for that ignominious one Thou madest, from the house of Pilate to that of Herod. I thank Thee likewise for shedding Thy Blood for me in the cruel nailing of Thy Sacred Hands to the Cross, on account of our sins. Let us not, O Divine Savior, crucify Thee anew by our ill deeds. By the merits of Thy Sacred Hands which worked so many good deeds and miracles unto the glory of the Father, free us from the spirit of sloth, and grant us the gift of fortitude, even unto martyrdom.

Hymn to the Holy Cross

Venantius Fortunatus

Vexílla Regis pródeunt; Fulget Crucis mystérium, Qua Vita mortem pértulit, Et morte vitam prótulit.	Abroad the regal banners fly, Now shines the Cross' mystery; Upon it Life did death endure, And yet by death did life procure.
Quæ, vulneráta lánceæ Mucróne diro, críminum Ut nos laváret sórdibus, Manávit unda et sánguine.	Who, wounded with a direful spear, Did, purposely to wash us clear From stain of sin, pour out a flood Of precious water mixed with Blood.
Impléta sunt quæ cóncinit David fidéli cármine, Dicéndo natiónibus: Regnávit a ligno Deus.	That which the prophet-king of old Hath in mysterious verse foretold, Is now accomplished, whilst we see God ruling nations from a tree.
Arbor decóra et fúlgida, Ornáta Régis púrpura, Elécta digno stípite Tam sancta membra tángere.	O lovely and refulgent tree, Adorned with purpled majesty; Culled from a worthy stock, to bear

	Those limbs which sanctifièd were.
Beáta, cuius brácchiis Prétium pepéndit sæculi, Statéra facta córporis, Tulítque prædam tártari.	Blest tree, whose happy branches bore The wealth that did the world restore; The beam that did that Body weigh Which raised up hell's expected prey.
Sequens stropha dicitur flexis genibus:	*The following verse is said on bended knee:*
O Crux, ave, spes única, In hac triúmphi glória* Piis adáuge grátiam, Reísque dele crímina.	O Cross, our one reliance, hail! On this triumphant day* avail To give fresh merit to the saint, And pardon to the penitent.
Te, fons salútis, Trínitas, Colláudet omnis spíritus: Quibus Crucis victóriam Largíris, adde præmium. Amen.	Blest Trinity, salvation's spring, May every soul Thy praises sing; To those Thou grantest conquest by The holy Cross, rewards apply. Amen.
(In Passiontide say:* Hoc Passiónis témpore; *In Eastertime say*: Paschále quæ fers gáudium.*)*	(* *In Passiontide say:* This holy Passiontide avail; *In Eastertime say*: That bringest us to Paschal joy.)

Prayer to the Holy Cross

Beseech the Divine Redeemer to bestow on you a plentiful share in His Redemption, which from the depths of His Divine Love, He vouchsafed to consummate on the Altar of the Cross.

Ant. O Crux splendídior cunctis astris, mundo célebris, homínibus multum amábilis, sánctior univérsis, quæ sola fuísti digna portáre taléntum mundi: dulce	*Ant.* O Cross, more resplendent than all the stars, renowned throughout the world, exceedingly beloved of men, more holy than other things, inasmuch as

lignum, dulces clavos, dúlcia ferens póndera: salva præséntem catérvam, in tuis hódie láudibus congregátam.

thou wast made worthy to bear the price of the world. Precious wood, precious nails, that bore such a precious Burden. Save the present gathering, assembled today to chant thy praises.

℣. Hoc signum Crucis erit in cælo.
℟. Cum Dominus ad judicandum venerit.

℣. This sign of the Cross will be in the heavens.
℟. When the Lord shall come to judge.

Orémus: Perpétua nobis, quæsumus Dómine, pace custódi, quos per lignum Sanctæ Crucis redímere dignátus es. Qui vívis et regnas, cum Deo Patre in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. Amen.

Let us pray: Guard, O Lord, we beseech Thee, in perpetual peace, us whom Thou didst deign to reedem by the Wood of the holy Cross, Who livest and reignest, with God the Father, in the unity of the Holy Ghost, God, world without end. Amen.

Pater, Ave, Gloria Patri.

STATION VI.

ST. LAWRENCE OUTSIDE THE WALLS

On the way, consider the contemptuous rejection of Jesus by Herod, and the journey back to Pilate again, also the sixth effusion of His Blood for us, in the fastening of His Feet. Let us pray for freedom from the vice of envy and ask the gift of understanding.

This church over the tomb of St. Laurence was structed by Constantine the great. This basilica was amplified in the sixth century, by Pope Pelagius. In the early part of the seventh century, a second and greater basilica, was erected in the same ground that is over the cemetery of St. Ciriaca. These two edifices were afterwards united and gave the building the somewhat irregular form that we have to day; the trance to the older and smaller one having been exactly opposite to the present entrance, and precisely where the tomb of Pius IX now lies. It was restored in the thirteenth century by Honorius III and reduced to its actual state by the Canons Regular of St. John Lateran who have had under their care from

the time of Sixtus IV; it is now served temporarily by the Capuchin Fathers. Pius IX erected the red granite column in front of the church. His exceedingly beautiful tomb is an object of striking interest. The High Altar, above the confession is a papal one, and only the Pope can celebrate mass there.

Near the basilica is the public cemetery, consecrated in 1834. It has a Church, an ornamented portico, and many note worthy monuments. The Church contains the following relics, viz the Body of St. Stephen, protomartyr, St. Laurence, St. Cyriaca, St. Justin and St. Hippolite, the marble slab upon which St. Laurence was martyred, the stones used at the stoning of St. Stephen; the body of St. Severus, St. Claudius, subdeacon; St. Roman, ostiarius; Crescentis, lector: also the bodies of St. Zosimus, Sextus III, Welarius, Concordia, Cirineus, Abondius, Cyrilla and Trefonia, Martyrs.

Besides the relics of the two great saints, Laurence and Stephen, there are relics of our Savior's Passion, of the Blessed Virgin, of St. Justin, of St. Barbara and of others. The indulgences that may be gained, here especially in the subterranean chapel of the Suffering Souls, are very great.

Prayer to Jesus

O my Lord Jesus, I adore Thee; and I thank Thee for all the painful journeys Thou didst make for my sake, and especially for that ignominious one Thou madest, when, after being called a fool by Herod, wast made to pass once more to Pilate's. I thank Thee likewise for shedding Thy Blood for me when Thy Feet were most cruelly nailed to the Cross. By virtue of Thy Divine Feet, which transported Thee such long distances to proclaim Thy Father's kingdom, and to perform so many good works, I implore Thee to help my resolve to love my neighbor. Grant me, O Lord, the virtue of charity as opposed to envy. Do Thou, O Eternal Wisdom, Who didst suffer to be called a fool, grant me the gift of understanding especially with regard to celestial things.

Prayer to St. Laurence

Beseech the glorious levite to obtain for you from God the grace to extinguish the fire of evil lust in your heart, and that contempt for all mere worldly things, which enabled him to triumph over the malice of his tormentors.

Ant. Levíta Lauréntius bonum opus operátus est, qui per signum crucis cæcos illumináit, et thesáuros Ecclésiæ dedit paupéribus.

℣. Dispérsit, dedit paupéribus.

℟. Justítia ejus manet in sæculum sæculi.

Orémus: Da nobis, quæsumus, omnípotens Deus: vitiórum nostrorum flammas exstínguere; qui beáto Lauréntio tribuísti tormentórum suórum incéndia superáre. Per Dóminum nostrum Jesum Christum, Fílium tuum: qui tecum vivit et regnat in unitáte Spíritus Sancti Deus, per ómnia sæcula sæculórum. Amen.

Ant. Laurence the Levite performed a pious act by giving sight to the blind through the Sign of the Cross, and by bestowing on the poor the riches of the Church.

℣. He hath dispersed, he hath given to the poor.

℟. His righteousness endureth for ever.

Let us pray: Grant us, we beseech Thee, almighty God, to extinguish the flames of our vices, as Thou didst grant the blessed Lawrence to overcome the fires of his torments. Through Jesus Christ, Thy Son our Lord, Who liveth and reigneth with Thee, in the unity of the Holy Ghost, God, world without end. Amen.

Pater, Ave, Gloria Patri.

STATION VII.
ST. MARY MAJOR

On the way, consider our Savior's grievous journey to Mount Calvary, and the seventh shedding of His Blood for us, in the transpiercing of His Side. Let us ask freedom from the vice of pride, and beg the gift of wisdom.

This magnificent basilica is the oldest solemnly dedicated to the Blessed Virgin. Erected about the year 353, it has had various designations: "the Basilica of Liberius," from the Pope who consecrated it; the "Basilica major," or of "St. Mary Major" being the largest of those delicated to our Lady; "Basilica ad præsepe," from the crib still preserved, in which our Savior was born; and finally after the tenth century, we find the title "Sancta Maria ad nives," or "Our Lady of the Snows," from the miracle of a snowfall that had taken place in the middle of summer, to indicate the spot on which the church was to be erected.

St. Mary Major's is said to be the finest type of basilica extant. The objects of worth and interest it contains, are innumerable. We have

mentioned the sacred Crib. We may add: the body of St. Jerome, that also of Pope Pius V. To the right of the high altar, is the magnificent chapel of the Blessed Sacrament. To the left, and opposite that one, is the Borghese Chapel, of unusual splendor. It contains the venerated picture of the Madonna, said to have been painted by the Evangelist, St. Luke. The beautifully carved ceiling of the basilica is gilded with the first gold that came from the Americas. Among the relics preserved in this basilica are: the side of St Charles Borromeo; ring of Blessed Cardinal Nicolas Albergati; Tooth of St. Philip Neri; bones of St. Pudentiana; part of the cincture and veil of St. Scholastica and relics of Sts. Catherine, Euphemia, Anne, Paulina, and Felicita; Head of St. Bibiana; Tunic stained with the blood of St. Thomas of Canterbury; Body of St. Innocentiola; chin of St. Zachary; Head of St. Marcellinus, Pope; Relics of the cross of St. Andrew; Arm of St. Luke; Arm of St. Matthew; Relics of St. Mark; Relics of St. John the Evangelist; Relics of the holy Apostles Peter, Paul, James, Thomas and Bartholomew. Head of St. Matthias; Relics of St. Vincent Ferrer; Relics of Sts. Lucia, Apollonia and Barbara; Part of a mantle of St. Joseph; Part of the veil and hair of the Blessed Virgin; Some hay from the manger of our Lord; Relics of the purple garment, the Sponge, the towel and the grave of our Lord; Wood of the True Cross.

Under the high altar are the bodies of St. Matthias, Apostle and of others; in the Chapel of the Crucifix, relics of the Passion of our Lord, of our Blessed Lady, of the Apostles Matthew and Matthias, of St. Luke, of St. Bibiana. In this basilica, besides partial indulgences, a daily plenary indulgence can be gained. Here St. Philip Neri used to pray with great fervor, and to receive those extraordinary supernatural consolations, which made him at times cry out: "Enough, my God, enough!"

Prayer to Jesus

O my Lord Jesus, I adore Thee; and I thank Thee for all the painful journeys thou didst make for my sake, and especially for final and most dolorous one Thou madest, being led like a lamb to the slaughter, to the place of Thine execution on Mount Calvary. I thank Thee likewise for shedding Thy Blood when suffering Thy Sacred Heart to be pierced by a soldier's lance. I implore of Thee by this wound in Thy Sacred Side, which was like unto a sword which pierced the sweetest Heart of Thy Mother, to grant me the grace to imitate her virtues, especially that of humility as opposed to pride, and for the gift of wisdom in heavenly things.

Prayer before the Sacred Crib of the Infant Jesus

I adore Thee, O Word Incarnate, true Son of God from all eternity, and true Son of Mary ever Virgin in the fullness of time. When I adore Thy divine Person, and the Humanity united to Thy Divinity, I venerate the poor manger which welcomed Thee when an Infant, and which was truly the throne of Thy love. I prostrate myself before it with the simplicity of the shepherds, with the faith of Joseph, with the love of Mary. I bow down in veneration of this precious memorial of our salvation with the same spirit of mortification, poverty and humility with which Thou, though the Lord of heaven and earth, didst choose for Thyself a manger wherein to lay Thy tender infant limbs. And Thou, O Lord, who in Thine Infancy didst deign to lay Thyself in this manger, vouchsafe also to pour into my heart a drop of that joy to which the sight of Thy lovely Childhood, and the miracles which accompanied Thy Birth, gave rise. By that holy Birth, I now implore Thee to grant to all the world peace and goodwill, and in the name of the whole human race I render thanks and honor to God the Father, and to God the Holy Ghost, Who with Thee live and reign, one God world without end. Amen.

Prayer to the Infant Jesus

Most dear Lord Jesus Christ, Who, being made an Infant for us, wast willing to be born in a cave, to free us from the darkness of sin, to draw us to Thyself, and to inflame us with Thy holy love; we adore Thee as our Creator and Redeemer, we accept and choose Thee for our King and Lord, and for tribute we offer Thee all the affections of our poor hearts. Dear Jesus, our Lord and God, deign to accept this offering, and that it may be worthy of Thine acceptance, pardon us our faults, enlighten us, and inflame us with that holy fire which Thou camest to bring into the world and enkindle in men's hearts. May our souls thus become a perpetual sacrifice in Thine honor. Grant that we may ever seek Thy greater glory here on earth, so that we may one day come to rejoice in Thine infinite loveliness in Heaven. Amen.

Hymn to the Blessed Virgin

Prima stropha sequentis hymni dicitur flexis genibus:	*The first verse of the following hymn is said on bended knee:*
Ave maris stella,	Hail thou star of ocean,

Dei Mater alma, Atque semper Virgo, Felix cæli porta.	Portal of the sky, Ever Virgin Mother, Of the Lord Most High.
Sumens illud Ave Gabriëlis ore, Funda nos in pace, Mutans Hevæ nomen.	O! by Gabriel's Ave Uttered long ago, Eva's name reversing, Established peace below.
Solve vincla reis, Profer lumen cæcis, Mala nostra pelle, Bona cuncta posce.	Break the captives' fetters, Light on blindness pour, All our ills expelling, Every bliss implore.
Monstra te esse matrem, Sumat per te preces, Qui pro nobis natus, Tulit esse tuus.	Show thyself a Mother, Offer Him our sighs, Who for us incarnate Did not thee despise.
Virgo singuláris, Inter omnes mitis, Nos culpis solútos Mites fac et castos.	Virgin of all virgins To thy shelter take us, Gentlest of the gentle Chaste and gentle make us.
Vitam præsta puram, Iter para tutum, Ut vidéntes Jesum, Semper collætémur.	Still, as on we journey, Help our weak endeavor, Till with thee and Jesus We rejoice forever.
Sit laus Deo Patri, Summo Christo decus, Spirítui Sancto, Tribus honor unus. Amen.	Through the highest heaven, To the almighty Three Father, Son, and Spirit, One same glory be. Amen.

Prayer to Holy Mary

Beseech the Blessed Virgin to obtain from her Divine Son the special grace to fill your heart with the fire of Divine Love, and with the love of your neighbor as yourself.

Ant. Sancta María, succúrre míseris, juva pusillánimes, réfove flébiles, ora pro pópulo, intérveni	*Ant.* O Holy Mary, be thou an help to the wretched, a strength to the weak-hearted, a comfort to

pro clero, intercéde pro devóto femíneo sexu: séntiant omnes tuum juvámen, quicúmque célebrant tuam sanctam commemoratiónem.

℣. Dignáre me laudáre te, Virgo sacráta.
℟. Da mihi virtútem contra hostes tuos.

Orémus: Concéde, quæsumus, omnípotens Deus: ut fidéles tui, qui sub sanctíssimæ Vírginis Maríæ Nómine et protectióne lætántur; ejus pia intercessióne, a cunctis malis liberéntur in terris, et ad gáudia ætérna perveníre mereántur in cælis.

Deus, qui per immaculátam Vírginis Conceptiónem dignum Fílio tuo habitáculum præparásti: quæsumus; ut qui ex morte ejúsdem Fílii tui prævísa, eam ab omni labe præservásti, nos quoque mundos ejus intercessióne ad te perveníre concédas.

Concéde nos fámulos tuos, quæsumus Dómine Deus, perpétua mentis et córporis sanitáte gaudére, et gloriósa beáte Maríæ semper Vírginis intercessióne a præsénti liberári tristítia, et ætérna pérfrui lætítia. Per Dóminum nostrum Jesum

the sorrowful; pray for the people, plead for the clergy, make intercession for all women vowed to God; may all that are celebrating thy holy memory feel the might of thine assistance.

℣. O sacred Virgin, let my praise by thee accepted be.
℟. Give me strength against thine enemies.

Let us pray: Grant we beseech Thee, O Almighty God, that Thy faithful people, who rejoice in the Name and protection of the most holy Virgin Mary, may by her loving prayers be freed from all ills upon earth, and worthily attain unto Thine everlasting joy in heaven.

O God, Who by the Immaculate Conception of the Virgin, didst prepare a worthy dwelling place for Thy Son; we beseech Thee, that, as Thou didst forsee the death of Thy same Son Thou didst preserve her from all stain of sin, so Thou wouldst grant us also, through her intercession, to come to Thee with pure hearts.

Vouchsafe, O Lord God, we beseech Thee, to us Thy servants, that we may enjoy perpetual health of mind and body, and by the glorious intercession of blessed Mary ever Virgin, may be delivered from present sadness, and come to the fruition of

Christum, Fílium tuum: qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. Amen.

eternal joys. Through Jesus Christ, Thy Son our Lord, Who liveth and reigneth with Thee, in the unity of the Holy Ghost, God, world without end. Amen.

Pater, Ave, Gloria Patri.

OFFERING OF THE VISITS

I humbly offer these devotions for the pious motives and ends of the Church, and the Pastor thereof, Pope *N.*, and unite mine intentions with theirs, for obtaining the graces, favors, privileges, and indulgences annexed to the Seven Privileged Churches of Rome this day, which I offer by way of suffrage for the relief of the souls of the faithful detained in Purgatory, particular *N.*, beeseeching Thee, O Lord, to mitigate their punishment and hasten their delivery, that they may enjoy Thy glorious countenance, and praise Thee without end, through Christ our Lord. Amen.

PRAYER FOR HIS HOLINESS THE POPE

Orémus: Deus, ómnium fidélium Pastor et Rector, fámulum tuum *N.*, quem pastórem Ecclésiæ tuæ præésse voluísti, propítius réspice: da ei, quæsumus, verbo et exémplo, quibus præest, profícere; ut ad vitam una cum grege sibi crédito, pervéniat sempitérnam. Per Dóminum nostrum Jesum Christum Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus: per ómnia sæcula sæculórum. Amen.

Let us pray: O God, the Shepherd and Ruler of all the faithful, look propitiously upon Thy servant, *N.* whom Thou hast been pleased to constitute pastor over Thy Church; grant him, we beseech Thee, that he may govern with advantage those over whom he presides, in word and example, that, together with the flock entrusted to him, he may come to life everlasting. Through our Lord Jesus Christ, Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Ghost, God, world without end. Amen.

Pater, Ave, Gloria Patri.

METHOD THE SECOND
BY WAY OF PRAYING ACCORDING TO THE PETITIONS OF THE LORD'S PRAYER

"By this hath the charity of God appeared towards us, because God hath sent His only begotten Son into the world, that we may live by Him. In this is charity: not as though we had loved God, but because He hath first loved us, and sent His Son to be a propitiation for our sins."

- 1 Jn. 4:9-10

"And when He was come to the place, He said to them: 'Pray, lest ye enter into temptation.' And He was withdrawn away from them a stone's cast; and kneeling down, He prayed, saying: 'Father, if Thou wilt, remove this chalice from Me: but yet not my will, but Thine be done.'"

- Lk 22, 40-42

A PARAPHRASE ON THE LORD'S PRAYER
By Bishop Challoner

PREPORATORY PRAYER.
Our Father, Who art in heaven!

O Almighty Lord, and Maker of heaven and earth; infinite in Majesty, is it possible that Thy love and goodness for us should be so great, as to suffer such poor worms as we are to call Thee *Father?* O make us ever dutiful children to such a Parent; O my soul, ever remember this dignity to which thou art raised, of being a child of God; and see thou never degenerate, by making thyself a slave to sin and the devil. O most Holy Father, who dwellest in heaven, and in heavenly souls, raise my heart to Thee: and teach me, by Thine interior grace, to pray to Thee this day with due attention, devotion, humility, and faith.

STATION I.
Hallowed be Thy Name.

The first thing I beg of Thee, O heavenly Father, is the greater honor and glory of Thy Name. I rejoice with all my soul, that in Thyself Thou art infinitely happy and infinitely glorious, and that Thou art eternally adored, praised, and glorified, by all Thine angels and saints. But, alas! O Lord, how little art Thou known in this miserable world, how little art Thou loved here, how little art Thou served! How is Thy Name blasphemed all the day, even by those that

call themselves christians! How many millions of souls in all parts of the world, though made to Thine own image and likeness, and redeemed by the Precious Blood of Thine only Son, live and die in infidelity, error, and vice, to the great dishonor of Thy Holy Name? O, when shall so great an evil be remedied? O, that I could do anything to remedy it! O, that I could worthily promote the honor and glory of Thy Name! O, that I could make it known to all nations! O that, like the blessed in heaven, we were all happily united in praising, blessing, and loving Thee! But this must be the work of Thy grace, O Lord: and this grace I beg of Thee this day, that so both I and all the world may ever adore, praise, and love Thee: and not only in words, but much more in our lives, show forth the glory of Thy Name.

STATION II.
Thy kingdom come.

Heaven is the seat of Thine eternal kingdom, O Lord; there Thou livest and reignest forever. But whilst we are here in this mortal life, Thy Kingdom is within us, as often as Thou reignest within our souls by Thy grace, and by Thy love. I earnestly beg both for myself and for all others, a share in Thine eternal kingdom; that we may there be witnesses of Thy glory, and see, love, praise, and enjoy Thee forever. In the meantime, I beg that the Kingdom of Thy grace, and of Thy love, may come into our souls; that Thou mayest ever reign in us without control; and make us all according to Thine own Heart, that nothing in us may any more presume to rebel against Thee, the true King of hearts: but that we may be ever faithful servants and subjects of Thy love.

STATION III.
Thy will be done on earth, as it is in heaven.

The blessed in heaven have no other will, O Lord, but Thine; this Will they ever adore; this they eternally embrace and love; this they readily and cheerfully obey. O, that we, poor banished children of Adam here upon earth, did in like manner, adore, embrace, and love Thy Will! O, that we obeyed in like manner! Lord, it is my sincere desire and hearty prayer that from henceforward, Thy Holy Will may be done by us in all things. O, grant, that from this moment, Thy Will may be the rule of our actions; and that in all our deliberations, like the convert St. Paul, we may ever cry out to Thee: *Lord, what wouldst*

Thou have me to do? O, grant, that in all our sufferings we may ever have a perfect conformity to Thy Holy Will.

STATION IV.
Give us this day our daily bread.

The Bread of our souls, which is to support us during this day of our mortality, and to feed and nourish us to life everlasting, is no other, O Lord, than Thine only Son, who hath said: *I am the Living Bread that came down from heaven; he that eateth of this bread shall live forever; and the Bread that I will give, is My Flesh for the life of the world.* This Bread of Life, we earnestly beg of Thee; this we desire often to receive sacramentally; this we desire daily to receive spiritually, for the nourishing of our souls, with Thy heavenly grace, from this Fountain of Grace. O come, dear Jesus, into our poor famished souls, satisfy our hunger here this day with this heavenly Bread, till we come to the more happy day of eternity, where all veils being withdrawn, we shall forever feed upon Thy Divinity. In the meantime, as to the necessaries of this life, grant us what, in Thy Wisdom, Thou seest best for us, and most conducing to Thine honor and our eternal welfare.

STATION V.
And forgive us our trespasses, as we forgive them that trespass against us.

Our sins, O Lord, are innumerable; the debt that we owe Thee is infinite; and we are poor and miserable, unable of ourselves to discharge the least part of this debt, or to make satisfaction for the least of these sins. But, prostrate in spirit before Thee, we humbly implore Thy mercy. We desire to offer Thee the sacrifice of a contrite and humble heart. We offer Thee the Death and Passion of Thine only Son, which He hath made over to us for the discharge of our debts. And as He hath promised forgiveness to those that forgive, we here from our hearts forgive all that have offended us, and hope, through Him, to find forgiveness from Thee.

STATION VI.
Lead us not into temptation.

Alas! O Lord, man's life upon earth is a continual temptation. We are encompassed on all sides with mortal enemies: the world, the flesh,

and the devil, are ever attacking us with united forces. Our only hope, in all these dangers and conflicts, is in Thy strength and protection. O, stand Thou for us, and we care not who is against us. We believe that Thou art faithful, and wilt not suffer us to be tempted above our strength. O, never suffer us to forsake Thee. Let not the devil circumvent us by his frauds and deceits, nor ever glory that he hath prevailed over us; arm us both against the terrors and flatteries of the world, and all the dangers of our passions and concupiscences. And whatever trials Thou art pleased to send us, let Thy supporting grace ever carry us through them with advantage to our souls; that, by Thy favor and mercy, we may be faithful unto death, and so receive the crown of life.

STATION VII.
But deliver us from evil. Amen.

O Sovereign Good, the fountain of all our good, deliver us from all our evils; from our sins, and the punishments we deserve for them, from wars, plagues, famines, and such like scourges, which we have too much reason to apprehend hanging over our head from Thy justice and our impenitence: from heresy and schism, and all that blindness of soul which self-conceit and pride exposes us to. In fine, from a hardened heart, from final impenitence, and everlasting damnation; from all these evils, for Thine own goodness' sake, O Lord deliver us, through Jesus Christ Thy Son our Lord. Amen! So be it!

CONCLUDING PRAYER

Orémus: Réspice, quæsumus, Dómine, super hanc famíliam tuam, pro qua Dóminus noster Jesus Christus non dubitávit mánibus tradi nocéntium, et Crucis subíre torméntum: Qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. Amen.

Let us pray: Look down, we beseech Thee, O Lord, on this Thy family, for which our Lord Jesus Christ did not hesitate to be delivered up into the hands of wicked men, and to suffer the torment of the Cross. Who with Thee liveth and reigneth, in the unity of the Holy Ghost, God, world without end. Amen.

METHOD THE THIRD
BY WAY OF MEDITATION ON THE SEVEN SORROWFUL STATIONS OF THE LORD IN THE SACRED SCRIPTURES

"Then Jesus took unto Him the Twelve, and said to them: 'Behold, we go up to Jerusalem, and all things shall be accomplished which were written by the Prophets concerning the Son of Man. For He shall be delivered to the Gentiles, and shall be mocked, and scourged, and spit upon: And after they have scourged Him, they will put Him to death; and the third day He shall rise again.'"

- Lk. 18: 31-33

"Now I make known unto you, brethren, the gospel which I preached to you, which also you have received, and wherein you stand; By which also you are saved, if you hold fast after what manner I preached unto you, unless you have believed in vain. For I delivered unto you first of all, which I also received: how that Christ died for our sins, according to the scriptures: And that He was buried, and that He rose again the third day, according to the scriptures."

- 1 Cor. 15: 1-4

STATION 1
JESUS IN THE GARDEN OF GETHSEMANE
Luke 22: 39-54

And going out, He went, according to His custom, to the Mount of Olives. And His disciples also followed Him. And when He was come to the place, He said to them: *"Pray, lest ye enter into temptation."*

And He was withdrawn away from them a stone's cast; and kneeling down, He prayed, saying: *"Father, if Thou wilt, remove this chalice from Me: but yet not My will, but Thine be done."* And there appeared to Him an angel from heaven, strengthening Him. And being in an agony, He prayed the longer. And His sweat became as drops of blood, trickling down upon the ground. And when He rose up from prayer, and was come to His disciples, He found them sleeping for sorrow.

And He said to them: *"Why sleep you? Arise, pray, lest you enter into temptation."* As He was yet speaking, behold a multitude; and he that was called Judas, one of the twelve, went before them, and drew near to Jesus, for to kiss Him. And Jesus said to him: *"Judas, dost thou betray the Son of Man with a kiss?"* And they that were about Him, seeing what would follow, said to Him: *"Lord, shall we strike with the*

sword?" And one of them struck the servant of the high priest, and cut off his right ear.

But Jesus answering, said: *"Suffer ye thus far."* And when He had touched his ear, He healed him. And Jesus said to the chief priests, and magistrates of the temple, and the ancients, that were come unto him: *"Are ye come out, as it were against a thief, with swords and clubs? When I was daily with you in the temple, you did not stretch forth your hands against Me: but this is your hour, and the power of darkness."* And apprehending Him, they led Him to the high priest's house.

STATION II
JESUS BOUND AND TAKEN BEFORE ANNAS
John 18: 12-24

Then the band and the tribune, and the servants of the Jews, took Jesus, and bound Him: And they led Him away to Annas first, for he was father-in-law to Caiphas, who was the high priest of that year. Now Caiphas was he who had given the counsel to the Jews: That it was expedient that one man should die for the people. And Simon Peter followed Jesus, and so did another disciple. And that disciple was known to the high priest, and went in with Jesus into the court of the high priest.

But Peter stood at the door without. The other disciple therefore, who was known to the high priest, went out, and spoke to the portress, and brought in Peter. The maid therefore that was portress, saith to Peter: *"Art not thou also one of this Man's disciples?"* He saith: *"I am not."* Now the servants and ministers stood at a fire of coals, because it was cold, and warmed themselves. And with them was Peter also, standing, and warming himself. The high priest therefore asked Jesus of His disciples, and of His doctrine. Jesus answered him: *"I have spoken openly to the world: I have always taught in the synagogue, and in the temple, whither all the Jews resort; and in secret I have spoken nothing. Why asketh thou Me? ask them who have heard what I have spoken unto them: behold they know what things I have said."*

And when He had said these things, one of the servants standing by, gave Jesus a blow, saying: *"Answerest Thou the high priest so?"* Jesus answered him: *"If I have spoken evil, give testimony of the evil; but if well, why strikest thou Me?"* And Annas sent Him bound to Caiphas the high priest.

STATION III
JESUS TAKEN BEFORE THE HIGH PRIEST, CAIPHAS
Matthew 26: 57-68

But they holding Jesus led Him to Caiphas the high priest, where the scribes and the ancients were assembled. And Peter followed Him afar off, even to the court of the high priest. And going in, he sat with the servants, that he might see the end. And the chief priests and the whole council sought false witness against Jesus, that they might put Him to death: And they found not, whereas many false witnesses had come in. And last of all there came two false witnesses:

And they said: *"This man said, 'I am able to destroy the temple of God, and after three days to rebuild it.'"* And the high priest rising up, said to Him: *"Answerest Thou nothing to the things which these witness against Thee?"* But Jesus held His peace. And the high priest said to Him: *"I adjure Thee by the living God, that Thou tell us if Thou be the Christ the Son of God."* Jesus saith to him: *"Thou hast said it. Nevertheless I say to you, hereafter you shall see the Son of Man sitting on the right hand of the power of God, and coming in the clouds of heaven."* Then the high priest rent his garments, saying: *"He hath blasphemed; what further need have we of witnesses? Behold, now you have heard the blasphemy: What think you?"*

But they answering, said: *"He is guilty of death."* Then did they spit in His Face, and buffeted Him: and others struck His Face with the palms of their hands, saying: *"Prophesy unto us, O Christ, who is he that struck Thee?"*

STATION IV
JESUS TAKEN BEFORE PILATE
John 18: 28-38

Then they led Jesus from Caiphas to the governor's hall. And it was morning; and they went not into the hall, that they might not be defiled, but that they might eat the Pasch. Pilate therefore went out to them, and said: *"What accusation bring you against this Man?"* They answered, and said to him: *"If He were not a malefactor, we would not have delivered Him up to thee."*

Pilate therefore said to them: *"Take Him you, and judge Him according to your law."* The Jews therefore said to him: *"It is not lawful for us to put any man to death;"* That the word of Jesus might be fulfilled, which He said, signifying what death He should die. Pilate

therefore went into the hall again, and called Jesus, and said to Him: *"Art Thou the King of the Jews?"* Jesus answered: *"Sayest thou this thing of thyself, or have others told it thee of Me?"* Pilate answered: *"Am I a Jew? Thine own nation, and the chief priests, have delivered Thee up to me: what hast Thou done?"*

Jesus answered: *"My kingdom is not of this world. If My kingdom were of this world, My servants would certainly strive that I should not be delivered to the Jews: but now My kingdom is not from hence."* Pilate therefore said to Him: *"Art Thou a King then?"* Jesus answered: *"Thou sayest that I am a King. For this was I born, and for this came I into the world; that I should give testimony to the truth. Every one that is of the truth, heareth My voice."* Pilate saith to Him: *"What is truth?"*

STATION V
JESUS TAKEN BEFORE HEROD
Luke 23: 4-11

And Pilate said to the chief priests and to the multitudes: I find no cause in this Man. But they were more earnest, saying: *"He stirreth up the people, teaching throughout all Judea, beginning from Galilee to this place."* But Pilate hearing Galilee, asked if the Man were of Galilee? And when he understood that he was of Herod's jurisdiction, he sent Him away to Herod, who was also himself at Jerusalem, in those days. And Herod, seeing Jesus, was very glad; for he was desirous of a long time to see Him, because he had heard many things of Him; and he hoped to see some sign wrought by Him. And he questioned Him in many words. But He answered him nothing. And the chief priests and the scribes stood by, earnestly accusing Him. And Herod with his army set Him at nought, and mocked Him, putting on Him a white garment, and sent Him back to Pilate.

STATION VI
JESUS TAKEN BACK BEFORE PILATE
Matthew 27: 11-30

And Jesus stood before the governor, and the governor asked him, saying: *"Art Thou the king of the Jews?"* Jesus saith to him: *"Thou sayest it."* And when He was accused by the chief priests and ancients, He answered nothing. Then Pilate saith to Him: *"Dost not Thou hear how great testimonies they allege against Thee?"* And He answered him to never a word; so that the governor wondered exceedingly. Now

upon the solemn day the governor was accustomed to release to the people one prisoner, whom they would.

And He had then a notorious prisoner, that was called Barabbas. They therefore being gathered together, Pilate said: *"Whom will you that I release to you, Barabbas, or Jesus that is called Christ?"* For he knew that for envy they had delivered Him. And as he was sitting in the place of judgment, his wife sent to him, saying: *"Have thou nothing to do with that just Man; for I have suffered many things this day in a dream because of Him."* But the chief priests and ancients persuaded the people, that they should ask for Barabbas, and take Jesus away.

And the governor answering, said to them: *"Whether will you of the two to be released unto you?"* But they said, *"Barabbas."* Pilate saith to them: *"What shall I do then with Jesus that is called Christ?"* They say all: *"Let Him be crucified."* The governor said to them: *"Why, what evil hath He done?"* But they cried out the more, saying: *"Let Him be crucified."* And Pilate seeing that he prevailed nothing, but that rather a tumult was made; taking water washed his hands before the people, saying: *"I am innocent of the Blood of this just Man; look you to it."* And the whole people answering, said: *"His Blood be upon us and our children."*

Then he released to them Barabbas, and having scourged Jesus, delivered Him unto them to be crucified. Then the soldiers of the governor taking Jesus into the hall, gathered together unto him the whole band; And stripping Him, they put a scarlet cloak about Him. And platting a crown of thorns, they put it upon His head, and a reed in His right hand. And bowing the knee before Him, they mocked Him, saying: *"Hail, King of the Jews."* And spitting upon Him, they took the reed, and struck His head.

STATION VII
JESUS LED TO HIS CRUCIFIXION, DEATH AND ENTOMBMENT
Matthew 27: 31-60

And after they had mocked Him, they took off the cloak from Him, and put on Him His own garments, and led Him away to crucify Him. And going out, they found a man of Cyrene, named Simon: him they forced to take up His Cross. And they came to the place that is called Golgotha, which is the place of Calvary. And they gave Him wine to drink mingled with gall. And when He had tasted, He would not drink. And after they had crucified Him, they divided His

garments, casting lots; that it might be fulfilled which was spoken by the prophet, saying: *They divided my garments among them; and upon my vesture they cast lots.*

And they sat and watched Him. And they put over His head His cause written: "*This is Jesus the King of the Jews.*" Then were crucified with Him two thieves: one on the right hand, and one on the left. And they that passed by, blasphemed Him, wagging their heads, and saying: "*Vah, Thou that destroyest the temple of God, and in three days dost rebuild it: save Thy own self: if Thou be the Son of God, come down from the Cross.*"

In like manner also the chief priests, with the scribes and ancients, mocking, said: "*He saved others; Himself He cannot save. If He be the king of Israel, let Him now come down from the Cross, and we will believe Him. He trusted in God; let Him now deliver Him if He will have Him; for He said: 'I am the Son of God.'*" And the selfsame thing the thieves also, that were crucified with Him, reproached Him with. Now from the sixth hour there was darkness over the whole earth, until the ninth hour.

And about the ninth hour Jesus cried with a loud voice, saying: "*Eli, Eli, lamma sabacthani?*" that is, "*My God, my God, why hast Thou forsaken Me?*" And some that stood there and heard, said: "*This man calleth Elias.*" And immediately one of them running took a sponge, and filled it with vinegar; and put it on a reed, and gave him to drink. And the others said: "*Let be, let us see whether Elias will come to deliver him.*" And Jesus again crying with a loud voice, yielded up the ghost.

And behold the veil of the temple was rent in two from the top even to the bottom, and the earth quaked, and the rocks were rent. And the graves were opened: and many bodies of the saints that had slept arose, and coming out of the tombs after His resurrection, came into the holy city, and appeared to many. Now the centurion and they that were with Him watching Jesus, having seen the earthquake, and the things that were done, were sore afraid, saying: "*Indeed, this was the Son of God.*" And there were there many women afar off, who had followed Jesus from Galilee, ministering unto Him.

Among whom was Mary Magdalen, and Mary the mother of James and Joseph, and the mother of the sons of Zebedee. And when it was evening, there came a certain rich man of Arimathea, named Joseph, who also himself was a disciple of Jesus. He went to Pilate, and asked the Body of Jesus. Then Pilate commanded that the Body should be delivered. And Joseph taking the Body, wrapped it up in a clean linen cloth. And laid it in his own new monument, which he had

hewed out in a rock. And he rolled a great stone to the door of the monument, and went his way.

CONCLUDING PRAYER
St. Augustine of Hippo

Orémus: Deus, qui pro redemptióne mundi voluísti násci, circumcídi, a Judæis reprobári, a Juda traditóre ósculo tradi, vínculis alligári, sicut agnus ínnocens ad víctimam duci, atque conspéctibus Annæ, Cáiphæ, Piláti, et Heródis indecénter offérri, a falsis téstibus accusári, flagéllis et oppróbriis vexári, sputis cónspui, spinis coronári, cólaphis cædi, arúndine pércuti, fácie velári, véstribus éxui, cruci clavis affígi, in cruce levári, inter latrones deputári, felle et aceto potári, et lácea vulnerári: tu, Dómine, per has sanctíssimas pœnas tuas, quas ego indígnus récolo, et per sanctam crucem et mortem tuam, libera me a pœnis inférni, et perducere dignéris, quo perduxísti latronem tecum crucifixum. Qui cum Patre et Spíritu Sancto vivis et regnas in sæcula sæculorum. Amen.

Let us pray: O God, who for the redemption of mankind didst vouchsafe to be born, to be circumcised, to be rejected by the Jews, to be betrayed by a kiss, to be fettered like a malefactor, and like an innocent Lamb to be led to slaughter, to be ignominiously brought before Annas, Caiphas, Pilate, and Herod, to be accused by false witnesses, to be scourged with whips, buffeted, defiled with spittle, crowned with thorns, stripped of Thy clothes, fastened to a Cross, placed between two thieves, and to taste of vinegar and gall; by these most grievous pains, which I, however unworthy, do commemorate, and by Thy most sacred Death and Passion, deliver me from the pains of hell, and conduct me whither Thy mercy did conduct the Penitent Thief, who was crucified with Thee, who with the Father and the Holy Ghost, livest and reignest forever. Amen.

METHOD THE FOURTH
BY WAY OF DEVOUT AFFECTIONS TO OUR LORD IN THE SORROWFUL STATIONS OF HIS PASSION

Jesus Christ is dead, and for us; it is to effect our redemption that He is dead. It is, then, very just and very proper to recall often to our minds the mysteries of His passion and death, and to meditate on what He suffered for us; this we can successfully do by placing before our eyes the different Stations which our Lord made on the night of His Passion, which are seven in number. It is for this purpose that we subjoin these stations, which may also be read every Friday, and particularly on the two last Fridays of Lent, being the Season of Passiontide. This will be found a most excellent practice, for the devotion to Christ's Passion has ever been regarded as that of the elect.

"Look upon His Wounds, made in hanging for us; His Blood shed in dying for us; the price He paid to redeem us. His Head He boweth to kiss us; His Heart he openeth to love us; His Arms he stretcheth out to embrace us; His whole Body He exposeth to redeem us! Think how great are these things: weigh them in the balance of thy heart, that He may be all fixed within thy heart, who, for thee, was all fixed upon the Cross."

– St. Augustine

STATION I.
JESUS IN THE GARDEN OF OLIVES

Jesus, my Savior! Who didst sweat Blood and water in the Garden of Gethsemane, at sight of Thy torments and my sins, and who wast pleased to divest Thyself of strength to clothe Thyself with our infirmity, so that an angel was sent from heaven to strengthen Thee, I adore Thee, bathed in Thine own Blood: I humbly thank Thee for having deigned to suffer so much for me. I detest all the sins that have caused Thee so fearful an agony, and I am resolved rather to die than ever to renew Thine interior Passion. Grant me grace to conceive so great a horror of my sins, that I may henceforward resist, even at the risk of my life, the temptations of the devil, the world, and the flesh, and that I may conform in all things to Thy holy will, as Thou didst conform to that of Thy heavenly Father. Amen.

STATION II.
JESUS BEFORE ANNAS AND CAIPHAS

Divine Jesus, who, taken first before Annas, and interrogated by him on Thy doctrine, didst receive with such admirable meekness a

heavy blow from a vile menial: who, afterwards, taken before Caiphas, wast loaded with opprobrium in presence of that haughty pontiff by the Scribes and Ancients of the people, for having declared Thyself the Son of God, and that Thou shouldst one day judge the living and the dead, as the Son of Man, I compassionate the outrages then inflicted on Thee, and I deplore the blindness of Caiphas, who, from the office he held was bound to examine the truth of the charges brought against Thee, and yet, far from being Thy defender decreed Thee worthy of death. I cast myself at Thy feet, my Judge and my King, to ask pardon for having so often buffeted and insulted Thee, not only in Thine own person by mine enormous sins but also in that of my neighbor, since Thou dost consider as done to Thyself the evil done to him. I resolve henceforth to suffer, for Thy sake, all the injuries I may receive, and never more to offend Thee in the person of my brethren, by word or action, by anger or revenge.

STATION III.
JESUS BEFORE PILATE AND HEROD

Thanks be to Thee, sweet Jesus, who, placed at the tribunals of Pilate and Herod, interrogated by those pagan judges, didst return no answer to all the calumnies and accusations brought against Thee, but didst stand silent and submissive like a lamb in the hands of the shearer. Before one Thou couldst have manifested Thy royalty, and made him sensible of the truth; before the other Thou couldst have done miracles which would have commanded his respect, and hindered him from treating Thee as a fool, and clothing Thee in a white garment by way of derision. Grant me the grace to restrain my tongue and to bear patiently with slander and contumely. May I suffer them without a murmur, as Thou didst suffer to be despised by Herod and all his court, and to be placed on a par, by Pilate, with a seditious robber and murderer. Give me strength to resist the persecution of mine enemies, so that, according to Thy principles, I may possess my soul in patience, that I may thus gain over those who do me wrong, and that, finally, receiving all with thanksgiving, I may solely refer all to the greater glory of Thy Holy Name. Amen.

STATION IV.
JESUS SCOURGED IN PILATE'S HALL

O Jesus! innocent victim, nourished, and, as it were, filled with patience, I adore Thee fastened to the pillar to be scourged, and offering to Thy heavenly Father the Blood Thou art about to shed during that cruel torture. My heart is the more touched by the pitiable state to which Thou art reduced, because it was I who struck Thee by the hands of those merciless executioners, who have torn and mangled Thy Flesh. I hear Thy voice in the depth of my heart, saying: "*My child, thou sinful soul, I have suffered these countless blows, this cruel scourging, for thine impurities and criminal liberties, to expiate thine inordinate love of thy flesh, thy sensuality, thine immodesty, thy self-indulgence. It is for thee that I have suffered such deep wounds*." Ah! Lord, I confess my fault, and I beseech Thee, through Thy sorrows, to sanctify my soul and body, to wash both in Thy Precious Blood, and never suffer them to be defiled by sin. Heal my wounds by Thine, and as Thou didst consent to be stripped of Thy garments and tied naked to a pillar, strip me of the old man and his criminal works, to clothe me anew in the robe of holiness and justice.

STATION V.
JESUS ASCENDING MOUNT CALVARY

Jesus, the greatest of all kings, who, after being crowned with thorns, but not yet satiated with torments or opprobrium, although wholly exhausted of strength, wouldst still bear to Mount Calvary the Cross on which Thou wert to die, I adore Thee in this stage of Thy passion. I kiss, in spirit, the prints of Thy sacred Feet, and am amazed when I think of all Thou wert pleased to endure on that painful journey, that strange journey which Thou didst undertake for me; the insupportable burden Thou hadst to bear, and the extreme weakness of Thy Body, already enfeebled by so many sufferings. Grant me grace to embrace courageously all the crosses which it may please Thy Providence to send me: and since Thou invitest me to come to Thee, to renounce myself and bear my cross, give me strength to accomplish what Thou commandest, and grace to profit by the advice Thou gavest to the holy women, to weep for themselves and their children rather than for Thee. O, that I may weep with them, but for the hardness of my heart and the ingratitude of my crimes, which are the true cause of Thy sufferings.

STATION VI.
JESUS ON THE CROSS

This, my Redeemer and my God! this is the most painful of the Stations of Thy Passion, and it is also the most ignominious. This is the Station of death; the others were but transient, but this is permanent; there Thou remainest, there Thou breathest, there Thou consummatest the sacrifice. This, then, is the grand proof of Thy love for men; it is not the nails which have fastened Thee to that infamous gibbet, but Thy tender charity for us, Thine enemies. I love Thee, I adore Thee, I attach myself to Thee forever, my divine Redeemer! and I beseech Thee to accomplish Thy word in me by drawing me so to Thee, that, being detached from all things here below, I may think only of suffering with Thee, and lying with Thee on the Cross. Jesus, my Life, who didst die for me! O immaculate Lamb, sacrificed for my salvation! Victim of love and patience, who couldst, if Thou wouldst, have descended from the Cross in spite of Thine executioners, secure me in virtue: that I may rather lose my life than crucify Thee in my heart. Into Thy hands I commend my spirit, and since Thou, by Thy death, didst open to me the way to Paradise, establish me in that happy abode of the blessed, and then I shall never more fear to leave Thee or to lose Thee.

STATION VII.
JESUS IN THE TOMB

After so many torments, O my Savior, it was time to enter upon Thy rest. The innocence of Thy life, and still more the divinity of Thy person required an honorable burial, a glorious tomb, a quiet and peaceful dwelling. And this they give Thee, Lord, after embalming Thy Body, which is placed in a new sepulchre: virgin hands perform that kind office; the angels of peace are assiduous in their attention, and Thy faithful servants, who were present in spirit at Thy tomb, are not slow to offer Thee in person the homage of their joy and affection; bury with Thyself, if Thou wilt, all my senses and all my desires, enshroud me as it were with Thy precious merits, and embalm me with the sweet perfume of Thy holy death and Thine ineffable virtues. Hide me in the wound made in Thy heart by the spear, that it may serve me as a tomb richer than any marble. There, inaccessible to all the seductions of this world, I will live as a stranger on the earth, till that

happy time when I can enjoy the fruition of Thy blessed sight in my celestial home. Amen.

CONCLUDING PRAYER

Orémus: Super pópulum tuum quæsumus, Dómine, qui Passiónem et Mortem Fílii tui devóta mente recóluit, benedíctio copiósa descéndat, indulgéntia véniat, consolátio tribuátur, fides sancta succréscat, redémptio sempitérna firmétur. Per eúndem Christum Dóminum nostrum. Amen.

Let us pray: Upon Thy people who with devout hearts have recalled the Passion and Death of Thy Son, we beseech Thee, O Lord, may plentiful blessings descend: may gentleness be used with us, and consolation given us, may our faith increase in holiness, our redemption for ever made firm. Through the same Christ our Lord. Amen.

METHOD THE FIFTH

BY WAY OF MEDITATING UPON SEVEN POINTS CONCERNING THE MOST AUGUST SACRAMENT OF THE ALTAR

By Bishop Challoner

"And he had commanded the clouds from above, and had opened the doors of heaven. And had rained down manna upon them to eat, and had given them the Bread of Heaven. Man ate the Bread of Angels: He sent them provisions in abundance."

- Ps. 77: 23-25

"Verily, Thou art a hidden God, the God of Israel, the Savior."

- Is. 45:15

"Behold the tabernacle of God with men, and He will dwell with them. And they shall be His people; and God Himself with them shall be their God."

- Apoc. 21:3

STATION I.

Consider, *firstly*, that Jesus Christ, our Lord, whom we receive in this Blessed Sacrament, is called in Scripture *the Lamb which was slain from the beginning of the world*, (Apoc. 8:8) because, from the very beginning of the world, there was no way of coming at God's mercy or grace, but by faith in a Redeemer to come, and by the merits of His future death and Passion. Hence, Christ crucified was, from the beginning of the world, the great object of the devotion of the patriarchs and prophets: for *Him* they constantly sighed; *Him* they regarded in all their sacrifices; which were indeed so many figures of Him, and of His death.

All these figures were to have an end, when Christ Himself, the very Truth, came in person into the world, and offered Himself upon the Cross, a sacrifice for the sins of the world. But still, His death and Passion is the perpetual object of the devotion of all His children and servants, even to the end of the world; not now as prefigured in shadows and types, but as commemorated and celebrated in the Eucharistic sacrifice and sacrament, containing and exhibiting verily and indeed, that is, in very truth, our great High Priest and Victim, Jesus Christ.

For the ancient figures are now passed, and the truth has succeeded in their place: and that same Fountain of all sanctity, who

of old communicated Himself to His servants spiritually by faith, now gives Himself to us verily and indeed in these heavenly mysteries. For this manner of communicating Himself was best becoming the New Law; which is a Law of Love, a Law of Grace, and a Law of Truth. Ah! my soul, admire and adore the riches of the bounty and goodness of Thy God and Savior, who giveth thee in this sacrament so great a gift, that heaven itself has nothing greater. Embrace His Love, but let it be with a suitable return of love; and see thou prepare thyself worthily to receive so great a visit. O, take care to open wide thy heart, that it may be capable to hold those treasures, which He bringeth with Him and which He desireth to impart to thee.

STATION II.

Consider, *secondly*, the figures by which God was pleased in the Old Testament to foreshow this Sacrament; especially these three: the Tree of Life, the Paschal Lamb, and the Manna from Heaven.

The Tree of Life, which God planted in the midst of the earthly paradise, had that excellent property, that if sin had not banished us from that happy abode, by feeding on the fruit of it, we should have been maintained in a constant vigor, strength, and health, and have never died. O, how well does the Blessed Eucharist answer this noble figure! in which we feed upon Life itself, in its very Fountain, and by frequently and worthily approaching it to receive a copious and constant supply of heavenly grace, for the maintaining of the vigor, strength, and health of the soul; so that we may never incur the second death, but may pass from life to life; from the life of grace to the life of glory; from life concealed under sacramental veils to life seen and enjoyed without shadow or change, for all eternity.

The Paschal Lamb, which was first offered in sacrifice to God on the evening in which the children of Israel were delivered from the bondage of Egypt, and then was, by God's command, eaten by all the faithful, was also a figure of the Blessed Eucharist, and of the true Lamb of God, there communicated to us; even that Lamb, which was first offered in sacrifice for our eternal redemption from the bondage of the infernal Pharaoh, and is now received by all the faithful in these heavenly mysteries, for a perpetual commemoration of this our redemption, and a daily application of the fruit of it to our souls. O my soul, let us confidently run to this Lamb of God, who taketh away the sins of the world! Let us receive with all affection this Christian Passover! Let us embrace this Victim of our redemption, this new

Sacrifice of the New Covenant, the Covenant of Life and of Love! Let us sprinkle ourselves with this *Blood of the New Testament* (Mt. 26:28), so that the destroying angel may have no power to hurt us.

Another figure of the Blessed Eucharist was the Manna from Heaven, with which the children of Israel were wonderfully fed, during their forty years' sojourning in the wilderness, before their coming to the land of Promise. This food was many ways miraculous, but nothing in comparison of that Living Bread, that Bread of Life, which is given us in the Divine Mysteries; which comes down from Heaven, in order to carry us thither, to the true Land of Promise, the Land of the Living; and which nourishes our souls to life eternal. O Heavenly Manna! O Bread of Angels! let my soul always hunger after Thee. Thou art my true and only support, during this my mortal pilgrimage. O, give me a loathing for all the *husks of swine* (Lk. 15:16), with which this deluded world seeks to amuse me! O, let me ever relish Thy hidden sweetness!

STATION III.

Consider, *thirdly*, the mysteries which we celebrate in this thrice Blessed Sacrament and Sacrifice. Here, the whole Passion and Death of Christ is solemnly acted as a most sacred tragedy, by Himself in person. Here, the Lamb of God presents Himself as slain to His Eternal Father; and His Blood most powerfully pleads in our behalf. Here, the Death of our Lord, the Fountain of all our good, plentifully flows into our souls, and ever lives and brings forth in us the fruit of life. Here, the triumphs of our crucified King, His victorious Resurrection and glorious Ascension, are displayed. Here, we receive an assurance of the share that we have in Christ, and in His redemption. Here, we partake of His Body and of His Spirit. Here, we drink of the Fountain of Life. Here, all the members of Christ are happily united with one another, and with their Head, in a Sacrament of Union and Love. Here, in fine, we have a most certain pledge of everlasting life, and of the eternal enjoyment of Him in our Blessed Country, who thus lovingly gives Himself to us in this place of banishment.

O my soul, reverence with awe, and embrace with love, these mysteries so full of majesty and of love. The High Priest of the Old Testament was but once a year to enter into the inward sanctuary of the Temple, called the Holy of Holies; and then not without diverse purifications and sacrifices, and a solemn fast of all Israel. See then

how pure, how holy, thou oughtest to be, who so often art admitted into the Sanctuary of the New Testament, that is, to these divine mysteries, sanctified by the presence of Jesus Christ Himself, the true Holy of Holies, of which that Jewish sanctuary was but a shadow.

STATION IV.

Consider, therefore, *fourthly*, that what most especially calls for our devotion in these most holy mysteries, is the real presence of Jesus Christ Himself, True God and True Man, under the sacramental veils. Bow thyself down, my soul, to adore this sacred truth: let no proud thoughts of opposition arise in thee against this admirable Sacrament; captivate thine understanding to the obedience of Faith: build thyself upon the express words of Truth itself, so often repeated in Holy Writ; and upon the express declaration of the Church of God, against which the gates of hell can never prevail. The glory and merit of Faith is to believe what thou canst not see; to acknowledge that the Almighty can do infinitely more than thou canst comprehend; and that no effort of mercy and love can be too great for Him, Who has died for love.

See then what thy devotion ought to be in consequence of this belief, what profound reverence to so great a Lord, Who lies concealed in these tremendous mysteries; what purity of conscience, in order to approach worthily to Purity itself! What humility, what love, when thou art admitted to His embraces!

STATION V.

Consider, *fifthly*, how many ways thy Lord and thy God, thy Sovereign Good, *Who delights to be with the children of men*, (Prov. 8: 31) communicates Himself to thee. In His Incarnation and Birth He gave Himself to be thy Companion, and to take upon Him all thy miseries. In His Death He gave Himself to be thy ransom: in this heavenly Sacrament He gives Himself to be thy Food, the comfort and support of thine exile: and in His Kingdom above, He designs to give Himself for thine eternal reward. O! what can He do more to testify His love to thee? As wise as He is, He cannot contrive anything better for thee; as powerful as He is, He cannot do more for thee than give thee Himself. O! how true is that saying of the Beloved Disciple: that *God is love* (1 Jn. 4:8)!

But what dost Thou see in me, dear Lord, that can move Thee to love such a poor worm, such a wretched sinner as I am? There can be

nothing good in me, but what is Thy gracious gift: and alas! I fear I have hitherto abused all Thy gifts: it is then Thine own pure goodness alone that can make Thee to love me; and Thy pure love alone that can make Thee to communicate Thyself to me. O, let me then be no longer ungrateful to Thy love! Let Thy divine fire, which *Thou so much desirest to enkindle upon earth* (Lk. 12:49), take hold now of my heart, that I may return Thee love for love. O! send it now into my soul, that it may prepare Thee a suitable lodging there! O! let me henceforward give myself wholly to Thee, who so often givest Thyself to me.

STATION VI.

Consider, *sixthly*, Who it is that thou receivest in this Blessed Sacrament, and who thou art that presumest to approach Him. He is the great King and Maker of heaven and earth: and the whole of creation is a mere nothing in His sight: what a little atom then art thou, compared to Him! He is eternal, immense, and every way infinite in power, in majesty, in beauty, in wisdom, in glory, etc., and thou art a little diminutive worm, made of earth, and full of miseries. He is infinitely pure and holy, in Whose sight the very heavens are not clean, and who cannot endure iniquity; and thou art the very filth of sin, and a sink of uncleanness and corruption.

How then, my soul, shall we dare venture to enter into this inward Sanctuary, to draw near the Throne of this infinite Majesty, and unclean as we are, to touch and receive the Holy of Holies? Oza was struck dead for irreverently touching the Ark of the Covenant; the Bethshamites for irreverently looking on it; and Nadab and Abiu for offering incense before it, with unhallowed fire: now what was this Ark (in which were only reposited the Tables of the Law) in comparison with the Lord and Giver of the Law, Whom we here approach to? When God was about to give the Law, the children of Israel were commanded to be purified, and to keep themselves chaste: and even then to keep their distance from the mountain, where the Lord appeared in thunder and lightnings: only Moses was permitted to ascend to the mountain's top, to converse with the divine Majesty, or rather with an angel speaking in His Person.

And how shall we, with so little purity, dare to approach this immense Deity, this consuming fire? St. Paul assures us, (1 Cor. 11) that the unworthy receiver is *guilty of the Body and Blood of the Lord, and receiveth judgment to himself, not discerning the Body of the Lord.* How then shall we, the most unworthy of all sinners, presume to

receive this Lord of Glory? Must we then stay away till we have the presumption to think ourselves worthy? No, certainly: for one of the most necessary dispositions for receiving worthily, is to acknowledge and believe our own unworthiness. Or must we, through awe and fear of so great a Majesty, abstain forever from partaking of these tremendous mysteries? No, for it is no less certain death to stay away from the Fountain of Life, than to come to it unworthily.

What then must we do, my soul? We will not run away from our Sovereign Good: no, we will run to Him, but it shall be like the humble Publican, like the poor Prodigal returning home, like the penitent Magdalen: such as these He never rejects. It shall be with a contrite and humble heart, which He never despises: it shall be with an entire confidence in His infinite goodness and mercy, for no one ever hoped in Him, and was confounded.

O, grant us, dear Lord, to approach Thee with these happy dispositions; and since Thou art pleased to invite Thyself into so poor, so mean, so wretched a cottage, as this of my breast: be pleased to send in thither beforehand those graces, those virtues, that devotion, which may *prepare the place for Thee* (4 Kings 4:13); for Thou knowest that *of myself I can do nothing* (Jn. 15:15).

STATION VII.

Consider, *seventhly*, the happy fruits which that divine Sacrament produces in those souls which frequent it with due preparation: *The Bread that I will give,* says our Lord, (Jn. 6: 52) *is My Flesh, for the life of the world*; and again, *He that eateth My Flesh, and drinketh My Blood, hath everlasting life, and I will raise him up in the last day*: And again, *He that eateth My Flesh, and drinketh My Blood, abideth in Me, and I in him: And he that eateth Me shall live by Me: And he that eateth this Bread shall live forever.*

Wheresoever our Lord comes, He carries about with Him all the treasures of life, that is, all grace, charity, and sanctity; and, on His part, is ever ready to open those treasures and to communicate them most plentifully to those souls which He comes to visit. These treasures are infinite, and so is the love He bears to us. What gifts then, what graces may we not expect, if we come with reverence and humility, with love and devotion to Him, who is the Fountain of Life, Grace, and Sanctity!

Here, we receive the Bread of Life for the food and nourishment of our souls. Here, we meet with a constant supply of sanctifying grace,

to repair the daily decays caused by our infirmity and corruption; to give us new strength and vigor, to walk on in our way through the wilderness of this world to the mountain of God: and to make us continually grow in virtue, till we come to a perfect man, to the measure of the age of the fullness of Christ. Here, our lesser sins are forgiven us, and we receive a sovereign antidote against the greater. Here, devout souls taste the sweetness of Heaven in its very Fountain. Here, seated like Magdalen, at the feet of our Lord, they learn from Him heavenly lessons, and enjoy His delicious conversation. Aspire after this happiness, O Christian soul, which in some measure makes you enjoy Heaven upon Earth. If you love Jesus Christ, run to His embraces: if you love yourself, run to your Sovereign Good. But see it be with due preparation; and most especially with faith, with fear, and with love.

CONCLUDING PRAYER

Ant. O sacrum convívium, in quo Christus súmitur: recólitur memória Passiónis ejus: mens implétur grátia: et futúræ glóriæ nobis pignus datur.

℣. Panem de cælo præstitísti eis,

℟. Omne delectaméntum in se habéntem.

Orémus: Deus, qui nobis sub Sacraménto mirábili Passiónis tuæ memóriam reliquísti: tríbue, quæsumus, ita nos Córporis, et Sánguinis tui sacra mystéria venerári; ut redemptiónis tuæ fructum in nobis júgiter sentiámus: Qui vivis et regnas cum Deo Patre, in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. Amen.

Ant. O holy banquet, in which Christ is received, the memory of His Passion renewed, the soul is filled with grace, and a pledge of future glory is given us.

℣. Thou didst send them Bread from heaven,

℟. Able to content every man's delight.

Let us pray: O God, Who in this wonderful Sacrament hast left us a perpetual memory of Thy Passion; grant us, we beseech Thee, so to reverence the sacred mysteries of Thy Body and Blood, that we may continually perceive in our souls the fruit of Thy redemption; Who with the Father and the Holy Ghost livest and reignest, ever one God, world without end. Amen.

METHOD THE SIXTH
BY WAY OF MEDITATION UPON THE SEVEN LAST WORDS OF THE LORD

℣. Dómine, lábia ✠ mea apéries.	℣. Thou, O Lord, shalt open ✠ my lips.
℟. Et os meum annuntiábit laudem tuam.	℟. And my mouth shall declare Thy praise.
℣. Deus ✠ in adjutórium meum inténde.	℣. O God ✠, make speed to save me.
℟. Dómine, ad adjuvándum me festína.	℟. O Lord, make haste to help me.
℣. Glória Patri, et Fílio, et Spirítui Sancto.	℣. Glory be to the Father, and to the Son, and to the Holy Ghost.
℟. Sicut erat in princípio, et nunc, et semper, et in sæcula sæculórum. Amen.	℟. As it was in the beginning, is now, and ever shall be, world without end. Amen.

STATION I.
THE FIRST WORD

Pater, dimítte illis, non enim sciunt quid fáciunt. (Lc. xxiii, 34)
Father, forgive them; for they know not what they do.

℣. Adorámus te Christe, et benedícimus tibi!	℣. We adore Thee O Christ, and we bless Thee!
℟. Quia per Crucem tuam redemísti mundum.	℟. For by Thy Holy Cross Thou hast redeemed the world.

Jesus, my Love! Who for love of me didst hang in agony upon the Cross, there by Thy pains to pay the penalty of my sins, and didst open Thy divine mouth to obtain for me the pardon of them from Eternal Justice; O Jesus, pity all the faithful who are now in their last agony, and pity me when I too shall be in mine. By the merits of Thy most Precious Blood shed for our salvation, vouchsafe unto us all such lively sorrow for our sins, that when we have sent forth our last breath we may at once repose in the bosom of Thy infinite mercy.

℣. Glória Patri...	℣. Glory be to the Father...
℟. Sicut erat in princípio… *(ter)*	℟. As it was in the beginning... *(thrice)*
℣. Miserére nostri, Dómine,	℣. Have mercy on us, O Lord,
℟. Miserére nostri.	℟. Do Thou have mercy on us.

My God, in Thee I believe, in Thee I hope, Thou art my love. I repent of my sins, because by them I have offended Thee.

STATION II.
THE SECOND WORD

Amen dico tibi: Hódie mecum eris in Paradíso (Lc. xxiii, 43)
This day shalt thou be with Me in Paradise.

℣. Adorámus te Christe, et benedícimus tibi!	℣. We adore Thee O Christ, and we bless Thee!
℟. Quia per Crucem tuam redemísti mundum.	℟. For by Thy Holy Cross Thou hast redeemed the world.

Jesus, my Love! Who for love of me didst hang in agony upon the Cross, and with such readiness and bounty didst meet the faith of the good thief, when in Thy humiliations he acknowledged Thee to be the Son of God, and didst make him sure of the paradise prepared for him; O, pity all the faithful who are in their last agony, and pity me when I too shall be in mine. By the merit of Thy most Precious Blood, stir up in our souls such firm and steadfast faith as shall never waver under any suggestion of the evil one; that so we also may obtain the blessed prize of Paradise.

℣. Glória Patri...	℣. Glory be to the Father...
℟. Sicut erat in princípio… *(ter)*	℟. As it was in the beginning... *(thrice)*
℣. Miserére nostri, Dómine,	℣. Have mercy on us, O Lord,
℟. Miserére nostri.	℟. Do Thou have mercy on us.

My God, in Thee I believe, in Thee I hope, Thou art my love. I repent of my sins, because by them I have offended Thee.

STATION III.
THE THIRD WORD

Múlier, ecce fílius tuus. Ecce mater tua. (Jn. xix, 26-27)
Behold thy Mother! Behold thy Son!

℣. Adorámus te Christe, et benedícimus tibi!	℣. We adore Thee O Christ, and we bless Thee!
℟. Quia per Crucem tuam redemísti mundum.	℟. For by Thy Holy Cross Thou hast redeemed the world.

Jesus, my Love! Who for love of me didst hang in agony upon the Cross, and unmindful of Thine own sorrows didst leave us Thine own most holy Mother as the pledge of Thy love, that through her intercession we might seek Thee with confidence in our greatest straits; have pity on all the faithful who are in their last agony, and pity me when I too shall be in mine. By the inward martyrdom of Thy dear Mother, quicken in our hearts a firm hope in the infinite merits of Thine own most Precious Blood, that so we may escape the sentence of eternal death, which we know we well merit for our sins.

℣. Glória Patri...	℣. Glory be to the Father...
℟. Sicut erat in princípio… *(ter)*	℟. As it was in the beginning... *(thrice)*
℣. Miserére nostri, Dómine,	℣. Have mercy on us, O Lord,
℟. Miserére nostri.	℟. Do Thou have mercy on us.

My God, in Thee I believe, in Thee I hope, Thou art my love. I repent of my sins, because by them I have offended Thee.

STATION IV.
THE FOURTH WORD

Eli, Eli, lamma sabacthání? Hoc est: Deus meus, Deus meus, ut quid dereliquísti me? (Matt. xxvii, 46)
My God, My God, why hast Thou forsaken Me?

℣. Adorámus te Christe, et benedícimus tibi!	℣. We adore Thee O Christ, and we bless Thee!
℟. Quia per Crucem tuam redemísti mundum.	℟. For by Thy Holy Cross Thou hast redeemed the world.

Jesus, my Love! who for love of me didst hang in agony upon the cross, and, whilst suffering after suffering was heaped upon Thee, didst bear with infinite patience the most afflicting desolation of spirit in addition to the pain of body, being forsaken by Thine Eternal Father; pity all the faithful who are in their last agony, and pity me when I too shall be in mine. By the merits of Thy most Precious Blood, grant us all Thy grace that we may suffer with patience every pain and anguish of our agony, that so joining our pains with Thine, we too may be made partakers of Thy glory in Paradise.

℣. Glória Patri...	℣. Glory be to the Father...
℟. Sicut erat in princípio… *(ter)*	℟. As it was in the beginning... *(thrice)*
℣. Miserére nostri, Dómine,	℣. Have mercy on us, O Lord,
℟. Miserére nostri.	℟. Do Thou have mercy on us.

My God, in Thee I believe, in Thee I hope, Thou art my love. I repent of my sins, because by them I have offended Thee.

STATION V.
THE FIFTH WORD

Sítio! (Jn. xix, 30)
I thirst.

℣. Adorámus te Christe, et benedícimus tibi!	℣. We adore Thee O Christ, and we bless Thee!
℟. Quia per Crucem tuam redemísti mundum.	℟. For by Thy Holy Cross Thou hast redeemed the world.

Jesus, my Love! who for love of me didst hang in agony upon the cross, and who, insatiable in Thy thirst for insults and sufferings, didst will yet more and more to suffer, that all men might be saved, showing thereby that all the torrent of Thy Passion was not enough to quench the thirst of Thy most loving Heart; pity all the faithful who are in their last agony, and pity me when I too shall be in mine. By the merits of Thy most Precious Blood, so kindle in our hearts the fire of charity that they may desire exceedingly to be united with Thee for all eternity.

℣. Glória Patri...	℣. Glory be to the Father...
℟. Sicut erat in princípio… *(ter)*	℟. As it was in the beginning... *(thrice)*
℣. Miserére nostri, Dómine,	℣. Have mercy on us, O Lord,
℟. Miserére nostri.	℟. Do Thou have mercy on us.

My God, in Thee I believe, in Thee I hope, Thou art my love. I repent of my sins, because by them I have offended Thee.

STATION VI.
THE SIXTH WORD

Consummátum est. (Jn. xix, 30)
It is finished.

℣. Adorámus te Christe, et benedícimus tibi!	℣. We adore Thee O Christ, and we bless Thee!
℟. Quia per Crucem tuam redemísti mundum.	℟. For by Thy Holy Cross Thou hast redeemed the world.

Jesus, my Love! who for love of me didst hang in agony upon the cross, and from that pulpit of truth didst announce that the work of our redemption was finished, that work through which, from children of wrath and perdition we became God's children and the heirs of heaven; pity all the faithful who are in their last agony, and pity me when I too shall be in mine. By the merits of Thy most Precious Blood, detach us wholly from the world and from ourselves, and at the moment of our agony grant us grace to offer Thee with all our hearts the sacrifice of our life, in expiation for our sins.

℣. Glória Patri...	℣. Glory be to the Father...
℟. Sicut erat in princípio… *(ter)*	℟. As it was in the beginning... *(thrice)*
℣. Miserére nostri, Dómine,	℣. Have mercy on us, O Lord,
℟. Miserére nostri.	℟. Do Thou have mercy on us.

My God, in Thee I believe, in Thee I hope, Thou art my love. I repent of my sins, because by them I have offended Thee.

STATION VII.
THE SEVENTH WORD

Pater, in manus tuas comméndo spíritum meum. (Lc. xxiii, 46)
Father, into Thy hands I commend my spirit.

℣. Adorámus te Christe, et benedícimus tibi!	℣. We adore Thee O Christ, and we bless Thee!
℟. Quia per Crucem tuam redemísti mundum.	℟. For by Thy Holy Cross Thou hast redeemed the world.

Jesus, my Love! Who for love of me didst hang in agony upon the Cross, and who in accomplishment of the great sacrifice didst accept the will of Thine Eternal Father, commending Thy spirit into His hands, and so didst bow Thy head and die; pity all the faithful who are in their agony, and pity me when I too shall be in mine. By the merits of Thy most Precious Blood, give us in our agony an entire conformity to Thy divine will, that, ready to live or die as it please Thee, we may desire nothing but that Thine adorable will may ever find its full accomplishment in us.

℣. Glória Patri...	℣. Glory be to the Father...
℟. Sicut erat in princípio… *(ter)*	℟. As it was in the beginning... *(thrice)*
℣. Miserére nostri, Dómine,	℣. Have mercy on us, O Lord,
℟. Miserére nostri.	℟. Do Thou have mercy on us.

My God, in Thee I believe, in Thee I hope, Thou art my love. I repent of my sins, because by them I have offended Thee.

PRAYER TO THE HOLY VIRGIN, MOTHER OF SORROWS

Most Holy Mother of sorrows, by that intense martyrdom which thou didst suffer at the foot of the cross during the three hours of the agony of Jesus; deign to aid us all, who are the children of thy sorrows, in our last agony, that by thy prayers we may pass from our bed of death to adorn thy crown in Paradise.

Hail Mary thrice.

María, mater grátiæ,	Mother of mercy, Mother of
Mater misericórdiæ,	grace,

Tu nos ab hoste prótege,
Et hora mortis súscipe.

Mary, help a fallen race.
Shield us when the foe is nigh,
And receive us when we die.

CONCLUDING PRAYER

℣. A subitánea et improvísa morte,
℟.Líbera me, Dómine.
℣. Ab insídiis diáboli,
℟. Líbera me, Dómine.
℣. A morte perpétua,
℟.Líbera me, Dómine.

℣. From sudden and unprepared death,
℟. Deliver me, O Lord.
℣. From the snares of the devil,
℟. Deliver me, O Lord.
℣. From everlasting death,
℟. Deliver me, O Lord.

Orémus: Deus, qui ad humáni géneris salútem in dolorosíssima Fílii tui morte exémplum et subsídium constituísti, concéde, quæsumus, ut in extrémo mortis nostræ perículo tantæ caritátis efféctum conséqui, et ipsíus Redemptóris glóriæ consociári mereámur. Per eúmdem Dóminum nostrum Jesum Christum Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus: per ómnia sæcula sæculórum. Amen.

Let us pray: God, who for the salvation of the human race hast, in the most bitter death of Thy Son, made for us both an example and a refuge; grant, we beseech Thee, that in the last peril, at the hour of our death, we may be made worthy to experience the effect of this great charity, and so to be associated in the glory of the Redeemer Himself. Through the same Jesus Christ, Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Ghost, God, forever and ever. Amen.

Divíne Jesu, Fili Dei incarnáte, qui, pro nostra salúte, in stábulo nasci, vitam in paupertáte, ærúmnis et miséria dégere, et in crucis dolóribus mori dignátus es, divíno tuo Patri dic, quæso, in moménto mortis meæ: Pater, ignósce ei; dic Matri tuæ diléctæ: Ecce fílius tuus; dic ánimæ meæ: Hódie mecum eris in Paradíso.

Divine Jesus, incarnate Son of God, who for our salvation didst vouchsafe to be born in a stable, to pass Thy life in poverty, trials, and misery, and to die amid the sufferings of the Cross, I entreat Thee in the hour of my death, say to Thy Divine Father: "*Father, forgive him*". Say to Thy beloved Mother: *"Behold thy son"*; say to

Deus meus, Deus meus, ne derelínquas me in illa hora. Sítio: útique Deus meus, ánima mea sitit ad te, qui es fons aquárum vivéntium. Vita mea præterit velut umbra; adhuc módicum, et consummáta erunt ómnia. Quaprópter, O Salvátor mi adorábilis, ex hoc moménto in omnem æternitátem in manus tuas comméndo spíritum meum. Dómine Jesu, áccipe ánimam meam. Amen.

my soul: *"This day thou shalt be with me in Paradise."* My God, my God, forsake me not in that hour. "*I thirst*": truly, my God, my soul thirsteth after Thee, who art the fountain of living waters. My life passeth like a shadow; yet a little while and all will be consummated. Wherefore, O my adorable Savior, from this moment, for all eternity, *"into Thy hands I commend my spirit."* Lord Jesus, do Thou receive my soul. Amen.

METHOD THE SEVENTH
BY WAY OF SEVEN OFFERINGS OF THE PRECIOUS BLOOD TO GOD THE FATHER

"And He is the head of the body, the Church, Who is the beginning, the firstborn from the dead; that in all things He may hold the primacy: Because in Him, it hath well pleased the Father, that all fullness should dwell; And through Him to reconcile all things unto Himself, making peace through the Blood of His Cross, both as to the things that are on earth, and the things that are in heaven."

- Col. 1:18-20

"You are come to mount Sion, and to the city of the living God, the heavenly Jerusalem, and to the company of many thousands of angels, and to the Church of the firstborn, who are written in the heavens, and to God the judge of all, and to the spirits of the just made perfect, and to Jesus the Mediator of the New Testament, and to the sprinkling of Blood which speaketh better than that of Abel."

- Heb. 12:22-24

STATION I.

Eternal Father, I offer Thee the merits of the Most Precious Blood of Jesus, Thy Beloved Son and my Divine Redeemer, for the propagation and exaltation of my dear Mother the Holy Church, for the safety and prosperity of her visible Head, the Holy Roman Pontiff, for the cardinals, bishops, and pastors of souls, and for all the ministers of the sanctuary.

Glory be.

Blessed and praised forevermore be Jesus Who hath saved us by His Precious Blood!

STATION II

Eternal Father, I offer Thee the merits of the Most Precious Blood of Jesus, Thy Beloved Son and my Divine Redeemer, for the peace and concord of nations, for the conversion of the enemies of our holy Faith, and for the happiness of all Christian people.

Glory be.

Blessed and praised forevermore be Jesus Who hath saved us by His Precious Blood!

STATION III.

Eternal Father, I offer Thee the merits of the Most Precious Blood of Jesus, Thy Beloved Son and my Divine Redeemer, for the repentance of unbelievers, the extirpation of all heresies, and the conversion of sinners.

Glory be.

Blessed and praised forevermore be Jesus Who hath saved us by His Precious Blood!

STATION IV.

Eternal Father, we offer Thee the merits of the Most Precious Blood of Jesus, Thy Beloved Son and my Divine Redeemer, for all my relations, friends and enemies, for the poor, the sick, and those in tribulation, and for all those for whom Thou willest I should pray, or knowest that I ought to pray.

Glory be.

Blessed and praised forevermore be Jesus Who hath saved us by His Precious Blood!

STATION V.

Eternal Father, I offer Thee the merits of the Most Precious Blood of Jesus, Thy Beloved Son and my Redeemer, for all those who shall this day pass to another life, that Thou mayest preserve them from the pains of Hell and admit them the more readily to the possession of Thy glory.

Glory be.

Blessed and praised forevermore be Jesus Who hath saved us by His Precious Blood!

STATION VI.

Eternal Father, I offer Thee the merits of the Most Precious Blood of Jesus, Thy Beloved Son and my Divine Redeemer, for all those who are lovers of the Treasure of His Blood, and for all those who join with me in adoring and honoring It, and for all those who try to spread devotion to it.

Glory be.

Blessed and praised forevermore be Jesus Who hath saved us by His Precious Blood!

STATION VII.

Eternal Father, I offer Thee the merits of the Most Precious Blood of Jesus, Thy Beloved Son and my Divine Redeemer, for all my wants, spiritual and temporal, for the Holy Souls in Purgatory, and particularly for those most forgotten, the Souls of priests, and for those who in their lifetime were most devoted to this Price of our Redemption, and to the Sorrows and pains of our dear Mother, Most Holy Mary.

Glory be.

Blessed and praised forevermore be Jesus Who hath saved us by His Precious Blood!

CONCLUDING PRAYER

Orémus: Dómine Jesu Christe, qui de cælis ad terram, de sinu Patris descendísti, et Sánguinem tuum Pretiósum in remissiónem peccatórum nostrórum fudísti: te humíliter deprecámur; ut in die judícii, ad déxteram tuam audíre mereámur: Veníte benedícti: Qui cum eódem Deo Patre et Spíritu Sancto vivis et regnas, Deus, per ómnia sæcula sæculórum. Amen.

Let us pray: O Lord Jesus Christ, Who didst come down to earth from the bosom of Thy heavenly Father, and didst shed Thy Precious Blood to wash away our sins: we humbly beseech Thee, that on the day of judgment, at Thy right hand, we may be found worthy to hear from Thee those words: Come, ye blessed: Who with the same God the Father and the Holy Ghost, livest and reignest, God, world without end. Amen.

METHOD THE EIGHTH

BY WAY OF THANKSGIVING FOR THE SEVEN EFFUSIONS OF OUR LORD'S BLOOD, AGAINST THE SEVEN DEADLY SINS

(Via Sanguinis)

℣. Dómine, lábia ✠ mea apéries.

℟. Et os meum annuntiábit laudem tuam.

℣. Deus ✠ in adjutórium meum inténde.

℟. Dómine, ad adjuvándum me festína.

℣. Glória Patri, et Fílio, et Spirítui Sancto.

℟. Sicut erat in princípio, et nunc, et semper, et in sæcula sæculórum. Amen.

℣. Thou, O Lord, shalt open ✠ my lips.

℟. And my mouth shall declare Thy praise.

℣. O God ✠, make speed to save me.

℟. O Lord, make haste to help me.

℣. Glory be to the Father, and to the Son, and to the Holy Ghost.

℟. As it was in the beginning, is now, and ever shall be, world without end. Amen.

STATION I.
THE CIRCUMCISION

O most humble Lord and Master, Jesus Christ, true God and true Man, eternal praise and thanksgiving be to Thee, because in Thy tenderest age, namely, on the eighth day of Thy mortal life, Thou didst vouchsafe to shed Thy precious and innocent Blood for us, and as a true Son of Abraham to bear the pain of Circumcision. By this most holy shedding of Thy Blood, I beg of Thee the grace of humility against all pride and worldly vanity.

Our Father. Hail Mary.

O Savior of the world, who by Thy Cross and Precious Blood hast redeemed us: save us, and help us, we humbly beseech Thee, O Lord.

STATION II
THE BLOODY SWEAT IN THE GARDEN

O Thou, whose love is like the pelican's for her young, Jesus Christ, true God and true Man, eternal praise and thanksgiving be to Thee, because in the Garden, out of the exceeding anguish of Thy Heart, Thou didst pour forth a bloody Sweat, and, wholly resigning Thyself to death, didst offer it to Thy Father. By this most holy shedding of Thy Blood, I ask of Thee the grace of liberality against all covetousness and avarice.

Our Father. Hail Mary.

O Savior of the world, who by Thy Cross and Precious Blood hast redeemed us: save us, and help us, we humbly beseech Thee, O Lord.

STATION III.
THE SCOURGING AT THE PILLAR

O most chaste Spouse, Jesus Christ, true God and true Man, eternal praise and thanksgiving be to Thee, because Thou didst suffer Thyself to be mercilessly bound in Pilate's judgment hall, and Thy virgin Flesh to be cruelly scourged and mangled. By this most holy shedding of Thy Blood, I implore of Thee the grace of chastity against all sensuality and lust.

Our Father. Hail Mary.

O Savior of the world, who by Thy Cross and Precious Blood hast redeemed us: save us, and help us, we humbly beseech Thee, O Lord.

STATION IV.
THE CROWNING OF THORNS

O most meek Lamb, Jesus Christ, true God and true Man, eternal praise and thanksgiving be to Thee, because Thou didst suffer Thy Sacred Head to be crowned with piercing thorns, and to be struck from above with a hard reed. By this most holy shedding of Thy Blood, I pray Thee the grace of meekness against all anger and desire of revenge.

Our Father. Hail Mary.

O Savior of the world, who by Thy Cross and Precious Blood hast redeemed us: save us, and help us, we humbly beseech Thee, O Lord.

STATION V.
THE STRIPPING OF GARMENTS

O most sweet and abstemious of guests, Jesus Christ, true God and true Man, eternal praise and thanksgiving be to Thee, because Thou didst allow Thy garments to be torn from Thy bleeding Body, both before and after the carrying of Thy Cross, not without the most painful renewal and aggravation of thy Wounds, causing them to bleed afresh. By this most holy shedding of Thy Blood, I beseech of Thee the grace of sobriety and abstinence against all gluttony and surfeiting.

Our Father. Hail Mary.

O Savior of the world, who by Thy Cross and Precious Blood hast redeemed us: save us, and help us, we humbly beseech Thee, O Lord.

STATION VI.
THE CRUCIFIXION

O most good and faithful Samaritan, Jesus Christ, true God and true Man, eternal praise and thanksgiving be to Thee, because out of Thy burning love for us Thou didst offer for our redemption Thy most holy Hands and Feet, to be horribly dug into and fastened to the Wood of the Cross. By this most holy shedding of Thy Blood, I beg earnestly the grace of brotherly charity, against all envy and jealousy.

Our Father. Hail Mary.

O Savior of the world, who by Thy Cross and Precious Blood hast redeemed us: save us, and help us, we humbly beseech Thee, O Lord.

STATION VII.
THE PIERCING OF THE SACRED HEART

O most zealous High Priest, Jesus Christ, true God and true Man, eternal praise and thanksgiving be to Thee, because Thou didst suffer Thy sacred Side to be pierced, opened, and wounded with a spear. By this most sacred shedding of thy Blood, I earnestly ask of Thee the grace of holy fervor and zeal, against all slothfulness and torpor in Thy service, and in all exercises of piety.

Our Father. Hail Mary.

O Savior of the world, who by Thy Cross and Precious Blood hast redeemed us: save us, and help us, we humbly beseech Thee, O Lord.

CONCLUDING PRAYER

Ant. Accessístis ad Sion montem, et civitátem Dei vivéntis, Jerúsalem cæléstem, et Testaménti novi mediatórem Jesum, et Sánguinis aspersiónem mélius loquéntem quam Abel.

℣. Te ergo quæsumus, tuis fámulis súbveni.
℟. Quos Pretióso Sánguine redémisti.

Orémus: Omnípotens sempitérne Deus, qui unigénitum Fílium tuum mundi Redemptórem constituísti, ac ejus Sánguine placári voluísti: concéde, quæsumus, salútis nostræ prétium ita venerári, atque a præséntis vitæ malis ejus virtúte deféndi in terris; ut fructu perpétuo lætémur in cælis. Per eúndem Dóminum nostrum Jesum Christum Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. Amen.

Ant. Ye are come unto Mount Sion and unto the city of the living God, the heavenly Jerusalem, and to Jesus the Mediator of the New Covenant, and to the Blood of sprinkling That speaketh better things than that of Abel.

℣. We therefore pray Thee, help Thy servants.
℟. Whom Thou hast redeemed with Thy Precious Blood.

Let us pray: Almighty, and everlasting God, Who made Thine only-begotten Son the Redeemer of the world, and willed to be appeased by His Blood, grant us, we beseech Thee, so to worship the price of our salvation, and to be so protected by Its power against the evils of the present life on earth, that we may enjoy its everlasting fruit in heaven. Through the same Jesus Christ, Thy Son, Our Lord, Who liveth and reigneth with Thee in the unity of the Holy Ghost, God, world without end. Amen.

METHOD THE NINTH

BY WAY OF THE TWOFOLD ROSARY OF OUR LORD JESUS CHRIST

Which may be said in honor of the Seven Blood-sheddings of Jesus Christ. The first Rosary has seven decades. It is to be said thus:

1. *Begin with the Apostles' Creed.*
2. *At each decade say once the Lord's Prayer, and the following salutation ten times, with the variation only of the mystery of the Blood-shedding in each decade:*

Hail, most sweet Lord Jesus Christ, full of grace, there is mercy with Thee. Blessed be Thy most holy Life, Passion, and Death, and blessed be Thy Blood which Thou hast shed for us…
At each salutation, after shed for us, *add:*

The first decade: in Thy circumcision.
The second decade: in Thine agony.
The third decade: in Thy scourging.
The fourth decade: in Thy crowning with thorns.
The fifth decade: in the stripping of Thy garments.
The sixth decade: in Thy crucifixion.
The seventh decade: in the opening of Thy side.

3. *At the end of every decade, or last salutation, subjoin the following aspiration to the most blessed Virgin Mary:*

Holy Mary, Mother of sorrows, by the sword of sorrow which pierced thy soul, obtain for us the fruit of the Blood of Jesus Christ Thy Son, now and at the hour of our death. Amen.

Or the following paraphrase of St. Bonaventure:

Hail Mary, full of sorrows, the Crucified is with thee; tearful art thou amongst women, and tearful is the fruit of thy womb, Jesus. Holy Mary, Mother of the Crucified, give tears to us, crucifiers of thy Son, now and at the hour of our death. Amen.

The recital of this rosary may be seasoned with various pious affections, applications, and intentions. Each decade for instance, may be directed severally, either against the Seven Capital Sins, or to the imitation of the Seven Principal Virtues of Christ, as example following epithets which may be added to the beginning of each salutation in every decade:

The first decade: Hail, most humble Lord Jesus Christ…
The second decade: Hail, most meek Lord Jesus Christ…
The third decade: Hail, most patient Lord Jesus Christ...
The fourth decade: Hail, most obedient Lord Jesus Christ…
The fifth decade: Hail, most gracious Lord Jesus Christ…
The sixth decade: Hail, most loving Lord Jesus Christ…
The seventh decade: Hail, most bountiful Lord Jesus Christ…

This rosary may be said also for the Sevenfold Gifts of the Holy Ghost, or for the seven benefits contained in the Lord's Prayer. Also, since it is by the Blood of Christ that the Seven Sacraments have each their own efficacy, this rosary may be offered for obtaining the saving use of the Sacraments for each of their recipients. Thus:

The first decade: For the baptized.
The second decade: For the confirmed.
The third decade: For penitents.
The fourth decade: For communicants.
The fifth decade: For the ordained.
The sixth decade: For the married.
The seventh decade: For the dying.

4. The second Rosary, relating to Christ's most Sacred Wounds, has five decades, to be repeated as before: Hail, most sweet Lord Jesus Christ, full of grace, there is mercy with Thee. Blessed be Thy most holy Life, Passion, and Death, and blessed be Thy Blood which Thou hast shed for us…

To each salutation, again, after shed for us, *add:*

The first decade: From the wound in Thy right Foot.
The second decade: From the wound in Thy left Foot.
The third decade: From the wound in Thy right Hand.
The fourth decade: From the wound in Thy left Hand.

The fifth decade: From the wound in Thy Heart.

5. *At the end of each decade add an aspiration to the most holy Virgin, as previously:* Holy Mary, Mother of sorrows, by the sword of sorrow which pierced thy soul, obtain for us the fruit of the Blood of Jesus Christ Thy Son, now and at the hour of our death. Amen.

Or: Hail Mary, full of sorrows, the Crucified is with thee; tearful art thou amongst women, and tearful is the fruit of thy womb, Jesus. Holy Mary, Mother of the Crucified, give tears to us, crucifiers of thy Son, now and at the hour of our death. Amen.

Here, then, you have a method most easy and useful to man, and most pleasing to God, of commemorating daily the Passion of our Lord Jesus Christ, the Mysteries of which are thus readily recalled to the memory.

METHOD THE TENTH
BY WAY OF PRAYER AGAINST THE SEVEN CAPITAL SINS

"For a just man shall fall seven times and shall rise again: but the wicked shall fall down into evil."

- Prov. 24: 16

STATION I.
AGAINST PRIDE

Our Lord Jesus Christ humbled Himself, becoming obedient unto death, even to the death of the Cross (Phil. 2:8), and I, the vilest of worms, I who am but dust and ashes (Gen. 18:27), I, the greatest of sinners, who have merited hell a thousand times, and I have not feared to be puffed up? Have mercy upon me, O Lord; I acknowledge and detest mine abominable arrogance. I pray Thee cast me not off into the pit of Gehenna with the proud Lucifer and his rebel angels (Mt. 25:41), but turn a little towards me and deliver my soul: help me and save me for Thy mercies' sake (Ps. 6:5), and I will henceforth choose rather to be lowly in the house of my God, than to dwell in the tents of ungodliness (Ps. 83:11).

O Lord Jesus Christ, Pattern of humility, Who didst empty Thyself of Thy glory, and take upon Thee the form of a servant (Phil. 2:7): root out of us all pride and conceit of heart, that, owning ourselves miserable and guilty sinners, we may willingly bear contempt and reproaches for Thy sake, and, glorying in nothing but Thee, may esteem ourselves lowly in Thy sight. Not unto us, O Lord, but to Thy Name be the praise, for Thy loving mercy and for Thy truth's sake. Amen.

STATION II.
AGAINST COVETOUSNESS

What have I in Heaven, and for what have I desired upon earth besides Thee (Ps. 72:25), O God of my heart, Who art my portion in eternity (Ps. 72:26)? Here, the eye is not satisfied with seeing, nor the ear with hearing (Eccl. 1:8): but I shall be satisfied when Thy glory shall appear (Ps. 16:15). Alas, how I have hitherto so diligently served

Mammon (Lk. 16:13)! What shall it profit me if I shall gain the whole world and suffer the loss of mine own soul (Mt. 16:26)? The rich men of the earth have slept their sleep, and upon waking they whose hands were mighty have found nothing in them (Ps. 75:6). As for me, I will resolve to confess mine injustice to the Lord: I do hope that Thou forgive the wickedness of my sin (Ps. 31:5). What I have unjustly acquired I will restore: I will be more merciful to the poor: I will serve Thee more diligently for the future. Help me, O Lord, Who fillest my desire with good things (Ps 102:5).

O Lord Jesus Christ, Who though Thou wast rich yet for our sakes didst become poor (2 Cor. 8:9), grant that all over-eagerness and covetousness of earthly goods may die in us, and the desire of heavenly things may live and grow in us: keep us from all idle and vain expenditures, that we may always have to give to him that needeth, and that giving not grudgingly nor of necessity, but cheerfully, we may be loved of Thee, and be made through Thy merits partakers of the riches of Thy heavenly treasure. Amen.

STATION III.
AGAINST LUST

O Father, I have sinned against Heaven, and before Thee, I am not now worthy to be called Thy son (Lk. 15:21). What am I, wretch that I am, to do? For Thou hast said: My Spirit shall not remain in man for ever, because he is flesh (Gen. 6:3). O, have mercy upon me, have mercy upon me. If I am not even now crashing down into Gehenna with so many thousands of reprobates whom the abominable pestilence of lust causeth to fall each day, it is to Thine infinite goodness that I owe it. Shall I therefore abandon myself again to sin? Shall I therefore, in my love for base pleasures, O Lord Jesus, tread again under foot Thy most Precious Blood, which Thou hast shed to extinguish mine impure desires and to wash away my shameful actions (Heb. 10:29)? Forbid this, O Jesus, do Thou forbid it. I pray Thee, O Son of the most chase Virgin Mary, deliver me from the spirit of fornication. Wash me yet more from mine iniquity, and cleanse me from my sin (Ps. 50:4). Cast me not away from Thy Face, and take not Thy Holy Spirit from me (Ps. 50:13).

O Lord Jesus Christ, Guardian of chaste souls, and lover of purity, Who wast pleased to take our nature and to be born of an Immaculate Virgin: mercifully look upon mine infirmity. Create in me a clean heart, O God: and renew a right spirit within me (Ps. 50:12); help me to drive away all evil thoughts, to conquer every sinful desire, and so pierce my flesh with the fear of Thee that, this worst enemy being overcome, I may serve Thee with a chaste body and please Thee with a pure heart. Amen.

STATION IV.
AGAINST ANGER

Man to man reserveth anger, and doth he seek remedy of God? He hath no mercy on a man like himself, and doth he entreat for his own sins? He that is but flesh, nourisheth anger, and doth he ask forgiveness of God, who shall obtain pardon for his sins (Eccl. 28:3-5)? It is by these words, O Lord God, that Thou hast warned me, through Thy servant Sirach, and yet, despite this warning, I have nourished anger and hatred in my heart against my neighbor? Spare me, O God, forgive my malice and mine obstinacy in which I have so long persevered. From my heart I pardon and remit whatsoever sins others have committed against me. Rebuke me not, I humbly beseech Thee, O Lord, in Thine indignation, neither chasten me in Thy wrath (Ps. 6, 2). Yea, let me be now as a deaf man that heareth not outrages, and as one that is dumb that openeth his mouth neither to respond nor to offend (Ps. 37:14), when mine enemies rise up against me, and excite me to vengeance who seek my soul. Forsake me not, O Lord my God, neither cast me afar off, for Thou art my strength and my patience (Ps 70:5).

O most meek Jesus, Prince of Peace (Is. 9:6), Who, when Thou wast reviled, reviled not, and on the Cross didst pray for Thy murderers (Lk. 23:34): implant in our hearts the virtues of gentleness and patience, that, restraining the fierceness of anger, impatience, and resentment, we may overcome evil with good, for Thy sake love our enemies, and as children of our Heavenly Father, seek Thy peace and evermore rejoice in Thy love. Amen.

STATION V.
AGAINST GLUTTONY

Woe is me that I have forsaken Thee, O Lord God, the Fountain of Living Waters, and have hewed out of myself cisterns, broken cisterns, which can hold no water (Jer 2:13). In truth I have forgotten to eat my Bread, even the Bread of Life, which containeth in itself all manner of sweetness and delight (Wis. 16:20), and have filled my belly with the husks of swine (Lk. 15:16). Whilst the food was yet in the mouths of the children of Israel, the wrath of God came upon them; and I have been so often spared, who have defiled Thine image, O God, by intemperance in meat and drink, and have made myself like unto brute beasts. Grant me hereafter to eat ashes as it were bread, and to mingle my drink with weeping (Ps. 101:10). Grant me, O Lord, that my meat may be henceforth to do Thy Will (Jn. 4:34), Who givest us to drink of Thy pleasures as out of a torrent (Ps 35:9).

O Lord Jesus Christ, Mirror of abstinence, Who, to teach us the virtue of abstinence, didst fast forty days and forty nights (Lk. 4:2), grant that, serving Thee and not our own appetites, we may live soberly and piously with contentment, without greediness, gluttony, or drunkenness, that Thy Will being our meat and drink, we may hunger and thirst after justice (Mt. 5:6), and finally obtain from Thee that food which endureth unto life eternal (Jn. 6:59). Amen.

STATION VI.
AGAINST ENVY

O my God, Thou hast so loved the world that Thou gavest Thine only begotten Son, to the end that all that believe in Thee should not perish, but have everlasting life (Jn 3:16). Thou, O God, makest Thy sun to rise upon the evil and the good, and rainest upon the just and the unjust (Mt 5:45); and I am consumed with envy because it is well with others? I, who would that all should happen to me according to my wish, am troubled at the prosperity of my neighbor? O, inhuman malice! O, infernal poison! Pardon, O most merciful Father, whatsoever sins I have hitherto committed in this respect, for kind is Thy mercy (Ps. 68:17). Grant that I may from this moment put on, as the elect of God, bowels of mercy, benignity, humility, (Col. 3:12) and above all things, charity, which is the bond of perfection (Col. 3:14).

O most loving Jesus, Pattern of charity, who makest all the Commandments of the Law to consist in love towards God and towards man (Mt. 22:40), grant to us so to love Thee with all our heart, with all our mind, and all our soul, and our neighbor for Thy sake, that the grace of charity and brotherly love may dwell in us, and all envy, harshness, and ill-will may die in us; and fill our hearts with feelings of love, kindness, and compassion, so that by constantly rejoicing in the happiness and success of others, by sympathizing with them in their sorrows, and putting away all harsh judgments and envious thoughts, we may follow Thee, who art Thyself the true and perfect love. Amen.

STATION VII.
AGAINST SLOTH

When shall I begin, O my God, to love and praise Thee with all my heart, all my soul, all my mind, and all my strength (Lk 10:27), Who hast loved us with an everlasting love, and espoused us to Thyself for eternity (Jer. 31:3)? My soul, alas, hath returned such benefits by sleeping through weariness. Woe is me, that I have hitherto been lukewarm in Thy service, so that I may well fear lest Thou shouldst vomit me out of Thy mouth (Apoc. 3:16). Spare me, O God; enter not into judgment with Thy servant, for in Thy sight shall no man living be justified (Ps. 142:2). I stretch forth my hands unto Thee; my soul is as a thirsty land (Ps. 142:6). Hear me speedily, O Lord, for my spirit waxeth faint (Ps. 142:7); let Thy loving Spirit lead me forth into the land of righteousness (Ps. 142:10), and do thou make me to live, for Thy Name's sake (Ps. 142:11).

O Lord Jesus Christ, eternal Love, who in the Garden didst pray so long and so fervently that Thy Sweat was as it were great drops of Blood falling down to the ground (Lk. 22:43): put away from us, we beseech Thee, all sloth and inactivity both of body and mind; kindle within us the fire of Thy love; strengthen our weakness, that whatsoever our hand is able to do we may do it earnestly, and that, striving heartily to please Thee in this life, we may have Thee hereafter as our reward exceeding great. Amen.

METHOD THE ELEVENTH
BY WAY OF RECITING THE SEVEN PENITENTIAL PSALMS

"Seven times a day I have given praise to Thee, for the judgments of Thy justice."
- Ps. 118: 164

PREPARATORY PRAYER
Jean de Charlier de Gerson

Grant me, O Lord, so fitly and devoutly to say, not with voice alone, but with penitent heart, these Psalms which Thy Church calls Penitential, and appoints to be sung unto Thee by penitents, that through the saddening of wholesome penitence, I may attain the joy of spiritual gladness, so that after wholesome penitence I may rejoicingly say in spiritual gladness: *Let Thy good Spirit lead me forth into the right land. (Ps. 142, 10)*

Grant me, O Lord, that this sevenfold group of Penitential Psalms may be a remedy against the sevenfold group of Deadly Sins, and help me to the sevenfold group of the Principal Virtues, and the sevenfold group of Spiritual Gifts, to the sevenfold Beatitudes, and to the seven petitions contained in the Lord's Prayer.

Grant me, O Lord, in meditating on these Psalms, fear of punishment, sorrow for sin, hope of pardon, love of purity in heart, longing for the Heavenly Country, distrust of mine own strength, and joy of spiritual gladness.

Vouchsafe in Thy mercy that I may go up by the seven steps of the ladder of penitence to the life of the Heavenly Country, that I may be led thither at the last, and happily ascend, and dwell there, and reign with Thee for evermore. Amen.

Anthem. Remember not, O Lord, our offences, nor those of our parents, and take not revenge on our sins.

STATION I.

Psalm VI. Domine ne in furore.

(Said against the sin of Pride)

O Lord, rebuke me not in Thine indignation, nor chastise me in Thy wrath.

Have mercy on me, O Lord, for I am weak: heal me, O Lord, for my bones are troubled.

And my soul is troubled exceedingly: but Thou, O Lord, how long?

Turn to me, O Lord, and deliver my soul, O save me for Thy mercy's sake.

For there is no one in death that is mindful of Thee, and who shall confess to Thee in hell?

I have labored in my groanings; every night I will wash my bed, I will water my couch with my tears.

Mine eye is troubled through indignation: I have grown old among all mine enemies.

Depart from me, all ye workers of iniquity: for the Lord hath heard the voice of my weeping.

The Lord hath heard my supplication: the Lord hath received my prayer.

Let all mine enemies be ashamed, and be very much troubled: let them be turned back and be ashamed very speedily.

Glory be to the Father, and to the Son, and to the Holy Ghost.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

STATION II.

Psalm XXXI. Beati quorum.

(Said against the sin of Avarice)

Blessed are they whose iniquities are forgiven, and whose sins are covered.

Blessed is the man, to whom the Lord hath not imputed sin, and in whose spirit there is no guile.

Because I was silent, my bones grew old; whilst I cried out all the day long.

For day and night Thy hand was heavy upon me: I am turned in mine anguish, whilst the thorn is fastened.

I have acknowledged my sin to Thee; and mine injustice I have not concealed.

I said, I will confess against myself mine injustice to the Lord; and Thou hast forgiven the wickedness of my sin.

For this shall every one that is holy pray to Thee, in a seasonable time.

And yet in a flood of many waters they shall not come nigh unto Him.

Thou art my refuge from the trouble which hath encompassed me: my Joy, deliver me from them that surround me.

I will give thee understanding, and I will instruct thee in the way in which thou shalt go: I will fix Mine eyes upon thee.

Do not become like the horse and the mule which have no understanding.

With bit and bridle bind fast their jaws, who come not near unto Thee.

Many are the scourges of the sinner, but mercy shall encompass him that hopeth in the Lord.

Be glad in the Lord, and rejoice, ye just, and glory all ye right of heart.

Glory be to the Father, and to the Son, and to the Holy Ghost.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

STATION III.

Psalm XXXVII. Domine ne in furore.

(Said against the sin of Anger)

Rebuke me not, O Lord, in Thine indignation, nor chastise me in Thy wrath.

For Thine arrows are fastened in me, and Thy hand hath been strong upon me.

There is no health in my flesh, because of Thy wrath, there is no peace for my bones, because of my sins.

For mine iniquities are gone over my head; and as a heavy burden are become heavy upon me.

My sores are putrefied and corrupted, because of my foolishness.

I am become miserable, and am bowed down even to the end: I walked sorrowful all the day.

For my loins are filled with illusions; and there is no health in my flesh.

I am afflicted and humbled exceedingly; I roared with the groaning of my heart.

Lord, all my desire is before Thee; and my groaning is not hid from Thee.

My heart is troubled, my strength has left me; and the light of mine eyes itself is not with me.

My friends and my neighbors have drawn near, and stood against me.

And they that were near me, stood afar off; and they that sought my soul, used violence.

And they that sought evils to me, spoke vain things: and studied deceits all the day.

But I, as a deaf man, heard not; and was as a dumb man, not opening his mouth.

And I became as a man that heareth not; and that hath no reproofs in his mouth.

For in Thee, O Lord, have I hoped; Thou wilt hear me, O Lord my God.

For I have said, let not at any time mine enemies rejoice over me: and whilst my feet are moved, they speak great things against me.

For I am ready for scourges; and my sorrow is continually before me.

For I will declare my iniquity; and I will think for my sin.

But my enemies live, and are grown stronger than I, and they that hate me wrongfully are multiplied.

They that render evil for good have detracted me because I followed goodness.

Forsake me not, O Lord, my God; do not Thou depart from me.

Attend unto my help, O Lord, the God of my salvation.

Glory be to the Father, and to the Son, and to the Holy Ghost.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

STATION IV.

Psalm L. Miserere.

(Said against the sin of Lust)

Have mercy on me, O God, according to Thy great mercy.

And according to the multitude of Thy tender mercies, blot out mine iniquity.

Wash me yet more from mine iniquity, and cleanse me from my sin.

Because I know mine iniquity, and my sin is always before me.

To Thee only have I sinned and have done evil before Thee, that Thou mayest be justified in Thy words, and mayest overcome when Thou art judged.

For behold, I was conceived in iniquities, and in sins did my mother conceive me.

For behold Thou hast loved truth; the uncertain and hidden things of Thy wisdom Thou hast made manifest to me.

Thou shalt sprinkle me with hyssop, and I shall be cleansed, Thou shalt wash me, and I shall be made whiter than snow.

To my hearing Thou shalt give joy and gladness, and the bones that have been humbled shall rejoice.

Turn away Thy Face from my sins, and blot out all mine iniquities.

Create a clean heart in me, O God; and renew a right spirit within my bowels.

Cast me not away from Thy Face; and take not Thy Holy Spirit from me.

Restore unto me the joy of Thy salvation, and strengthen me with a perfect spirit.

I will teach the unjust Thy ways; and the wicked shall be converted to Thee.

Deliver me from blood, O God, Thou God of my salvation, and my tongue shall extol Thy justice.

O Lord, Thou wilt open my lips; and my mouth shall declare Thy praise.

For if Thou hadst desired sacrifice, I would indeed have given it; with burnt-offerings Thou wilt not be delighted.

A sacrifice to God is an afflicted spirit; a contrite and humble heart, O God, Thou wilt not despise.

Deal favorably, O Lord, in Thy good will, with Sion, that the walls of Jerusalem may be built up.

Then shalt Thou accept the sacrifice of justice, oblations, and whole burnt-offerings; then shall they lay calves upon Thine altar.

Glory be to the Father, and to the Son, and to the Holy Ghost.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

STATION V.

Psalm CI. Domine exaudi.

(Said against the sin of Gluttony)

Hear, O Lord, my prayer, and let my cry come to Thee.

Turn not away Thy Face from me; in the day when I am in trouble, incline Thine ear to me.

In what day soever I shall call upon Thee, hear me speedily.

For my days are vanished like smoke; and my bones are grown dry like fuel for the fire.

I am smitten as grass, and my heart is withered, because I forgot to eat my bread.

Through the voice of my groaning, my bone hath cleaved to my flesh.

I am become like a pelican of the wilderness; I am like a night-raven in the house.

I have watched, and am become as a sparrow all alone on the housetop.

All the day long mine enemies reproached me, and they that praised me did swear against me.

For I did eat ashes like bread, and mingled my drink with weeping.

Because of Thine anger and indignation, for having lifted me up Thou hast thrown me down.

My days have declined like a shadow, and I am withered like grass.

But Thou, O Lord, endurest forever; and Thy memorial to all generations.

Thou shalt arise and have mercy on Sion; for it is time to have mercy on it, for the time is come.

For the stones thereof have pleased Thy servants, and they shall have pity on the earth thereof.

And the Gentiles shall fear Thy Name, O Lord, and all the kings of the earth Thy glory.

For the Lord hath built up Sion; and He shall be seen in His glory.

He hath regard to the prayer of the humble; and He hath not despised their petition.

Let these things be written unto another generation; and the people that shall be created shall praise the Lord.

Because He hath looked forth from His high sanctuary; from heaven the Lord hath looked upon the earth.

That He might hear the groans of them that are in fetters; that He might release the children of the slain.

That they may declare the Name of the Lord in Sion and His praise in Jerusalem.

When the people assemble together, and kings to serve the Lord.

He answered him in the way of his strength; declare unto me the fewness of my days.

Call me not away in the midst of my days: Thy years are unto generation and generation.

In the beginning, O Lord, Thou didst found the earth; and the heavens are the works of Thy hands.

They shall perish but Thou remainest; and all of them shall grow old like a garment.

And as a vesture Thou shalt change them, and they shall be changed: but Thou art always

the selfsame, and Thy years shall not fail.

The children of Thy servants shall continue, and their seed shall be directed forever.

Glory be to the Father, and to the Son, and to the Holy Ghost.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

STATION VI.

Psalm CXXIX. De profundis.

(Said against the sin of Envy)

From the depths I have cried to Thee, O Lord; Lord, hear my voice.

Let Thine ears be attentive to the voice of my supplication.

If Thou shalt observe iniquities, O Lord; Lord, who shall endure it?

Because with Thee there is propitiation: and by reason of Thy law I have expected Thee, O Lord.

My soul hath relied on His word; my soul hath hoped in the Lord.

From the morning watch even until night, let Israel hope in the Lord.

Because with the Lord there is mercy, and with Him is plentiful redemption.

And He shall redeem Israel from all his iniquities.

Glory be to the Father, and to the Son, and to the Holy Ghost.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

STATION VII.

Psalm CXLII. Domine exaudi.

(Said against the sin of Sloth)

Hear, O Lord, my prayer; give ear to my supplication in Thy truth; hear me in Thy justice.

And enter not into judgment with Thy servant; for in Thy sight shall no man living be justified.

For the enemy hath persecuted my soul, he hath brought down my life to the earth.

He hath made me to dwell in darkness, as those that have been dead of old; and my spirit is in

anguish with me, my heart within me is troubled.

I remembered the days of old, I meditated on all Thy works; I mused upon the works of Thy hands.

I stretched forth my hands to Thee; my soul is as earth without water unto Thee.

Hear me speedily, O Lord; my spirit hath fainted away.

Turn not away Thy Face from me, lest I be like them that go down into the pit.

Cause me to hear Thy mercy in the morning, for in Thee have 1 hoped.

Make the way known to me wherein I should walk; for I have lifted up my soul to Thee.

Deliver me from mine enemies, O Lord: to Thee have I fled; teach me to do Thy Will, for Thou art my God.

Thy good Spirit shall lead me into the right land: for Thy Name's sake, O Lord, Thou wilt quicken me in Thy justice.

Thou wilt bring my soul out of trouble; and in Thy mercy Thou wilt destroy mine enemies.

And Thou wilt cut off all them that afflict my soul; for I am Thy servant.

Glory be to the Father, and to the Son, and to the Holy Ghost.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

Anthem. Remember not, O Lord, our offences, nor those of our parents; and take not revenge of our sins.

METHOD THE TWELFTH
BY WAY OF ASKING FOR THE SEVENFOLD GIFTS OF THE HOLY GHOST

"And there shall come forth a Rod out of the root of Jesse, and a Flower shall rise up out of his root. And the Spirit of the Lord shall rest upon Him: the Spirit of wisdom, and of understanding, the Spirit of counsel, and of fortitude, the Spirit of knowledge, and of godliness. And He shall be filled with the Spirit of the fear of the Lord."

- Is. 11: 1-2

"Wisdom hath built Herself a house, She hath hewn her out seven pillars."

- Prov. 9: 1

PREPARATORY PRAYER

Ant. Veni, Sancte Spíritus, reple tuórum corda fidélium, et tui amóris in eis ignem accénde.

℣. Emítte Spíritum túum et creabúntur.
℟. Et renovábis fáciem terræ.

Orémus: Omnípotens, sempitérne Deus, qui regeneráre dignátus es fámulos tuos ex aqua et Spíritu Sancto, quique dedísti eis remissiónem ómnium peccatórum; emítte in eos septifórmem Spíritum tuum, sanctum Paráclitum, de cælis: Spíritum sapiéntiæ et intelléctus; Spíritum consílii et fortitúdinis; Spíritum sciéntiæ et pietátis; adímple eos Spíritu timóris tui, et consígna eos signo Crucis Christi, in vitam propitiátus ætérnam. Per eúmdem Dóminum nostrum Jesum Christum qui tecum vivit et

Ant. Come, Holy Ghost, fill the hearts of Thy faithful and kindle in them the fire of Thy love.

℣. Send forth Thy Spirit and they shall be created.
℟. And Thou shalt renew the face of the earth.

Let us pray: Almighty, everlasting God, who hast vouchsafed to regenerate Thy servants by water and the Holy Ghost, and hast given unto them the remission of all their sins, send forth upon them Thy Sevenfold Spirit, the Holy Paraclete, from Heaven: the Spirit of wisdom and of understanding; the Spirit of counsel and of fortitude; the Spirit of knowledge and of godliness; replenish them with the Spirit of Thy fear, and sign them with the sign of the Cross of Christ, in Thy mercy, unto life

regnat in unitáte ejúsdem Spíritus Sancti Deus, per ómnia saécula saeculórum. Amen.

eternal. Through the same Thy Son Jesus Christ our Lord, who liveth and reigneth with Thee in the unity of the same Holy Ghost, God, world without end. Amen.

PRAYER TO OBTAIN THE SEVEN GIFTS OF THE HOLY GHOST.

O almighty and eternal God, Thou hast vouchsafed to adopt me for Thy child in the holy sacrament of Baptism; Thou hast granted me the remission of my sins at the tribunal of Penance; Thou hast made me to sit at Thy Holy Table, and hast fed me with the Bread of Angels; perfect in me, I beseech Thee, all these benefits: Grant unto me the spirit of *Wisdom*, that I may despise the perishable things of this world, and love the things that are eternal; the spirit of *Understanding*, to enlighten me and to give me the knowledge of Religion; the spirit of *Counsel*, that I may diligently seek the surest ways of pleasing God and obtaining Heaven; the spirit of *Fortitude*, that I may overcome with courage all the obstacles that oppose my salvation; the spirit of *Knowledge*, that I may be enlightened in the ways of God; the spirit of *Piety*, that I may find the service of God both sweet and amiable; the spirit of *Fear*, that I may be filled with a loving reverence towards God, and may dread in any way to displease Him.

Seal me, in Thy mercy, with the seal of a disciple of Jesus Christ, unto everlasting life; and grant that, carrying the cross upon my forehead, I may carry it also in my heart, and confessing Thee boldly before men, may merit to be one day reckoned in the number of Thine elect. Amen.

STATION I.
FOR THE SPIRIT OF WISDOM.

Come, O Blessed *Spirit of Wisdom*, and reveal to my soul the mysteries of Heavenly things, their exceeding greatness, and power, and beauty. Teach me to love them above and beyond all the passing joys and satisfactions of earth. Show me the way by which I may be

able to attain to them, and possess them, and hold them hereafter, mine own forever. Amen.

STATION II.

FOR THE SPIRIT OF UNDERSTANDING.

Come, O Blessed *Spirit of Understanding*, enlighten my mind, that I may perceive and embrace all the mysteries of the deep things of God; that in the end I may be found worthy in Thy light clearly to see the Eternal Light, and may come unto a perfect knowledge of Thee, and of the Father, and of the Son. Amen.

STATION III.

FOR THE SPIRIT OF COUNSEL.

Come, O Blessed *Spirit of Counsel*, help and guide me in all my ways, that I may always do Thy Holy Will. Incline my heart to that which is good, turn it away from all that is evil, and direct me by the straight path of Thy Commandments to that goal of eternal life for which I long. Amen.

STATION IV.

FOR THE SPIRIT OF FORTITUDE.

Come, O Blessed *Spirit of Fortitude*, uphold my soul in every time of trouble or adversity. Sustain all mine efforts after holiness; strengthen my weakness, give me courage against all the assaults of mine enemies, that I may never be overcome, and separated from Thee, my God, my chiefest Good. Amen.

STATION V.

FOR THE SPIRIT OF KNOWLEDGE.

Come, O Blessed *Spirit of Knowledge*, grant that I may perceive and know the Will of the Father; show me the nothingness of earthly things, that I know their vanity, and use them only for Thy glory, and mine own salvation, looking ever beyond them to Thee, and Thine eternal great rewards. Amen.

STATION VI.

FOR THE SPIRIT OF PIETY.

Come, O Blessed *Spirit of Piety*, possess my heart, incline it to a true faith in Thee, to a Holy love of Thee my God, that with my whole soul I may seek Thee, and find Thee my best, my truest joy. Amen.

STATION VII.

FOR THE SPIRIT OF THE FEAR OF THE LORD.

Come, O Blessed *Spirit of Holy Fear*, penetrate mine inmost heart, that I may set Thee, my Lord and God, before my face for ever; and shun all things that can offend Thee, so that I may be made worthy to appear before the pure eyes of Thy Divine Majesty in the Heaven of Heavens, where Thou livest and reignest in the Unity of the Ever-Blessed Trinity, God, world without end. Amen.

CONCLUDING PRAYER

Ant. O quam suávis est, Dómine, Spíritus tuus, qui, ut dulcédinem tuam in fílios demonstráres, Pane suavíssimo de cælo præstito, esuriéntes reples bonis, fastidiósos dívites dimíttens inánes.

℣. Panem de cælo præstitísti eis,

℟. Omne delectaméntum in se habéntem.

Orémus: Spíritum nobis, Dómine, tuæ Caritátis infúnde: ut, quos sacraméntis paschálibus satiásti, tua fácias pietáte

Ant. O, how sweet, O Lord, is Thy Spirit, Who, that Thou mightest show Thy sweetness towards Thy children, by most Sweet Bread sent from Heaven, fillest the hungry with good things, sending the rich away empty.

℣. Thou didst send them Bread from heaven,

℟. Able to content every man's delight.

Let us pray: Pour forth upon us, O Lord, the Spirit of Thy Love, that, by Thy loving kindness, Thou mayest make to be of one

concordes. Per Dóminum nostrum Jesum Christum, Fílium tuum: qui tecum vivit et regnat in unitáte ejúsdem Spíritus Sancti Deus, per ómnia sæcula sæculórum. Amen.

mind those whom Thou hast satisfied with the Paschal Sacraments. Through Jesus Christ, Thy Son our Lord, Who liveth and reigneth with Thee, in the unity of the same Holy Ghost, God, world without end. Amen.

METHOD THE THIRTEENTH
BY WAY OF HONORING THE SEVEN SORROWS OF OUR LADY
(Via Matris)

"To what shall I compare thee? or to what shall I liken thee, O Daughter of Jerusalem? To what shall I equal thee, that I may comfort thee, O Virgin Daughter of Sion? For great as the sea is thy destruction: who shall heal thee?"

– Lam. 2:13

"But she said to them: Call me not Noemi, that is, beautiful, but call me Mara, that is, bitter, for the Almighty hath quite filled me with bitterness."

– Ruth 1:20

"I am black but beautiful, O ye daughters of Jerusalem. Do not consider me that I am brown, because the Sun hath altered my color."

– Cant. 1:4-5

℣. Dómine, lábia ✠ mea apéries.

℟. Et os meum annuntiábit laudem tuam.

℣. Deus ✠ in adjutórium meum inténde.

℟. Dómine, ad adjuvándum me festína.

℣. Glória Patri, et Fílio, et Spirítui Sancto.

℟. Sicut erat in princípio, et nunc, et semper, et in sæcula sæculórum. Amen.

℣. Thou, O Lord, shalt open ✠ my lips.

℟. And my mouth shall declare Thy praise.

℣. O God ✠, make speed to save me.

℟. O Lord, make haste to help me.

℣. Glory be to the Father, and to the Son, and to the Holy Ghost.

℟. As it was in the beginning, is now, and ever shall be, world without end. Amen.

STATION I.
THE PROPHECY OF SIMEON

O most afflicted Virgin! I commemorate the sorrow which filled thy Heart when, on presenting thy Divine Son in the Temple, Holy Simeon foretold that a sword should pierce thy soul, thereby announcing the share thou shouldst have in the sufferings of thy dear Son. I most devoutly compassionate thy grief on this occasion, and beseech thee, O glorious Queen of Martyrs, to obtain for me, through

the sufferings of Jesus Christ, which were the great cause of all thy dolors, a sincere and lively horror of sin, an ardent love of God, a tender and practical devotion towards thee, and a happy death under thy special protection.

One Our Father, Seven Hail Mary's

STATION II.
THE FLIGHT INTO EGYPT

O most holy and afflicted Virgin! I commemorate the sorrow which filled thy maternal Heart when thou didst see thy divine Infant persecuted by his own creatures, and wert obliged to flee into Egypt, to save Him from the fury of Herod. I most devoutly compassionate thy grief on that occaision, and beseech thee, O glorious Queen of Martyrs, to obtain for me, through the sufferings of Jesus Christ, which were the great cause of all thy dolors, a sincere and lively horror of sin, an ardent love of God, a tender and practical devotion towards thee, and a happy death under thy special protection.

One Our Father, Seven Hail Mary's

STATION III.
THE LOSS OF THE CHILD JESUS FOR THREE DAYS

O most holy and afflicted Virgin! I commemorate the sorrow which filled thy maternal Heart when thou wert separated from thy divine Son, who remained for three days absent from thee after thy journey to Jerusalem. I most devoutly compassionate thy grief on that occaision, and beseech thee, O glorious Queen of Martyrs, to obtain for me, through the sufferings of Jesus Christ, which were the great cause of all thy dolors, a sincere and lively horror of sin, an ardent love of God, a tender and practical devotion towards thee, and a happy death under thy special protection.

One Our Father, Seven Hail Mary's

STATION IV.
THE MEETING WITH JESUS ON THE WAY OF THE CROSS

O most holy and afflicted Virgin! I commemorate the sorrow which filled thy maternal Heart when thou didst follow thy dear Son to Mount Calvary, and beheld Him sinking under the weight of the

Cross and of our sins. I most devoutly compassionate thy grief on that occasion, and beseech thee, O glorious Queen of Martyrs, to obtain for me, through the sufferings of Jesus Christ, which were the great cause of all thy dolors, a sincere and lively horror of sin, an ardent love of God, a tender and practical devotion towards thee, and a happy death under thy special protection.

One Our Father, Seven Hail Mary's

STATION V.
THE VIEW OF THE SUFFERINGS OF JESUS ON THE CROSS

O most holy and afflicted Virgin! I commemorate the sorrow which filled thy maternal Heart when thou didst stand by the Cross of Jesus, and didst witness all His torments, and see Him at length expire for the sins of the world. I devoutly compassionate thy grief on that occasion, O glorious Queen of Martyrs, and beseech thee to obtain for me, through the sufferings of Jesus Christ, which were the great cause of all thy dolors, a sincere and lively horror of sin, an ardent love of God, a tender and practical devotion towards thee, and a happy death under thy special protection.

One Our Father, Seven Hail Mary's

STATION VI.
THE PLACING OF THE BODY OF JESUS INTO THE ARMS OF MARY

O most holy and afflicted Virgin! I commemorate the sorrow which filled thy maternal Heart when the adorable Body of thy divine Son was taken down from the Cross, and laid in thine arms. I most devoutly compassionate thy grief on that occasion, and beseech thee, O glorious Queen of Martyrs, to obtain for me, through the sufferings of Jesus Christ, which were the great cause of all thy dolors, a sincere and lively horror of sin, an ardent love of God, a tender and practical devotion towards thee, and a happy death under thy special protection.

One Our Father, Seven Hail Mary's

STATION VII.
THE BURIAL OF JESUS

O most holy and afflicted Virgin! I commemorate the sorrow which filled thy maternal Heart when the sacred Body of Jesus was taken from thine arms, and laid in the sepulcher. I most devoutly compassionate thy grief on that occasion, and beseech thee, O glorious Queen of Martyrs, to obtain for me, through the sufferings of Jesus Christ, which were the great cause of all thy dolors, a sincere and lively horror of sin, an ardent love of God, a tender and practical devotion towards thee, and a happy death under thy special protection.

One Our Father, Seven Hail Mary's

PRAYER TO OBTAIN THE BLESSING OF OUR LADY

Come, O my soul, prostrate thyself at the feet of Mary, thy Mother, and depart not till she hath blessed thee! O blessed of God, and enriched with all blessings, in thy mercy and kindness, bless mine afflicted soul, and obtain for me, from thy beloved Son, abundant grace; that I may so faithfully serve both Him and thee in this world, so that I may be made partaker of eternal glory in the world to come. Amen.

OBLATION OF THE MERITS OF OUR LADY OF SORROWS

Tibi offérimus, Dómine Jesu Christe, mérita, Maríæ, Matris tuæ et nostræ, stantis juxta Crucem, ut, suo piísimo intervéntu, Passiónis ac Mortis tuæ efféctum felícem consequámur.	O Lord Jesus Christ, we offer Thee the merits of Mary, Thy Mother and ours, standing beneath the Cross, that, through her dutiful assistance, we may happily attain the effects of Thy Passion and Death.

CONCLUDING PRAYER

Ant. Veníte, ascendámus ad montem Dómini, et vidéte, si est dolor, sicut dolor meus.	*Ant.* Come ye, and let us go up to the mountain of the Lord, and see if there be any sorrow like unto my sorrow.

℣. Regína Mártyrum, ora pro nobis.
℟. Quæ iuxta crucem Jesu constitísti.

Orémus: Intervéniat pro nobis, quæsumus, Dómine Jesu Christe, nunc et in hora mortis nostræ, apud tuam cleméntiam beáta Virgo María Mater tua, cujus sacratíssimam ánimam, in hora tuæ Passiónis dolóris gládius pertransívit. Per te, Jesu Christe, Salvátor mundi, qui cum Patre et Spíritu Sancto vivis et regnas in sæcula sæculórum. Amen.

℣. Pray for us, O Queen of Martyrs.
℟. Who didst stand by the Cross of Jesus.

Let us pray: O Lord Jesus Christ, we beseech Thee in Thy mercy, that the Blessed Virgin Mary, Thy Mother, whose most holy soul was pierced through by the sword of grief in the hour of Thy Passion, may intercede for us now, and in the hour of our death. Through Thee, O Christ Jesus, Redeemer of the world, Who with the Father and the Holy Ghost livest and reignest for ever and ever. Amen.

METHOD THE FOURTEENTH

BY WAY OF SUPPLICATION FOR THE POOR SOULS IN PURGATORY THROUGH THE BITTER PASSION OF CHRIST

STATION I.

BY VIRTUE OF OUR LORD'S AGONY IN THE GARDEN

May be said for that soul which is most destitute spiritual aid or forgotten by time or neglect.

O Jesus, our defense and health, Who for our sakes didst endure so great agonies in the Garden, that Thy sweat became as drops of Blood, trickling down upon the ground; through this Thy most Precious Blood, I humbly beseech Thee, have mercy on the Holy Souls in Purgatory, especially [*N.*, *or* that soul among them all which is most destitute of spiritual aid]. Deliver them from all their torments, and wipe away all tears from their eyes. (Apoc. vii. 17)

Pater Noster, Ave Maria, De profundis.

O Lord Jesus, Who, in the plenitude of Thy mercy, hast redeemed us by Thy Precious Blood, grant to the souls of Thy servants eternal rest. Amen.

STATION II.

BY VIRTUE OF OUR LORD BOUND AS A CRIMINAL

May be said for that soul nearest to entering into Heaven.

O Jesus, our Redeemer and Savior, Who wast taken captive for our sins; through these Thy most cruel bonds, I humbly beseech Thee, have mercy on the Holy Souls in Purgatory, especially [*N.*, *or,* or that soul among them all which is nearest to its entrance into Thy glory]. Loose all the bonds of their sins, wherewith human frailty hath entangled them in this life, that with joy they may sacrifice to Thee the sacrifice of praise. (Ps. cxv. 17)

Pater Noster, Ave Maria, De profundis.

O Lord Jesus, Who, in the plenitude of Thy mercy, hast redeemed us by Thy Precious Blood, grant to the souls of Thy servants eternal rest. Amen.

STATION III.
BY VIRTUE OF THE OUTRAGES TO THE HOLY FACE OF OUR LORD

May be said for that soul which was to be delivered last.

O Jesus, joy of my heart, Who didst permit Thy blessed Countenance, on which Angels desire to look, to be blindfolded, spit upon, and struck with blows; through this Thine incomprehensible patience, I humbly beseech Thee, have mercy on the Holy souls in Purgatory, especially [*N.*, *or* that soul among them all which would be the last to depart out of those pains.] Admit them into the brightness of Thy light, and fill them with joy with Thy countenance. (Ps. xv. 11.)

Pater Noster, Ave Maria, De profundis.

O Lord Jesus, Who, in the plenitude of Thy mercy, hast redeemed us by Thy Precious Blood, grant to the souls of Thy servants eternal rest. Amen.

STATION IV.
BY VIRTUE OF OUR LORD'S SCOURGING AND CROWNING WITH THORNS

May be said for that soul for which one is most bound to pray.

O Jesus, Crown of our glory, Who for our pride wast lacerated with scourges, and ignominiously crowned with cruel thorns; through this Thine extreme humility, I humbly beseech Thee, have mercy on the Holy Souls in Purgatory, especially [*N.*, *or* that soul among them all for which I am most bound to pray]. Vouchsafe to grant that they may speedily obtain the crown of eternal glory; for Thou art He that crowneth us with mercy and compassion. (Ps. cii. 4.)

Pater Noster, Ave Maria, De profundis.

O Lord Jesus, Who, in the plenitude of Thy mercy, hast redeemed us by Thy Precious Blood, grant to the souls of Thy servants eternal rest. Amen.

STATION V.
BY VIRTUE OF OUR LORD'S INSTITUTION OF THE HOLY EUCHARIST

May be said for that soul should which was most devoted to this Sacrament of Love.

O Jesus, our life and resurrection, Who, departing out of this world, didst leave us Thy Flesh and Blood for Meat and Drink; through this Thine infinite love, I humbly beseech Thee, have mercy on the Holy Souls in Purgatory, especially [*N.*, *or* that soul among them all which was most devoted to this Mystery of love]. Conduct them to the fountains of life, and grant that they may speedily eat and drink at Thy table in Thy Kingdom. (Lk. xxii. 30)

Pater Noster, Ave Maria, De profundis.

O Lord Jesus, Who, in the plenitude of Thy mercy, hast redeemed us by Thy Precious Blood, grant to the souls of Thy servants eternal rest. Amen.

STATION VI.
BY VIRTUE OF OUR LORD'S DEATH SENTENCE

May be said for that soul should which was most devoted to the Passion and Sacred Heart of the Lord.

O Jesus, our advocate and judge, Who, by a most unjust judgment, wast condemned to a most bitter death, that Thou mightest deliver us from eternal damnation; through the abyss of Thy mercy, I humbly beseech Thee, have mercy on the Holy Souls in Purgatory, especially [*N.*, *or* that soul among them all which was most devoted to Thy Passion and to Thy Sacred Heart]. Let them hear that word of consolation: Your iniquity is forgiven. (Is. xi. 2.)

Pater Noster, Ave Maria, De profundis.

O Lord Jesus, Who, in the plenitude of Thy mercy, hast redeemed us by Thy Precious Blood, grant to the souls of Thy servants eternal rest. Amen.

STATION VII.

BY VIRTUE OF OUR LORD'S CRUCIFIXION AND DEATH

May be said for that soul should which was most devoted to the Blessed Virgin.

O Jesus, our highest, our only good, Who didst Thyself bear our sins in Thy Body on the Wood; through this Thine immense benefit, and through the Precious Blood which gushed forth from Thy side in the sight of, and to the extreme pain of Thy most holy Mother, I humbly beseech Thee, have mercy on the Holy Souls in Purgatory, especially [*N.*, *or* that soul among them all which was most devoted to Thy Mother]. Let the entrance to eternal glory speedily be opened to them, and let them hear with joy: Come, ye blessed of my Father, possess ye the kingdom prepared for you from the foundation of the world. (Matt. xxv. 34.)

Pater Noster, Ave Maria, De profundis.

O Lord Jesus, Who, in the plenitude of Thy mercy, hast redeemed us by Thy Precious Blood, grant to the souls of Thy servants eternal rest. Amen.

CONCLUDING PRAYER

O most gracious God, Father of mercies, God of infinite goodness, behold me humbly prostrate before Thy throne: I pray and beseech Thee to have mercy upon the Holy Souls in Purgatory; cast a propitious look upon them, especially *N.* and *N.*; deliver them from their sufferings, and put them in possession of their everlasting inheritance. Remember that they are the works of Thy hand, purchased by the most Precious Blood of Thy Divine Son Jesus, and shew Thine infinite mercy upon them.

Hear, O Lord, the prayers that I put up to Thee with confidence, through the merits of the Passion and Death of Jesus, Thy most beloved Son, that they may receive their consolation, and enjoy

without delay that immortal glory which Thou hast prepared for Thine elect. So I hope, and so let it be.

O Eternal Father, for the most Precious Blood of Jesus, and for the most bitter Dolors of Mary, have pity and compassion upon the souls in Purgatory. Amen.

O Mary most holy, offer to the Eternal Father the most Precious Blood of Jesus Christ for my poor soul, for the Holy Souls in Purgatory, for the wants of Holy Church, for the conversion of sinners, for all the world. Amen.

Kýrie, eléison.	Lord have mercy.
Christe, eléison.	Christ have mercy.
Kýrie, eléison.	Lord have mercy.
Pater noster *secreto usque*:	Our Father *silently until*:
℣. Et ne nos indúcas in tentatiónem.	℣. And lead us not into temptation.
℟. Sed líbera nos a malo.	℟. But deliver us from evil.
℣. A porta ínferi .	℣. From the gates of hell.
℟. Erue, Dómine, ánimam ejus (ánimas eorum).	℟. Deliver his/her soul (their souls), O Lord.
℣. Requiéscat (Requiéscant) in pace.	℣. May he/she (they) rest in peace.
℟. Amen.	℟. Amen.
℣. Dómine, exáudi oratiónem meam.	℣. O Lord, hear my prayer.
℟. Et clamor meus ad te véniat.	℟. And let my cry come unto Thee.
Orémus: Fidélium, Deus, ómnium Cónditor et Redémptor: animábus famulórum famularúmque tuárum remissiónem cunctórum tríbue peccatórum; ut indulgéntiam, quam semper optavérunt, piis supplicatiónibus consequántur: Qui vivis et regnas cum Deo Patre, in unitáte	*Let us pray:* O God, Creator and Redeemer of all the faithful, grant to the souls of Thy servants and handmaids the remission of all their sins, that they may obtain by our loving prayers the forgiveness which they have always desired. Who livest and reignest with God the Father, in

Spíritus Sancti, Deus, per ómnia sæcula sæculórum. Amen.

Vel:

Deus, véniæ largítor et humánæ salútis amátor: quæsumus cleméntiam tuam; ut nostræ congregatiónis fratres, propínquos et benefactóres, qui ex hoc sæculo transiérunt, beáta María semper Vírgine intercedénte cum ómnibus Sanctis tuis, ad perpétuæ beatitúdinis consórtium perveníre concédas. Per Dóminum nostrum Jesum Christum, Fílium tuum: qui tecum vivit et regnat in unitáte Spíritus Sancti Deus, per ómnia sæcula sæculórum. Amen.

℣. Réquiem ætérnam dona ei (eis), Dómine.
℟. Et lux perpétua lúceat ei (eis).

℣. Requiéscat (Requiéscant) in pace.
℟. Amen.
℣. Anima ejus (ánimæ eórum) et ánimæ ómnium fidélium defunctórum per misericórdiam Dei, requiéscant in pace.

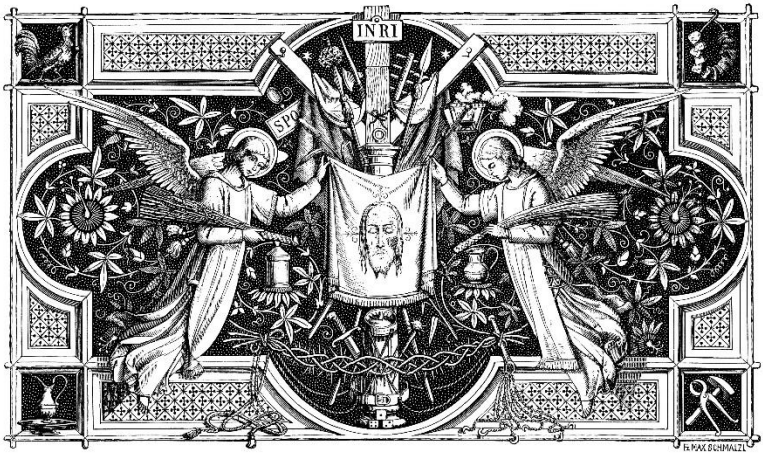
℟. Amen.

the unity of the Holy Ghost, God, world without end. Amen.

Or:

O God, Who forgivest sins and desirest to save mankind, we beseech Thy mercy to grant, by the intercession of Blessed Mary, ever Virgin, and that of all Thy Saints, that the souls of Thy servants and handmaids who have departed this life may enter upon the enjoyment of unending happiness. Through Jesus Christ, Thy Son our Lord, Who liveth and reigneth with Thee, in the unity of the Holy Ghost, God, world without end. Amen.

℣. Eternal rest grant unto him/her (them), O Lord.
℟. And let perpetual light shine upon him/her (them).
℣. May he/she (they) rest in peace.
℟. Amen.
℣. May his/her soul (their souls) and the souls of all the faithful departed, through the mercy of God, rest in peace.
℟. Amen.



APPENDIX

THE CLOCK OF THE PASSION
According to St. Alphonsus Liguori

5-7 P.M. Jesus, having taken leave of Mary, celebrates His Last Supper.

8 P.M. Jesus washes the feet of the Apostles, and institutes the Most Holy Sacrament.

9 P.M. Discourse of Jesus; He goes to the Garden of Olives.

10 P.M. Prayer of Jesus in the Garden.

11 P.M. Jesus Agonizes.

Midnight. The sweating of Blood.

1 A.M. Jesus is betrayed by Judas, and is bound.

2 A.M. Jesus is led before Annas.

3 A.M. Jesus is taken before Caiphas, and receives a blow in the Face.

4 A.M. Jesus is blindfolded, struck , and scoffed at.

5 A.M. Jesus is led to the council, and declared guilty of death.

6 A.M. Jesus is taken to Pilate, and accused.

7 A.M. Jesus is mocked by Herod.

8 A.M. Jesus is conducted to Pilate, and Barabas is preferred to Him.

9 A.M. Jesus is scourged at the pillar.

10 A.M. Jesus is crowned with thorns, and exhibited to the people.

11 A.M. Jesus is condemned to death, and goes to Calvary.

Midday. Jesus is stripped and crucified.

1 P.M. Jesus prays for His murderers.

2 P.M. Jesus recommends His spirit to His Father.

3 P.M. Jesus dies.

4 P.M. Jesus is pierced with a lance.

5 P.M. Jesus is taken down from the Cross, and delivered over to His Mother.

6 P.M. Jesus is buried, and left in the sepulchre.

THE ITINERARY

Prayer before a Journey or Pilgrimage

Ant. In viam pacis et prosperitátis dírigat nos omnípotens et miséricors Dóminus, et Ángelus Ráphaël comitétur nobíscum in via, ut cum pace, salúte et gáudio revertámur ad própria.

Ant. Into the way of peace and prosperity, may the almighty and merciful Lord direct us, and may the Angel Raphael accompany us on the way, so that with peace, well-being, and joy, we may return to our own home.

Cánticum Zacharíæ

Benedíctus ✠ Dóminus, Deus Israël, quia visitávit, et fecit redemptiónem plebis suæ:

Et eréxit cornu salútis nobis: in domo David, púeri sui.

Sicut locútus est per os sanctórum, qui a sæculo sunt, prophetárum ejus:

Salútem ex inimícis nostris, et de manu ómnium, qui odérunt nos:

The Canticle of Zachary

Blessed be ✠ the Lord God of Israel; because He hath visited and wrought the redemption of His people:

And hath raised up an horn of salvation to us, in the house of David His servant:

As He spoke by the mouth of His holy prophets, who are from the beginning:

Salvation from our enemies, and from the hand of all that hate us:

Ad faciéndam misericórdiam cum pátribus nostris: et memorári testaménti sui sancti:

Jusjurándum, quod jurávit ad Ábraham, patrem nostrum, datúrum se nobis:

Ut sine timóre, de manu inimicórum nostrórum liberáti, serviámus illi.

In sanctitáte, et justítia coram ipso, ómnibus diébus nostris.

Et tu, puer, Prophéta Altíssimi vocáberis: præíbis enim ante fáciem Dómini paráre vias ejus:

Ad dandam sciéntiam salútis plebi ejus: in remissiónem peccatórum eórum:

Per víscera misericórdiæ Dei nostri: in quibus visitávit nos, óriens ex alto:

Illumináre his, qui in ténebris, et in umbra mortis sedent: ad dirigéndos pedes nostros in viam pacis.

Glória Patri, et Fílii, et Spíritu Sancti. Sicut erat in princípium, et nunc et semper, et in sæcula sæculórum. Amen.

Ant. In viam pacis et prosperitátis dírigat nos omnípotens et miséricors Dóminus, et Ángelus Ráphaël comitétur nobíscum in via, ut cum pace, salúte et gáudio revertámur ad própria.

To perform mercy to our fathers, and to remember His holy testament,

The oath, which He swore to Abraham our father, that He would grant to us,

That being delivered from the hand of our enemies, we may serve Him without fear,

In holiness and justice before Him, all our days.

And thou, child, shalt be called the prophet of the Highest: for thou shalt go before the face of the Lord to prepare His ways:

To give knowledge of salvation to his people, unto the remission of their sins:

Through the bowels of the mercy of our God, in which the Orient from on high hath visited us:

To enlighten them that sit in darkness, and in the shadow of death: to direct our feet into the way of peace.

Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Ant. Into the way of peace and prosperity, may the almighty and merciful Lord direct us, and may the Angel Raphael accompany us on the way, so that with peace, well-being, and joy, we may return to our own home.

Kýrie, eléison.
Christe, eléison.
Kýrie, eléison.

Pater noster *secreto usque*:

℣. Et ne nos indúcas in tentatiónem.

℟. Sed líbera nos a malo.

℣. Salvos fac servos tuos.

℟. Deus meus, sperántes in te.

℣. Mitte nobis, Dómine, auxílium de sancto.

℟. Et de Sion tuére nos.

℣. Esto nobis, Dómine, turris fortitúdinis.

℟. A fácie inimíci.

℣. Nihil proficiat inimícus in nobis.

℟. Et fílius iniquitátis non appónat nocére nobis.

℣. Benedíctus Dóminus die quotídie.

℟. Prósperum iter fáciat nobis Deus salutárium nostrórum.

℣. Vias tuas, Dómine, demónstra nobis.

℟. Et sémitas tuas édoce nos.

℣. Útinam dirigántur viæ nostræ.

℟. Ad custodiéndas justificatiónes tuas.

℣. Erunt prava in directa.

℟. Et áspera in vias planas.

℣. Ángelis suis Deus mandávit de te.

℟. Ut custódiant te in ómnibus viis tuis.

Lord have mercy.
Christ have mercy.
Lord have mercy.

Our Father *silently until*:

℣. And lead us not into temptation.

℟. But deliver us from evil.

℣. Save Thy servants.

℟. My God, who hope in Thee.

℣. Send us help, O Lord, from the holy place.

℟. And strengthen us out of Sion.

℣. Be unto us, O Lord, a tower of strength.

℟. In the face of the enemy.

℣. Let not the enemy prevail against us.

℟. Nor the son of iniquity have power to harm us.

℣. Blessed be the Lord daily.

℟. The God of our salvation maketh our way prosperous.

℣. Show us Thy ways, O Lord.

℟. And teach us Thy paths.

℣. O that our ways were directed.

℟. To keep Thy precepts.

℣. The crooked shall be made straight.

℟. And the rough ways plain.

℣. God hath given His Angels charge over thee.

℟. That they may keep thee in all thy ways.

℣. Dómine, exáudi oratiónem meam.

℟. Et clamor meus ad te véniat.

[℣. Dóminus vobíscum.

℟. Et cum spíritu tuo.]

Orémus: Deus, qui fílios Israël per maris médium sicco vestígio ire fecísti, quique tribus Magis iter ad te stella duce pandísti: tríbue nobis, quæsumus, iter prósperum, tempúsque tranquíllum; ut Ángelo tuo sancto cómite, ad eum, quo pergunt, locum, ac demum ad ætérnæ salútis portum felíciter váleant perveníre.

Deus, qui Ábraham púerum tuum de Ur Chaldæórum edúctum, per omnes suæ peregrinatiónis vias illæsum custodísti: quæsumus, ut nos fámulos tuos custodíre dignéris; esto nobis, Dómine, in procínctu suffrágium, in via solátium, in æstu umbráculum, in plúvia et frigóre teguméntum, in læsitúdine vehículum, in adversitáte præsídium, in lúbrico báculus, in naufrágio portus: ut te duce, quo téndimus, próspere perveniámur, et demum incólumes ad própria revertántur.

Adésto, quæsumus, Dómine, supplicatiónibus nostris: et viam famulórum tuórum in salútis tuæ prosperitáte dispóne; ut inter

℣. O Lord, hear my prayer.

℟. And let my cry come unto Thee.

[℣. The Lord be with you.

℟. And with thy spirit.]

Let us pray: O God, who madest the children of Israel to walk with dry feet through the midst of the sea, and who didst open unto the three Wise Men, by the guiding of a star, the way that led unto Thee, grant us good speed, and quietness: may Thy holy Angel accompany us during our pilgrimage and in the end, may we attain the haven of eternal salvation.

O God, who didst call Thy servant Abraham out of Ur of the Chaldees, and didst keep him from evil through all the ways of his pilgrimage, we beseech Thee, that it may please Thee to keep us Thy servants. Be Thou unto us, O Lord, a help when we go forward, a comfort by the way, a shadow from the heat, a covering from the rain and the cold, a chariot in weariness, a refuge in trouble, a staff in slippery paths, a haven in shipwreck Do Thou lead us, that we may happily come thither where we would be, and thereafter come again safe unto our own home.

Graciously hear our supplications, O Lord, we beseech Thee, and order the goings of Thy servants in the safe path that

omnes viæ et vitæ hujus varietátes tuo semper protegámur auxílio.

Præsta, quæsumus, omnípotens Deus: ut família tua per viam salútis incédat; et beáti Joánnis Præcursóris hortaménta sectándo, ad eum, quem prædíxit, secúra pervéniat, Dóminum nostrum Jesum Christum Fílium tuum. Qui vivis et regnas in unitáte Spíritus Sancti Deus, per ómnia sæcula sæculórum. Amen.

leadeth unto salvation in Thee, that amidst all the manifold changes of this life's pilgrimage, Thy shield may never cease from us.

Grant, we beseech Thee, O almighty God, that Thy family may fare onward in the path of salvation, and by giving heed to the preaching of the blessed Forerunner John, may safely attain unto Him whom John preached, even our Lord Jesus Christ Thy Son, who liveth and reigneth with Thee, in the unity of the Holy Ghost, one God, world without end. Amen.

Pax et benedíctio Dei omnipoténtis, Patris, et Fílii, ✠ et Spíritus Sancti, descéndat super nos, et máneat semper.

℟. Amen.

℣. Procedámus in pace.
℟. In nómine Dómini. Amen.

May the peace and blessing of almighty God, the Father, the ✠ Son, and the Holy Ghost, descend upon us, and remain with us forever.

℟. Amen.

℣. Let us proceed in peace.
℟. In the name of the Lord. Amen.

COLLECTS IN HONOR OF THE VARIOUS ASPECTS OF THE PASSION OF THE LORD

In honor of the Eucharistic Heart of Jesus

Orémus: Dómine Jesu Christe, qui divítias amóris tui erga hómines effúndens Eucharístiæ Sacraméntum condidísti: da nobis, quæsumus, ut amantíssimum Cor tuum dilígere, et

Let us pray: O Lord Jesus Christ, Who in pouring out the riches of Thy love for men, hast instituted the Sacrament of the Eucharist; grant, we beseech Thee, that we may be able to love Thy most

tanto Sacraménto digna semper uti valeámus. Qui vivis et regnas cum Deo Patre, in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. Amen.

tender Heart, and ever worthily receive so great a Sacrament. Thou, Who with the Father and the Holy Ghost, livest and reignest, ever one God, world without end. Amen.

In honor of Jesus the Eternal High Priest

Orémus: Deus qui ad majestátis tuæ glóriam et géneris humáni salútem, Unigénitum tuum summum atque ætérnum constituísti Sacerdótem: præsta, ut, quos minístros et mysteriórum suórum dispensatóres elégit, in accépto ministério adimpléndo fidéles inveniántur. Per eúmdem Dóminum nostrum Jesum Christum Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus: per ómnia sæcula sæculórum. Amen.

Let us pray: O God, by Whom Thine only begotten Son hath been established the High and Eternal Priest, to the glory of Thy majesty and for the salvation of mankind; grant that those He hath chosen as ministers and dispensers of His Mysteries, may be found faithful in fulfilling the ministry they have accepted. Through the same Jesus Christ, Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Ghost, God, world without end. Amen.

In honor of Institution of the Holy Eucharist

Orémus: Deus, qui nobis sub Sacraménto mirábili Passiónis tuæ memóriam reliquísti: tríbue, quæsumus, ita nos Córporis, et Sánguinis tui sacra mystéria venerári; ut redemptiónis tuæ fructum in nobis júgiter sentiámus: Qui vivis et regnas cum Deo Patre, in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. Amen.

Let us pray: O God, Who in this wonderful Sacrament hast left us a perpetual memory of Thy Passion; grant us, we beseech Thee, so to reverence the sacred mysteries of Thy Body and Blood, that we may continually perceive in our souls the fruit of Thy redemption; Thou, Who with the Father and the Holy Ghost livest and reignest, ever one God, world without end. Amen.

In honor of the Precious Blood

Orémus: Omnípotens sempitérne Deus, qui unigénitum Fílium tuum mundi Redemptórem constituísti, ac ejus Sánguine placári voluísti: concéde, quæsumus, salútis nostræ prétium (solémni cultu) ita venerári, atque a præséntis vitæ malis ejus virtúte deféndi in terris; ut fructu perpétuo lætémur in cælis. Per eúndem Dóminum nostrum Jesum Christum Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. Amen.

Let us pray: Almighty, and everlasting God, Who made Thine only-begotten Son the Redeemer of the world, and willed to be appeased by His Blood, grant us, we beseech Thee, so to worship (in this festal rite) the Price of our salvation, and to be so protected by Its power against the evils of the present life on earth, that we may enjoy its everlasting fruit in heaven. Through the same Jesus Christ, Thy Son, Our Lord, Who liveth and reigneth with Thee in the unity of the Holy Ghost, God, world without end. Amen.

In honor of the Prayer of Our Lord in the Garden of Olives

Orémus: Dómine Jesu Christe, qui in Horto verbo et exémplo nos oráre docuísti, ad tentatiónum perícula superánda: concéde propítius; ut nos oratióni semper inténti, ejus copiósum fructum cónsequi mereámur: Qui vivis et regnas cum Deo Patre in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. Amen.

Let us pray: O Lord Jesus Christ, Who by word and example in the Garden hast taught us to pray so as to overcome the dangers of temptations: mercifully grant that, ever bent on prayer, we may deserve to reap its plentiful fruit: Thou, Who livest and reignest with the God Father in the unity of the Holy Ghost, ever one God, forever and ever. Amen.

In honor of the Hands of the Lord

Orémus: Concéde, quæsumus, omnípotens Deus, ut qui in Sanctíssimis Delécti Fílii tui Mánibus omnem fidúciam hab-

Let us pray: Grant, we beseech Thee, almighty God, that whilst we place all our confidence in the Divine Hands of Thy Son, we

éntes, a cunctis hóstibus liberémur. Per eúmdem Dóminum nostrum Jesum Christum Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus: per ómnia sæcula sæculórum. Amen

may receive the grace of deliverence from the hands of our enemies. Through the same Jesus Christ, Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Ghost, God, world without end. Amen.

In honor of the Holy Column of the Scourging

Orémus: Deus, qui pro salúte nostra in assúmptæ carnis infirmitáte, ad Colúmnam alligári, et flagéllis cædi voluísti: concéde propítius; ut qui ejúsdem Colúmnæ glóriam celebrámus, Pretiósi Sánguines tui fructum conséqui mereámur. Qui vivis et regnas cum Deo Patre in unitáte Spíritus Sancti Deus, per ómnia sæcula sæculórum. Amen.

Let us pray: O God, who in the weakness of our flesh which Thou hadst taken upon Thee, wert pleased, for our salvation, to be bound to a Pillar and scourged with thongs: grant, we beseech Thee, that we who celebrate the glory of that Pillar may become worthy to obtain the fruit of Thy Precious Blood: Thou who livest and reignest with God the Father in the unity of the Holy Ghost, God, forever and ever. Amen.

In honor of the Crown of Thorns

Orémus: Præsta, quæsumus, omnípotens Deus: ut qui in memóriam Passiónis Dómini nostri Jesu Christi Corónam ejus spíneam venerámur in terris, ab ipso glória et honóre coronári mereámur in cælis. Qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. Amen.

Let us pray: Grant, we beseech Thee, almighty God, that we who on earth do venerate the Crown of Thorns of Our Lord Jesus Christ in memory of His Passion, may be counted worthy to be crowned by Him with honor and glory in heaven. Who with Thee liveth and reigneth, in the unity of the Holy Ghost, God, world without end. Amen.

In honor of the Holy Face

Orémus: Dómine Jesu Christe, cujus sacratíssimus Vultus, in passióne abscónditus, sicut sol in sua virtúte relúcet: concéde propítius; ut tuis passiónibus communicántes in terris, in revelatióne glóriæ tuæ gaudére valeámus in cælis. Qui vivis et regnas cum Deo Patre in unitáte Spíritus Sancti Deus, per ómnia sæcula sæculórum. Amen.

Let us pray: O Lord Jesus Christ, whose most Holy Face, hidden away in Thy Passion, shineth forth as the sun in its power: mercifully grant that, sharing Thy sufferings on earth, we may avail to rejoice at the unveiling of Thy glory in heaven: Thou Who livest and reignest with God the Father in the unity of the Holy Ghost, forever and ever. Amen.

In honor of the Holy Face Disfigured in the Passion

Orémus: Concéde, quæsumus, omnípotens et miséricors Deus, ut qui Fáciem Christi tui propter peccáta nostra in Passióne deformátam venerámur, eámdem in cœlésti glória fulgéntem contemplári perpétuo mereámur. Per eúmdem Dóminum nostrum Jesum Christum Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus: per ómnia sæcula sæculórum. Amen.

Let us pray: Almighty and merciful God, deign, we beseech Thee, to grant to all those who honor the Face of Thy Christ, disfigured in His Passion by our sins, the grace to see Him for eternity in all the splendor of celestial glory. Through the same Jesus Christ, Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Ghost, God, world without end. Amen.

In honor of the Sudarium of St. Veronica

Orémus: Méntibus nostris, quæsumus Dómine, Vultus sancti tui lumen benígnus infúnde, cujus et sapiéntia cónditi sumus, et providéntia gubernámur. Per Dóminum nostrum Jesum Christum Fílium tuum, qui tecum vivit et regnat in

Let us pray: Pour, O Lord, we beseech Thee, the light of Thy holy Face into our souls, Thou, Whose wisdom hath created us, and Whose providence governeth us. Through our Lord Jesus Christ, Thy Son, Who liveth and reigneth with Thee in the unity

unitáte Spíritus Sancti, Deus: per ómnia sæcula sæculórum. Amen.

of the Holy Ghost, God, world without end. Amen

Another in honor of the Sudarium of St. Veronica

Orémus: Concéde, quæsumus omnípotens Deus: ut qui Fílium tuum, propter peccáta nostra non habéntem spéciem neque decórem venerámur in terris; eumdem, glória et honóre coronátum, perpétuo contemplémur in cælis: Qui vivis et regnas cum Deo Patre in unitáte Spíritus Sancti Deus, per ómnia sæcula sæculórum. Amen.

Let us pray: Grant, we beseech Thee, almighty God, that we who on this earth venerate Thy Son, Who because of our sins possessed neither beauty nor comeliness, may contemplate forever Him crowned with glory and honor in heaven. Through the same Jesus Christ, Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Ghost, God, world without end. Amen.

In honor of the Mysteries of the Way of the Cross

Orémus: Deus, qui nos ínclyta Passióne Fílii tui, per Viam Crucis ad ætérnam glóriam perveníre docuísti: concéde propítius; ut, quem piis ad Calváriæ locum sociámus affléctibus, in suis étiam triúmphis pérpetim subsequámur. Qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. Amen.

Let us pray: O God Who hast taught us, through the illustrious Passion of Thy Son, to arrive at eternal glory by the Way of the Cross; mercifully grant that we may follow Him eternally in His triumph Whom we accompany to Mount Calvary with pious devotion. Who liveth and reigneth with Thee, in the unity of the Holy Ghost, God, world without end. Amen.

In honor of the Passion of the Lord

Orémus: Omnípotens, sempitérne Deus, qui humáno géneri, ad imitándum humilitátis exémplum, Salvatórem nostrum carnem súmere, et Crucem subíre

Let us pray: Almighty and everlasting God, Who as a pattern of lowliness for mankind to follow, broughtest our Savior to take flesh and undergo the

fecísti: concéde propítius; ut sicut (solémnem commemoratiónem) Passiónis ejus celebrámus, ita et patiéntiæ ipsíus habére documénta, et resurrectiónis consórtia mereámur. Per eúmdem Dóminum nostrum Jesum Christum Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus: per ómnia sæcula sæculórum. Amen.

Cross: mercifully grant that as we celebrate (with a solemn commemoration of) His Passion, so we may also deserve to have the schooling of His long-suffering and partnership of His resurrection. Through the same Jesus Christ, Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Ghost, God, world without end. Amen.

Another in honor of the Passion of the Lord

Orémus: Dómine Jesu Christe, Fili Dei vivi, qui hora sexta, pro redemptióne mundi Crucis patíbulum ascendísti, et Sánguinem tuum Pretiósum in remissiónem peccatórum nostrórum fudísti: te humíliter deprecámur; ut post óbitum nostrum, paradísi jánuas nos gaudénter introíre concédas: Qui vívis et regnas, cum Deo Patre in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. Amen.

Let us pray: O Lord Jesus Christ, Son of the living God, Who at the sixth hour didst mount the gibbet of the Cross for the redemption of the world, and didst shed Thy Precious Blood that our sins might be washed away: we humbly entreat Thee, that after our death Thou wouldst grant us joyfully to enter the gates of heaven: Thou, Who livest and reignest, with God the Father, in the unity of the Holy Ghost, ever one God, world without end. Amen

In honor of the Life-Giving Cross

Orémus: Deus, qui unigéniti Fílii tui Pretióso Sánguine vivíficæ Crucis vexíllum sanctificáre voluísti: concéde, quæsumus, eos, qui ejúsdem sanctæ Crucis gaudent honóre, tua quoque ubíque protectióne gaudére. Per eúmdem Dóminum nostrum Jesum

Let us pray: O God, Who, by the Precious Blood of Thine only begotten Son, wert pleased to hallow the Standard of the life-giving Cross, grant, we beseech Thee, that those who love to venerate this same blessed Cross, may likewise rejoice in Thy

Christum Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus: per ómnia sæcula sæculórum. Amen.

powerful protection. Through the same Jesus Christ, Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Ghost, God, world without end. Amen.

In honor of the Title of the Cross

Orémus: Dómine Jesu Christe, Rex noster, qui Ecclésiam tuam Sanctíssimæ Crucis tuæ Título décorári voluísti; concéde propítius nobis fámulis tuis, ut sicut in illo Passiónis tuæ memóriam celebrámus, ita et ejúsdem Passiónis felícem assequámur efféctum. Qui vívis et regnas, cum Deo Patre in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. Amen.

Let us pray: Lord Jesus Christ, our King, Who hast vouchsafed to adorn Thy Church with the Title of the Most Holy Cross; grant to us Thy servants, we beseech Thee, that as we celebrate the memory of Thy Passion, we may come to attain its happy fruits. Thou, Who livest and reignest with God the Father, in the unity of the Holy Ghost, ever one God, world without end. Amen.

In honor of the Holy Lance and Nails

Orémus: Deus, qui in assúmptæ carnis infirmitáte, clavis affígi et láncea vulnerári pro mundi salúte voluísti: concéde propítius; ut, qui eorúmdem clavórum et lánceæ (solémnia) venerámur in terriss, de glorióso victóriæ tuæ triúmpho gratulémur in cælis. Qui vivis et regnas cum Deo Patre in unitate Spiritus Sancti, Deus, per omnia sæcula sæculorum. Amen.

Let us pray: O God, Who in the weakness of our flesh which Thou hadst taken upon Thyself, didst submit to be pierced by nails, and wounded with the lance, mercifully grant that we, who (solemnly) venerate the nails and lance on earth, may have joy in heaven of Thy glorious victory and triumph: Thou who livest and reignest with God the Father in the unity of the Holy Ghost, art God, forever and ever. Amen.

Another in honor of the Holy Lance and Nails

Orémus: Dómine Jesu Christe, qui pro salúte mundi passus es de Corde tuo aquam et sánguinem per lánceam mílitis emanáre: concéde propítius; ut sacratíssimi córporis tui perfóssio peccatórum nostrórum sit plena remíssio. Qui vivis et regnas cum Deo Patre in unitate Spiritus Sancti, Deus, per omnia sæcula sæculorum. Amen.

Let us pray: O Lord Jesus Christ, Who, for the salvation of the world, didst suffer Water and Blood to flow forth from Thy Heart by a soldier's lance; grant, we beseech Thee, that the piercing of Thy most sacred Body may be for us unto the full remission of our sins. Thou who livest and reignest with God the Father in the unity of the Holy Ghost, art God, forever and ever. Amen.

In honor of the Holy Lance

Orémus: Deus, qui ex tui sacri Córporis látere, per Lánceam milítis Sánguinem tuum in prétium, et aquam in lavácrum effudísti: concéde propítius, ut qui Lánceam ipsam (hic) venerámur, ab omni hoste ipsíus munímine protegámur. Qui vivis et regnas cum Deo Patre in unitate Spiritus Sancti, Deus, per ómnia sæcula sæculórum. Amen.

Let us pray: O God, Who, from the side of Thy Sacred Body, pierced by the lance of a soldier, poured forth Thy Blood to redeem us, and water to purify us, grant that this same lance, which we (here) venerate, may protect us always against our enemies. Thou, Who livest and reignest with God the Father in the unity of the Holy Ghost, art God, forever and ever. Amen.

In honor of the Five Wounds

Orémus: Deus, qui unigéniti Fílii tui Passióne, et per quinque Vúlnera ejus Sánguinis effusióne, humánam natúram peccáto pérditam reparásti: tríbue nobis, quæsumus; ut, qui ab eo suscépta Vúlnera venerámur in terris,

Let us pray: O God, Who by the sufferings of Thine only begotten Son and by the Blood shed from His Five Wounds, didst restore human nature, doomed by sin to destruction, grant, we pray Thee, that we who venerate His

ejúsdem Pretiosíssimi Sánguinis fructum cónsequi mereámur in cælis. Per eúmdem Dóminum nostrum Jesum Christum Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus: per ómnia sæcula sæculórum. Amen.

wounds on earth, may be held worthy to reap the fruit of His Precious Blood in heaven. Through the same Jesus Christ, Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Ghost, God, world without end. Amen.

In honor of the Sacred Heart

Orémus: Deus, qui nobis in Corde Fílii tui, nostris vulneráto peccátis, infinítos dilectiónis thesáuros misericórditer largíri dignáris: concéde, quæsumus, ut illi devótum pietátis nostræ præstántes obséquium, dignæ quoque satisfactiónis exhibeámus offícium. Per eúmdem Dóminum nostrum Jesum Christum Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus: per ómnia sæcula sæculórum. Amen.

Let us pray: O God, Who in the Heart of Thy Son, wounded by our sins, dost mercifully vouchsafe to bestow upon us the infinite wealth of Thy love; grant, we beseech Thee, that revering It with meet devotion, we may fulfil our duty of worthy reparation. Through the same Jesus Christ, Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Ghost, God, world without end. Amen.

In honor of the Holy Winding Sheet

Orémus: Deus, qui nobis in sancta Síndone, qua Corpus tuum sacratíssimum e cruce depósitum a Joseph involútum fuit, Passiónis tuæ vestígia reliquísti: concéde propítius; ut per mortem et sepultúram tuam, ad resurrectiónis glóriam perducámur. Qui vivis et regnas cum Deo Patre in unitáte Spíritus Sancti Deus, per ómnia sæcula sæculórum. Amen.

Let us pray: O God, Who didst leave us traces of Thy sufferings on the holy Shroud in which Thy Sacred Body, taken from the Cross, was wrapped by Joseph, mercifully grant that by Thy death and burial, we may be brought to the glory of Thy resurrection. Thou, Who livest and reignest with God the Father in the unity of the Holy Ghost, forever and ever. Amen.

In honor of the Compassion of Our Lady

Orémus: Dómine Jesu Christe, cujus acerbíssimæ Passiónis gládius Piísimæ Matris tuæ ánimam sic penetrávit, quod eam plusquam mártyrem fecit: tríbue, quæsumus; ita nos dolórum ejus in terris memóriam ágere, ut ad contemplända illíus gáudia in cælis mereámur perveníre. Qui vívis et regnas, cum Deo Patre in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. Amen.

Let us pray: O Lord Jesus Christ, in Whose most bitter Passion didst cause a sword to pierce the most pious soul of Thy Mother, and didst cause her to become more than a martyr, grant unto us, we beseech Thee, that as we call to mind her sorrows here on earth, we may merit to be brought to contemplate her joys in heaven. Thou, Who livest and reignest, with God the Father, in the unity of the Holy Ghost, God, world without end. Amen.

In honor of the Seven Sorrows of Our Lady

Orémus: Deus, in cujus passióne, secúndum Simeónis prophetíam, dulcíssimam ánimam gloriósæ Vírginis et Matris Maríæ dolóris gládius pertransívit: concéde propítius; ut, qui dolóres ejus venerándo recólimus, passiónis tuæ efféctum felícem consequámur: Qui vivis et regnas cum Deo Patre, in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. Amen.

Let us pray: O God, at Whose suffering the prophecy of Simeon was fulfilled, and a sword of sorrow pierced through the gentle soul of the glorious Virgin and Mother Mary, mercifully grant that we who speak worshipfully of her woes, may obtain the saving purchase of thy suffering. Who livest and reignest with God the Father in the unity of the Holy Ghost, God, world without end. Amen.

In honor of the Holy Sepulcher

Orémus: Dómine Jesu Christe, qui pro nobis mortem subíre, et in Sepúlcro depósitus, tértia die resúrgere voluísti: concéde fámulis tuis; ut, qui Sepúlcri tui

Let us pray: O Lord Jesus Christ, Who didst will to suffer death for us, and, being placed in the sepulcher, to rise again on the third day: grant to Thy servants,

memóriam recólimus, resurrectiónis quoque glóriæ partícipes esse mereámur. Qui vivis et regnas cum Deo Patre in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. Amen.

that we who celebrate the memory of Thy sepulcher, may deserve to participate in the glory of Thy Resurrection. Who livest and reignest with God the Father in the unity of the Holy Ghost, God, world without end. Amen.

In honor of the Most Holy Redeemer

Orémus: Deus qui Unigénitum tuum mundi Redemptórem constituísti, et per eum, devícta morte, nos misericórditer ad vitam reparásti: concéde; ut, haec benefícia recoléntes, tibi perpétua caritáte adhaerére et ejúsdem redemptiónis fructum percípere mereámur. Per eúmdem Dóminum nostrum Jesum Christum Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus: per ómnia sæcula sæculórum. Amen.

Let us pray: O God, Who didst establish Thine only begotten Son as Redeemer of the world and through Him, having overcome death, didst restore us mercifully unto life: grant that, recollecting these benefits, we may be made worthy to receive the fruit of that redemption. Through the same Jesus Christ, Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Ghost, God, forever and ever. Amen.

THE PRAYER OF THE LORD FOR HIS DISCIPLES
St. John Ch. 17

These things Jesus spoke, and lifting up His eyes to heaven, He said: "Father, the hour is come, glorify Thy Son, that Thy Son may glorify Thee. As Thou hast given Him power over all flesh, that He may give eternal life to all whom Thou hast given Him. Now this is eternal life: That they may know Thee, the only true God, and Jesus Christ, whom Thou hast sent. I have glorified Thee on the earth; I have finished the work which Thou gavest Me to do. And now glorify Thou Me, O Father, with Thyself, with the glory which I had, before the world was, with Thee."

"I have manifested Thy Name to the men whom Thou hast given Me out of the world. Thine they were, and to Me Thou gavest them;

and they have kept Thy word. Now they have known, that all things which Thou hast given Me, are from Thee: Because the words which Thou gavest me, I have given to them; and they have received them, and have known in very deed that I came out from Thee, and they have believed that Thou didst send Me. I pray for them: I pray not for the world, but for them whom Thou hast given Me: because they are Thine: And all my things are Thine, and Thine are Mine; and I am glorified in them."

"And now I am not in the world, and these are in the world, and I come to Thee. Holy Father, keep them in Thy Name whom Thou hast given Me; that they may be one, as We also are. While I was with them, I kept them in Thy Name. Those whom Thou gavest Me have I kept; and none of them is lost, but the son of perdition, that the scripture may be fulfilled. And now I come to Thee; and these things I speak in the world, that they may have my joy filled in themselves. I have given them Thy word, and the world hath hated them, because they are not of the world; as I also am not of the world. I pray not that Thou shouldst take them out of the world, but that Thou shouldst keep them from evil."

"They are not of the world, as I also am not of the world. Sanctify them in truth. Thy Word is Truth. As Thou hast sent Me into the world, I also have sent them into the world. And for them do I sanctify Myself, that they also may be sanctified in Truth. And not for them only do I pray, but for them also who through their word shall believe in Me;"

"That they all may be one, as Thou, Father, in Me, and I in Thee; that they also may be one in Us; that the world may believe that Thou hast sent Me. And the glory which Thou hast given Me, I have given to them; that they may be one, as we also are one: I in them, and Thou in Me; that they may be made perfect in one: and the world may know that Thou hast sent Me, and hast loved them, as Thou hast also loved Me. Father, I will that where I am, they also whom thou hast given Me may be with Me; that they may see My glory which Thou hast given Me, because Thou hast loved Me before the creation of the world. Just Father, the world hath not known Thee; but I have known Thee: and these have known that Thou hast sent Me."

"And I have made known Thy Name to them, and will make it known; that the love wherewith Thou hast loved Me, may be in them, and I in them."

ACT OF ADORATION AND THANKSGIVING UPON WAKING

O Eternal God! Father, Son, and Holy Ghost; the beginning and end of all things; in Whom we live, and move, and have our being; prostrate before Thee in body and soul, I adore Thee with the most profound humility. I bless Thee, and give Thee thanks for all the benefits Thou has conferred upon me; that Thou hast created me out of nothing, made me after Thine own image and likeness, redeemed me with the Precious Blood of Thy Son, and sanctified me with Thy Holy Spirit. I thank Thee that Thou hast called me into Thy Church, assisted me by Thy grace, admitted me to Thy sacraments, watched over me by Thy special Providence; blessed me, notwithstanding my sins and unworthiness, with the continuance of Thy gracious protection; and for all the innumerable blessings which I, though undeserving, owe to Thy bounty. I thank Thee especially for having preserved me during the night past, and for bringing me in safety to the beginning of another day. What return can I make to Thee, O my God, for all that Thou hast done unto me? I will bless Thy holy Name, and serve Thee all the days of my life. Bless the Lord, O my soul, and let all that is within me praise His holy Name.

SALUTATION TO THE SACRED HEART UPON ARISING

St. Mechtilde

Adóro, laudo et salúto te, dulcíssimum et vernans Cor Jesu Christi, ex quo tam quam ex mellífluo gratiárum fonte omne bonum omnísque dulcédo efflúxit et éffluit. Et ex totis víribus cordis mei ago tibi grátias, quod me hac nocte custodíeris Deóque Patri pro me laudes et gratiárum actiónes persólveris. Et nunc, O dulcis amor meus, óffero tibi míserum et indígnum cor meum in sacrifícium matutínum, et omni qua possum devotióne inclúdo et

I adore, praise, and salute Thee, O most sweet Heart of Jesus Christ, fresh and gladdening as the breath of spring, from which, as from a fountain of graces, sweeter than the honeycomb, floweth evermore all good and all delight. I thank Thee with all the powers of my heart for having preserved me this night, and for having rendered to God the Father praises and thanksgivings on my behalf. And now, O my sweet Love, I offer Thee my wretched and worthless heart as

comménd illud dulcíssimo Cordi tuo: rogans ut divínas tuas influxiónes illi infúndere atque sancto tuo amóre accéndere dignéris. Amen.

a morning sacrifice; I place it in Thy most tender Heart, and intrust it to Thy keeping; beseeching Thee that Thou wouldst design to pour into it Thy divine inspirations, and to enkindle it with Thy holy love. Amen.

FORMATION OF GOOD INTENTIONS IN THE MORNING
St. Gertrude

Dómine Deus, propter temetípsum mihi propóno, hódie et quotídie omnes meas intérnas et extérnas actiónes pure ad laudem tuam et ad salútem universitátis perfícere tali intentióne et modo, quem tu, Deus meus, adinveníre et optáre potes, et in unióne illíus amóris, quo Fílius tuus de cælo descéndit et omne opus humánæ redemptiónis, máxime témpore Passiónis suæ, perfécit. Unde omníno abrenúntio omni mérito, præmio et grátiæ, quæ per illa ópera possem adipísci, ut possim tibi, Deo meo, laudem et amóris exhibitiónem offérre. Amen.

O Lord, my God, for Thy sake, I resolve to perform all mine actions, whether outward or inward, purely for Thy glory, and for the salvation of the whole world; with such intention and in such manner as Thou dost desire and enjoin; and in union with that love whereby Thy Son came down from heaven, and wrought out the whole work of our salvation, especially in His Passion. Wherefore I entirely disclaim all merit, all reward, and grace which I might otherwise hope to obtain by these actions, that I may offer to Thee, my God, a pure sacrifice of praise, and give Thee a proof of my love. Amen.

RECOMMENDATION TO JESUS
St. Gertrude

Pie Jesu, in unióne amóris illíus, quo in cruce Patri spíritum commendásti, comménd tibi spíritum et ánimam meam atque

O Jesus, full of compassion, I commend to Thee my spirit and my soul, un union with that love wherewith Thou didst commend

in sacratíssimum vulnus dulcíssimi Cordis tui inclúdo, ut in eódem ab ómnibus inimíci insídiis protegántur. Tu nosti, bone Jesu, et ego satis expérior, quam infírmus et lábilis sim, ádeo ut nec ulla hora sine tua speciáli grátia in bono persístere aut ulli tentatióni ex me resístere possim. Ideo rogo per reveréntiam uniónis illíus qua humánitas tua causa glorificatiónis nostræ venerándæ Trinitáti unítur, ut voluntátem meam tibi uníre et, ne contra te insúrgere queat, confortáre dignéris. In unióne innocentissimórum membrórum tuórum comméndo tibi síngula membra córporis mei cum omni motu suo, ut hac die numquam nisi ad laudem et glóriam tuam et propter amórem tuum commoveántur. Amen.

Thine own to the Father on the Cross; and I place them in the most sacred Wound of Thy tender Heart, that they may be therein protected from all the snares of the enemy. Thou knowest, O good Jesus, and I know by mine own sad experience, how weak and frail I am, so that I could not of myself persevere in good, or resist temptation even for one single hour. Wherefore I pray Thee, by that reverence due to that union wherein Thy manhood is united to the adorable Trinity in order to our glorification, that Thou wouldst deign to unite my will to Thine, and so to strengthen and secure it, that it may be unable to rebel against Thee. In union with Thy most sinless limbs, I commend to Thee all the members of my body, with all their movements, that they may throughout this day move for Thy glory alone, for Thy prase and Thy love. Amen.

ACT OF ADORATION UPON ENTERING A CHURCH
St. Francis of Assisi

Adorámus te, sanctíssime Dómine Jesu Christe, hic et ad omnes Ecclésias tuas, quæ sunt in toto mundo, et benedícimus tibi; quia per sanctam Crucem tuam redemísti mundum. Miserére nostri. Amen.

We adore Thee, Most Holy Lord, Jesus Christ, here and in all the churches of the whole world, and we bless Thee, because by Thy Holy Cross Thou hast redeemed the world. Do Thou have mercy on us. Amen.

ACT OF FAITH IN THE PRESENCE OF GOD

O my God! I firmly believe that Thou art here, and perfectly seest me: that Thou observest all mine actions, all my thoughts, and the most secret motions of my heart. I acknowledge that I am not worthy to come into Thy presence, nor to lift up mine eyes unto Thee, because I have so often sinned against Thee. But Thy goodness and mercy invite me to come unto Thee: assist me, I beseech Thee, with Thy Holy Spirit, and teach me to pray to Thee as I ought.

ACT OF ADORATION TO THE MOST HOLY TRINITY

I most humbly adore Thee, O uncreated Father, and Thee, O only-begotten Son, and Thee, O Holy Ghost the Paraclete, one almighty, everlasting and unchangeable God, Creator of heaven and earth, and of all things visible and invisible. I acknowledge in Thee a true and ineffable Trinity of Persons, a true and indivisible Unity of substance. I glorify thee, O ever-serene effulgent Trinity, one only Deity, my most compassionate Lord, my sweetest hope, my dearest light, my most desired repose, my joy, my life, and all my good. To Thy most merciful goodness I commend my soul and body; to Thy most sacred Majesty I wholly devote myself, and to Thy divine will resign and yield myself eternally. All honor and glory be to Thee for ever and ever. Amen.

O heavenly Father, O most forgiving Father, O Lord God, have mercy upon me a wretched sinner, have mercy upon all men. In fullest reparation, expiation, and satisfaction for all mine iniquities and negligences, and for the sins of the whole world, and perfectly to supply the deficiency of my good works and merits, I offer to Thee Thy beloved Son, Christ Jesus, in union with that sovereign charity with which Thou didst send Him to us, and didst give Him to us as our Savior. I offer His transcendent virtues, and all that He did and suffered for us. I offer His labors, sorrows, torments, and most Precious Blood. I offer the merits of the most Blessed Virgin Mary, and of all Thy Saints. Assist me, I beseech Thee, O most merciful Father, through the same Thy Son, by the power of thy Holy Spirit. Have mercy on all unhappy sinners, and graciously call them back to the way of salvation. Grant to all living pardon and grace, and to the faithful departed eternal light and rest. Amen.

O Holy Spirit, sweetest Comforter, who proceedest from the Father and the Son in an ineffable manner, come, I beseech thee, and enter into my heart. Purify and cleanse me from all sin, and sanctify my soul. Wash away its defilements, moisten its dryness, heal its wounds, subdue its stubborness, melt its coldness, and correct its wanderings. Make me truly humble and resigned, that I may be pleasing to Thee, and Thou mayest abide with me for ever. O most blessed light, O most amiable light, enlighten me. O ravishing joy of Paradise, O fount of purest delights, O my God, give Thyself to me, and kindle vehemently in my inmost soul the fire of Thy love. O my Lord, instruct, direct, and defend me in all things. Give me strength against all immoderate fears and a pusillanimous spirit; bestow upon me, a right faith, a firm hope, and a sincere and perfect charity; and grant that I may ever do thy most gracious will. Amen.

ASPIRATION BEFORE PRAYING
St. Mechtilde

Sanctíssime Pater, in unióne amóris dilectíssimi Fílii tui, comméndo tibi spíritum meum.	O most Holy Father, in union with the love of Thy well-beloved Son, I commend my spirit to Thee.

ACT OF ADORATION BEFORE MEDITATION
Mgr. Guillibert, Bishop of Fréjus, after the Selsian and Olierian methods of prayer

Adóro te, in tribus Persónis Deus, ante majestátem tuam tanquam níhilum me profíteor. Tu solus es Ens, via, véritas, pulchritúdo, bónitas. Glorífico te, laudo te, grátias ago tibi, et amo te, quanquam sum ego impar et indígnus, in unióne dilécti Fílii tui Jesu Christi, nostri Salvatóris et Fratris nostri, in misericórdia sui Sacri Cordis, et per sua mérita infiníta. Ego tibi servíre volo, tibi plácere, tibi obedíre, et te semper	I adore Thee, O God in Three Persons, and before Thy majesty I annhilate myself. Thou alone art Being, Life, Truth, Beauty and Bounty. I glorify Thee, I praise Thee, I give Thee thanks, I love Thee, as incapable and unworthy as I am, in union with Thy dear Son, Jesus Christ, our Lord and our Brother, in the mercies of His Heart, and through His infinite merits. I wish to serve Thee, to please

amáre, cum María Immaculáta, Dei Matre, et nostra, amándo simíliter próximum meum eique serviéndo amóre tui. Da mihi ígitur tuum Sanctum Spíritum, qui me illúminet, me córrigat, et me per viam mandatórum tuórum perfectíssime perdúcat, cæléstem felicitátem expectándo, in qua te in ætérnum glorificábimus. Amen.

Thee, to obey Thee, and to love Thee always, with Mary Immaculate, the Mother of God, and ours, loving and serving also my neighbor for love of Thee. Therefore, I beseech Thee to give me Thy Holy Spirit, Who shall enlighten me, correct me, and guide me on the path of Thy commandments, and in all perfections, as we await the happiness of Heaven, where we shall glorify Thee forever and ever. So be it.

ACT OF RESIGNATION TO THE DIVINE WILL

Fiat, laudétur, atque in ætérnum superexaltétur justíssima, altíssima, et amabilíssima volúntas Dei in ómnibus.

May the most just, most high, and most adorable Will of God be in all things done, praised, and magnified for ever.

ACTS OF THANKSGIVING TO THE TRIUNE GOD
Syro-Maronite Liturgy

Glória Patri, qui Fílium suum propter nos misit. Adorátio Fílio, qui per suam crucifixiónem Univérsum rédemit. Gratiárum áctio Spirítuo Sancto, per quem salútis nostræ mystérium consummátum est. Benedíctus, qui sua caritáte nobis ómnibus vitam impertívit. Ipsi sit glória.

Glory be to the Father, Who sent His Son for our sakes. Adoration be to the Son, Who by His crucifixion redeemed the universe. Thanksgiving be to the Holy Ghost, By Whom the mystery of our salvation was consummated. Blessed is He, out of Whose charity life hath been bestowed upon us all. Unto Him be glory.

PRAYER FOR A VISIT TO THE BLESSED SACRAMENT
St. Alphonsus Liguori

My Lord Jesus Christ, Who for the love which Thou bearest to men dost remain day and night in this Sacrament, full of mercy and of love, inviting, expecting, receiving all them who come to visit Thee. I believe that Thou art present in the Blessed Sacrament of the Altar: I adore Thee, confessing mine own misery and nothingness, and I thank Thee for all the mercies which Thou hast bestowed upon me, especially for having given me Thyself in this Sacrament, for having given me Thy most Holy Mother Mary for my advocate, and for having called me to visit Thee at this time.

I salute Thy most loving Heart, and I desire to do so for three ends: first, in thanksgiving for this great gift; second, to atone for all the injuries Thou hast received from Thine enemies in this Sacrament; third, to adore Thee in all places in which Thou art least honored and most abandoned in this Holy Sacrament.

O my Jesus, I love Thee with all my heart. I am sorry for having hitherto displeased Thy infinite goodness; I resolve, with the assistance of Thy grace, never more to offend Thee; and at this moment, miserable as I am, I desire to consecrate my whole being to Thee. I give Thee my will, my affections, my desires, and all that I have. From this day forward, do with me and whatever belongs to me what Thou pleasest; I ask and desire only Thy love, the gift of final perseverance, and the perfect accomplishment of Thy holy will. I recommend to Thee the souls in purgatory, particularly those who were devout to the Blessed Sacrament and to Holy Mary, and I recommend to Thee all poor sinners. Finally, my dear Saviour, I unite all my affections with those of Thy most loving Heart; and thus united, I offer them to Thy eternal Father, and I beseech Him in Thy Name, and for Thy sake, to accept them. Amen.

ACT OF SPIRITUAL COMMUNION
St. Alphonsus Liguori

I believe in Thee, O my Jesus, present in the most holy Sacrament of the Altar; I love Thee above all things; and I desire to receive Thee into my soul. Since I cannot now receive Thee sacramentally, come at least spiritually into my heart. I embrace Thee and I unite myself to

Thee as if Thou wert already there. O, never permit me to be separated from Thee.

ACTS OF ADORATION BEFORE THE MOST HOLY SACRAMENT

Hail, Salvation of the world, Word of the Father, holy Host, true Life, living Flesh, perfect Deity, true Man, Body of our Lord Jesus Christ; Thou Who didst form me from the dust of the earth, have mercy upon me, a sinner. Amen.

Hail, most merciful Jesus, Son of God and of the Virgin Mary, Who didst so love me as to be pleased to die for me, and to give Thyself to me as my support, my sacrifice, and my reward; be Thou, with the Father and the Holy Ghost, blessed by all and above all for ever.

I grieve for all my sins, purely because they have displeased Thee, and I resign myself to Thee, and annihilate myself before Thee. Supply, O merciful Jesus, for all the imperfections of us, Thy people, for whom Thou didst deign to die, through the merits of the most Blessed Virgin Mary and of all the Saints, which I offer Thee in union with Thine own most sacred merits, to be represented before the Eternal Father. O Holy Father, look upon the Face of Thy Christ, and grant us the grace to know Thee, to love Thee, and to praise Thee, together with Thy beloved Son and the Holy Ghost, now and for ever.

All my holy patrons, and thou first, O most Blessed Mother of God, praise ye the Lord with me, and let us exalt His Name for ever. Amen.

O Lord Jesus Christ, true God and Man, I humbly adore and invoke Thee, now present in the verity of Thy Flesh and Blood, Thy Body and Soul. Would that I could truly contemplate and know Thee, that I could love, praise, and glorify Thee, even as do thousands of holy angels who contemplate Thee with the highest joy, who know Thee, love, praise, and glorify Thee perfectly without weariness or interruption. All creatures justly celebrate with praise and thanksgiving that ardent love of Thine by which Thou didst offer Thine innocent and Precious Body upon the altar of the Cross, and didst so lovingly, so graciously, so affectionately leave us in this Holy Sacrament the same Body, living and immortal, as a remembrance of Thy departure, and as a pledge of Thine infinite love. Do Thou, therefore, O Lamb of God, Who takest away the sins of the world, have mercy upon us, and give us peace; and so refresh our souls

continually with this spiritual Food, that we may never, in life or death, be separated from Thee and from Thine infinite mercy. Who livest and reignest for ever. Amen.

O infinite Wisdom, which cannot be deceived; O immense Goodness, which cannot deceive; great and eternal Truth: my Lord and God! I believe in Thee and I believe Thee in all which Thou hast revealed, and which Thou proposest to me to be believed through Thy Holy Spouse the Church; and for this holy Faith I am ready, by Thy grace, to die. I hope in Thee, O our eternal Beatitude, and through Thine infinite mercy and most precious merits, I trust that Thou wilt grant me the pardon, grace, and glory which Thou hast promised, with all the necessary means for attaining them; and I acknowledge and profess that I depend wholly upon Thee, that I can do nothing without Thee, but that through Thee I can do all things, I love, and will love Thee and all things that Thou lovest, O infinite Fountain of all good, because Thou art good in Thyself, and infinitely to be loved. I rejoice in Thine infinite perfection, beatitude, and loveliness; and in all the homage, praise, honor, and glory which has been, is, or can be rendered to Thee by Thine elect and by all creatures. All these I offer to Thee, along with every service and affection of my heart and my life itself.

I firmly embrace Thee and Thy blessed Will in all things with the arms of love and resignation; I venerate Thee with every possible feeling of reverence, affection, and gratitude; and I desire to embrace, love, and venerate Thee for ever, if Thou wilt mercifully grant that I may not be separated from Thy grace and love here, or fail in attaining Thy happy vision hereafter. I believe in Thee, O supreme Truth. I revere Thee, O infinite Majesty. I adore Thee, O tremendous Power. I bless Thee, O most liberal Benignity. I hope in Thee, O eternal Felicity. I love Thee, O incomprehensible Goodness. I glorify Thee, O most holy Godhead. I grieve from mine inmost heart that I have ever offended Thee!

PRAYER TO JESUS IN THE MOST HOLY SACRAMENT

Peccáta nostra, Dómine, intellséctum nostrum obnúbilant, et ad bonum negligéndum, te, quemádmodum dignus es diligéndi nos addúcunt. Vívidæ tuæ lucis

Our sins, O Lord, darken our minds, and we lose the benefit of loving Thee as Thou deservest. Enlighten us with a ray of Thy bright light. Thou art Friend,

rádio, mentes nostras illúmina, tu amícus, Redémptor, Pater es pœniténtium ad Cor tuum redeúntium; et nos pœniténtes ad te revértimur. Salva nos, Jesu, infiníta tua bonitáte, nostris dignáre supplére misériis! In te, Jesu, sperámus; nóvimus enim, nostram salútem te Crucis morti subjecísse, teque, ad perénniter in Sacratíssimo Sacraménto manéndum, induxísse, ut nobíscum conjungeréris, quotiescúmque voluérimus. Ut tibi, Dómine, de tanto, quo nos áfficis, amóre grátias referámus, te, Sacraménti velámine abscónditum, recípere, tua grátia, tam sæpe, quóties licébit, pollicémur; tuas laudes in templo et ubíque, absque vano hóminum metu, recitáre. Te súpplices, Dómine, in tuo Sacratíssimo Corde confidéntes, quæsumus, diligéntes te in tuo amóre consérva, et voca omnes ad te quotídie, secúndum tuum véhemens desidérium, in altári suscipiéndum.

Redeemer, Father of all who turn repentant to Thy Heart; and we return to Thee sorrowing. Save us, O Jesus; provide out of Thine infinite bounty for our miseries. O Jesus, we hope in Thee because we know that our salvation cost Thee Thy Life, sacrificed upon the Cross, and induced Thee to dwell continuously in the Blessed Sacrament, in order to be united with us as often as we desire. O Lord, to thank Thee for the great love Thou bearest us, we promise with the help of Thy grace to receive Thee in the Blessed Sacrament as often as possible; to declare Thy praises in Thy temples and in every place, without human respect. O Lord, confiding in Thy Sacred Heart, we beseech Thee, to preserve in Thy love those who love Thee, and to invite all to receive Thee daily at the altar in accordance with Thy burning desire.

CHAPLET FOR EUCHARISTIC PROCESSIONS

Recitetur semel Pater, Ave et Gloria, deinde decies dicatur:

℣. Laudem quólibet moménto Sacratíssimum Sacraméntum

℟. Nunc et semper laudétur noster Deus in Sacraménto.

Recite a Our Father, Hail Mary, and Glory Be, then say ten times:

℣. Let us praise at every moment the Most Holy Sacrament.

℟. May our God, present in the Sacrament, be now and ever praised.

Deinceps repetatur Pater, Ave et Gloria, et sic de cetero, usque dum Processio perduraverit.

Then repeat the Our Father, Hail Mary, and Glory Be, and so on as long as the procession lasts.

ACT OF REPARATION FOR INJURIES TO THE MOST HOLY SACRAMENT OF THE ALTAR

Orémus: Adeúntes cum fidúcia ad thronum grátiae tuæ, Dómine Jesu, propítius réspice et exaúdi; ut glória tua, quæ in Sacraménto amóris tui perpétuis impiórum contuméliis impétitur, perpétuo quoque tibi famulántium cultu reparétur. Qui vivis et regnas cum Deo Patre in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. Amen.

Let us pray: O Lord Jesus, drawing nigh with confidence unto Thy throne of grace, we pray Thee mercifully to look upon us and hear us: that Thy glory, which in the Sacrament of Thy love is perpetually outraged by the blasphemies of impious men, may by the perpetual worship of Thy family be repaired. Thou Who livest and reignest with God the Father in the unity of the Holy Ghost, art God forever and ever. Amen.

THE GOLDEN ARROW OF PRAISE IN REPARATION FOR BLASPHEMIES AGAINST THE SACRED NAME OF GOD

Ant. Intret orátio nostra in Conspéctu tuo, Dómine; inclína áurem tuam ad preces nostras: Parce, Dómine, parce pópulo tuo, quem redemísti, Christe, Sánguine tuo, et ne in ætérnum irascáris nobis.

℣. Sit nomen Dómini benedíctum:
℟. Ex hoc nunc, et usque in sæculum.

Ant. Let our prayers come before Thy Face, O Lord; incline Thine ears to our petitions: Pardon, O Lord, pardon Thy people, whom Thou hast redeemed, O Christ, in Thy Blood, and be not angry with us forever.

℣. Blessed be the name of the Lord:
℟. From henceforth now and for ever.

Orémus: Laudétur, benedicátur, amétur, adorétur, et glorificétur semper Sanctíssimum, Sacratíssimum, honoratíssimum, nimis incognítum et ineffabilissímum Nomen Dei in cælo, super terram, et in inférno per omnes creatúras prodeúntes de manu Dei, et per Sacratíssimum Cor Dómini nostri Jesu Christi in Sanctíssimo Altáris Sacraménto. Amen.

Let us pray: May the most Holy, most Sacred, most Adorable, most Incomprehensible, and most Unutterable Name of God be ever praised, blessed, loved, adored, and glorified, in heaven, on earth, and under the earth, by all creatures proceeding from the hands of God, and by through the Sacred Heart of our Lord Jesus Christ in the Most Holy Sacrament of the Altar. Amen.

ACTS OF FAITH AND ADORATION BEFORE HOLY COMMUNION

My good Jesus, I believe with a firm and lively faith that in this adorable Sacrament are Thy Body and Blood, Soul and Divinity. I believe that in this consecrated Host I shall receive that same Body which was born of the most pure Virgin Mary in Bethlehem, which suffered so many pains and torments for love of me on the Way of the Cross and on Calvary, and which rose gloriously the third day from the dead. I believe that I shall receive that most Holy Soul which is enriched with all the treasures of the Divinity; I believe that I shall receive God Himself.

I adore Thee, O my God, as my Creator, my Preserver, my Redeemer, and my Judge, truly present in the Holy Eucharist. Divine Host, I adore Thee with the angels who fill the sanctuary and hover over the tabernacle as they hovered over the cave of Bethlehem in the Holy Night; I adore Thee, my God, with the Blessed Virgin, and in union with all the saints. Lord and Master of the universe, Who hast fixed Thy dwelling amongst men, I adore Thee with profound gratitude. O my Jesus, bless this temple wherein Thou residest, but still more the heart that I offer Thee as a living abode and place of rest. Deign ever to inhabit it by Thy grace and Thy love, and may my sins never banish Thee from it!

Lord, I have a firm faith, but do Thou strengthen my faith, and animate it so that it may produce in my soul deeper sentiments of adoration and love. Good Lord, increase my faith that I may love

Thee more, and be more generous in my sacrifices for the love of Thee and for the love of my neighbors.

PRAYER TO BEG FOR GOD'S BLESSINGS

Suitable for Benediction of the Blessed Sacrament

O Divine Redeemer of our souls, Who of Thy great goodness hast been pleased to leave us Thy Precious Body and Blood in the Blessed Sacrament of the Altar, I adore Thee with the most profound reverence. I humbly thank Thee for all the favors Thou hast bestowed upon us, especially for the institution of this most Holy Sacrament. And as Thou art the source of every blessing, I entreat Thee to pour down Thy benediction this day upon us and upon all those for whom we offer up our prayers. And that nothing may interrupt the course of Thy blessing, I beseech Thee to banish from my heart all that displeases Thee: pardon me my sins, O my God, since I sincerely detest them for love of Thee; purify my heart, sanctify my soul, bestow on me a blessing like that which Thou didst grant to Thy disciples at Thine ascension into heaven; grant me a blessing that may change, consecrate and unite me perfectly to Thee, and may fill me with Thy Spirit, and be to me in this life a foretaste of those blessings which Thou reservest for Thine elect in heaven. All this I beg in the name of the Father, Son, and Holy Ghost. Amen.

Vouchsafe, O Lord Jesus Christ, with the Father and the Holy Ghost, to pour down upon me Thy most holy benediction, that I may be enabled always to love Thee, and seek to accomplish Thy divine will in all things; and grant, O bread of angels, that I may deserve to receive Thee during life, to be comforted by Thee in death, and to enjoy Thee eternally in Thy heavenly kingdom. Amen.

PRAYER OF THOMAS À KEMPIS

Open unto me, O Lord, I beseech Thee, the treasures of Thy mercy. Unfold to me the wonderful mystery of Thy sufferings in which lies hidden the solace for all who are weak and afflicted. O Jesus, Fountain of grace, make my heart to fathom the bitterness of Thy Chalice, whereby my burden will be changed into sweetness. Pierce my hands and my feet with the nails of Thy charity, so that nothing of vanity or carnal love may live in mine actions or affections, but live Thou, Lord, in me and grant that I may live in Thee. Let no evil intervene

to separate us, so that neither pleasure nor pain may be able to draw me from Thy love. Whether Thou shalt call me to life or to death, or whatsoever else Thou shalt ordain, Lord, that will I accomplish in Thy Name.

Hail, Lord Jesus Christ, Spouse of virgins, Solace of widows, Hope of orphans, Refuge of the destitute, Consolation of the sad, Eternal Salvation of believers, and Harbor wide open to all who come to Thee: Whom with their special ornament of chastity the innumerable choir of virgins follow, wearing their stainless aureola.

Hail, Lord Jesus Christ, Light of the world, Fount of life, Paradise of the soul, Joy of the heart, Giver of grace, Restorer of innocence, in Whom are all the treasures of the wisdom and knowledge of the hidden God; Whom to know is to live, Whom to serve is to reign, Whom to have once seen is to have learnt all things: Whom the angels long to look upon, with desire ever new and ever satiated in beholding. To Thee be praise, to Thee be glory, to Thee be thanksgiving with the Father and the Holy Ghost for ever and ever. Amen.

LITANIES OF THE PASSION

St. Gertrude

Lord, have mercy.
Christ, have mercy.
Lord, have mercy.
Jesus, hear us.
Jesus, graciously hear us.
O God, the Father of heaven, *have mercy on us.*
O God, the Son, Redeemer of the world, *have mercy on us.*
O God, the Holy Ghost, *have mercy on us.*
Holy Trinity, one God, *have mercy on us.*
Jesus, Son of the living God, *have mercy on us.*
By Thy most holy Life and Conversation, *have mercy on us.*
By Thy most bitter Passion and Death, *have mercy on us.*
By Thy sorrow and Thine agony in the Garden, *have mercy on us.*
By Thy thrice-repeated prayer, *have mercy on us.*
By Thy resignation of Thy human Will, *have mercy on us.*
By Thy sweat of Blood, *have mercy on us.*
By Thy harsh captivity, *have mercy on us.*
By Thy bonds and stripes, *have mercy on us.*
By Thy sacred Body buffeted and smitten, *have mercy on us.*
By Thy mockings and Thine ignominy, *have mercy on us.*

By the spitting upon Thine adorable Face, *have mercy on us.*

By the false judgment pronounced on Thee by Caiphas, *have mercy on us.*

By Thy setting at naught by Herod, *have mercy on us.*

By the shameful stripping off Thy garments, *have mercy on us.*

By Thy cruel scourging, *have mercy on us.*

By Thy painful Crown of Thorns, *have mercy on us.*

By Thy purple robe, *have mercy on us.*

By Thy most unjust condemnation, *have mercy on us.*

By Thy bearing Thine own Cross, *have mercy on us.*

By Thy footprints traced in Blood, *have mercy on us.*

By the wound in Thy sacred shoulder, *have mercy on us.*

By the tearing off of Thy garments, *have mercy on us.*

By the cruel stretching of all Thy sacred limbs, *have mercy on us.*

By Thy dread crucifixion, *have mercy on us.*

By the upraising of Thy Cross, *have mercy on us.*

By the taunts and blasphemies of Thine enemies, *have mercy on us.*

By Thy seven words and Thy thirst, *have mercy on us.*

By the compassion of Thy Mother, *have mercy on us.*

By the woe of all Thy friends, *have mercy on us.*

By the anguish of Thy Heart and of Thy Body, *have mercy on us.*

By Thy tears and prayers, *have mercy on us.*

By the dropping of Thy most Precious Blood, *have mercy on us.*

By Thy patience and humility, *have mercy on us.*

By the love of Thy sweetest Heart, *have mercy on us.*

By the love wherewith Thou didst pray for sinners, *have mercy on us.*

By the love wherewith Thou didst endure all Thy torments and sorrows, *have mercy on us.*

By the love wherewith Thou didst will to die a cruel death, *have mercy on us.*

By the love wherewith Thou didst will Thy sacred Side to be opened with the lance, *have mercy on us.*

By the love wherewith Thou didst will to be laid in the sepulcher, *have mercy on us.*

By the most acceptable sacrifice which Thou didst offer to Thy Father in Thy Passion, *have mercy on us.*

By the intercession of Thy dearest Mother and of all Thine elect, *have mercy on us.*

By Thine infinite dignity and worth, *have mercy on us.*

Lamb of God, Who takest away the sins of the world, s*pare us, O Lord.*

Lamb of God, Who takest away the sins of the world, *graciously hear us, O Lord.*

Lamb of God, Who takest away the sins of the world, *have mercy on us.*

Jesus, hear us.
Jesus, graciously hear us.

Ant. O Savior of the world, save us, who by Thy Cross and Blood hast redeemed us: grant us Thine aid, we beseech Thee, O our God.

℣. We adore Thee, O Christ, and we bless Thee.

℟. Because by Thy cross Thou hast redeemed the world.

Let us pray: O Lord Jesus Christ, Son of the living God, Who didst at the sixth hour go up on the Cross for the redemption of the world, and shed Thy Blood for the remission of our sins; we humbly beseech Thee that by the virtue and merits of Thy most holy Life, and Passion, and Death, Thou wouldst grant us to enter into the gates of Paradise with joy; Who livest and reignest with God the Father and the Holy Ghost, ever one God, forever and ever. Amen.

ACT IN HONOR OF THE EUCHARISTIC HEART OF JESUS

Adorámus, grátias ágimus, orámus, et consolámur cum María Immaculáta, sacratíssimum et amantíssimum Cor Jesu Eucharísticum.

Let us adore, give thanks, beseech and console with Mary Immaculate the most sacred and most loving Eucharistic Heart of Jesus.

PRAYER TO THE SACRED HEART OF JESUS

Cor Jesu sanctissímum, large, quæsumus, effúnde tuas benedictiónes super sanctam Ecclésiam, super Summum Pontíficem, et super omnem clerum; da justis perseveránti am, convérte peccatóres, illúmina infidéles, bénedic nostros propínquos, amícos et benefactóres, assíste morti próximos, líbera ánimas in Purgatório

O Sacred Heart of Jesus, pour down Thy blessings abundantly upon Thy Church, upon the Supreme Pontiff, and upon all the clergy; give perseverance to the just, convert sinners, enlighten unbelievers, bless our parents, friends and benefactors, help the dying, free the souls in Purgatory, and extend over all

degéntes, et super ómnium corda dulce impérium tui amóris exténde. Amen.

hearts the sweet empire of Thy love. Amen.

ACT OF CONFIDENCE IN THE HEART OF JESUS

O Sacrum Cor Jesu, in Te confído!

O Sacred Heart of Jesus, I put my trust in Thee!

ASPIRATION TO THE ROYAL HEART OF JESUS

Sacrum Cor Jesu, advéniat regnum tuum!

O Sacred Heart of Jesus, Thy kingdom come!

PRAYER TO THE HOLY FACE OR TO THE DEAD CHRIST

St. Thérèse of Lisieux

O Jesu, qui in amára tua Passióne oppróbrium hóminum et Vir Dolórum factus es, tuum Vultum divínum ego véneror, in quo venústas et pulchritúdo fulgébat divinitátis, nunc pro me factum tanquam vultum leprósi? At sub hoc tamen defórmi aspéctu, amórem tuum infinítum dignósco, et consúmere me séntio desidério te amándi, ac efficiéndi ut hómines sínguli te ament.

Lácrymæ, quæ tuis ex óculis défluunt, quasi pretiósæ mihi vidéntur margarítæ, quas collígere cúpio, ut illárum prétio infiníto ánimas miserórum peccatórum acquíram.

O Jesu, cujus Vultus única est pulchritúdo, quæ rápiat cor

O Jesus, Who in Thy bitter Passion didst become the reproach of men and the Man of Sorrows (Is. 53:3), I venerate Thy sacred Face on which shone the grace and sweetness of the Divinity, now for my sake changed into the likeness of a leper (Is. 53:4)? But under this disfigured Countenance I perceive Thine infinite love, and I am overwhelmed with the desire of loving Thee and making Thee beloved by all men.

The tears which stream from Thine eyes seem as precious pearls, which I delight to gather up, in order to ransom with their infinite value the souls of poor sinners.

O Jesus, Whose Face is the sole beauty which ravisheth my

meum, ni vídero hoc in mundo tui Vultus pulchritúdinem, ni sénsero ósculum ineffábilem tui oris, acquiéscam: sed ímprime, quæso, in me tuam divínam imáginem, tuo amóre me inflámma, ut ipse me extémplo consúmmet, et ego quamcíto ad tuum Vultum gloriósum in cælo aspiciéndum pervéniam. Amen.

heart, I am content not to see here below the sweetness of Thy glance, not to feel the ineffable tenderness of a kiss of Thy mouth; but O! I beseech Thee print on me Thy divine likeness, and inflame me with Thy love, so that it may rapidly consume me, and I may soon reach the vision of Thy glorious face in Heaven. Amen.

PRAISES OF THE HOLY CROSS
Ethiopic Liturgy

Crux redémptio nostra, Crux fortitúdo nostra, Crux salus animárum nostrárum. Judæi negavérunt, nos autem credídimus; et qui credídimus virtúte Crucis ejus salvi sumus. Crux lux pro toto mundo, fundaméntum Ecclésiæ, Crux tua, Dómine, fáciens resúrgere mórtuos. Hæc Crux redémptio et salus nostra. Pro Judæis reprobátio fuit. Hæc Crux redémptio et salus nostra. Pro nobis vita fuit. Hæc Crux redémptio et salus nostra.

O Cross, our redemption! O Cross, our strength! O Cross, the salvation of our souls! The Jews rejected thee, but we have believed; and we who have believed by the virtue of His Cross are saved. O Cross, thou art a light unto the whole world, thou art the foundation of the Church; Thy Cross, O Lord, maketh the dead to rise again. This Cross is our redemption and our salvation. Unto the Jews it was a reprobation. But unto us this Cross is our redemption and our salvation. Unto us it was life. This Cross is our redemption and our salvation.

HYMN TO THE LIFE-GIVING CROSS
Armenian Liturgy

Adorámus Crucem tuam, Christe, et exaltámus sepultúram tuam et glorificámus sanctam

We adore Thy Cross, O Christ, and we exult in Thy Burial and we glorify Thy Holy Re-

Resurrectiónem tuam; veníte, fidéles, adorémus Christum Deum nostrum, quóniam venit per Crucem suam et concéssit donum mundo.	surrection. Come, ye faithful, come let us worship Christ our God, because He hath come to confer gifts to the world through His Cross.
Glória sanctæ Cruci, allelúja. Sanctæ Sion, allelúja. Sanctæ Resurrectióni, allelúja.	Glory be to the Holy Cross, alleluia. To Holy Sion, alleluia. And to the Holy Resurrection, alleluia.
Signátum est super nos lumen vultus tui, Dómine: dedísti lætítiam in corde meo. A fructo fruménti, vini et ólei sui multiplicáti sunt. (Ps. 4: 7-8)	The light of Thy countenance is signed upon us, O Lord: Thou hast given gladness in my heart. From the fruit of their corn, their wine, and oil are they multiplied. (Ps. 4: 7-8)
Glória sanctæ Cruci, allelúja. Sanctæ Sion, allelúja. Sanctæ Resurrectióni, allelúja. *(bis)*	Glory be to the Holy Cross, alleluia. To Holy Sion, alleluia. And to the Holy Resurrection, alleluia. *(twice)*
Glória et adorátio Patri et Fílio et Spirítui Sancto, nunc et semper et in sæcula sæculórum. Amen.	Glory and adoration be to the Father, Son and Holy Ghost, now and evermore, and unto ages of ages. Amen.
Glória sanctæ Cruci, allelúja. Sanctæ Sion, allelúja. Sanctæ Resurrectióni, allelúja. *(bis)*	Glory be to the Holy Cross, alleluia. To Holy Sion, alleluia. And to the Holy Resurrection, alleluia. *(twice)*
Crux vivificátrix quæ fuit nobis salus: per ipsam omnes nos benedícimus te, Jesu.	The Cross is the giver of life, it hath been our salvation: through it we all bless Thee, O Jesus.

OBLATION OF THE PRECIOUS BLOOD

Ætérne Pater, tibi óffero Sánguinem Pretiosíssimum Jesu Christi in satisfactiónem peccatórum	Eternal Father, I offer Thee the Most Precious Blood of Jesus Christ, in satisfaction for my sins,

meórum, ac pro necessitátibus sanctæ Ecclésiæ.	and for the wants of Holy Church.

HYMN TO THE MOST HOLY REDEEMER

Jesu, nostra redémptio, Amor et desidérium, Deus Creátor ómnium, Homo in fine témporum.	Jesu, Redemption all divine, Whom here we love, for Whom we pine, God, working out creation's plan, And, in the latter time, made Man.
Quæ te vicit cleméntia, Ut ferres nostra crímina, Crudélem mortem pátiens Ut nos a morte tólleres!	What love of Thine was that, which led To take our woes upon Thy head, And pangs and cruel death to bear, To ransom us from death's despair!
Inférni claustra pénetrans, Tuos captívos rédimens, Victor triúmpho nóbili Ad déxtram Patris résidens.	To Thee Hell's gate gave ready way, Demanding there his captive prey; And now in pomp and victor's pride, Thou sittest at the Father's side.
Ipsa te cogat piétas Ut mala nostra súperes Parcéndo, et voti cómpotes Nos tuo vultu sáties.	Let every mercy force Thee still To spare us, conquering all our ill; And, granting that we ask, on high With Thine own Face to satisfy.
Tu esto nostrum gáudium, Qui es futúrus præmium, Sit nostra in te glória, Per cuncta semper sæcula.	Be Thou our joy, and Thou our guard, Who art to be our great reward; Our glory and our boast in Thee For ever and for ever be!

Amen.	Amen.

OBLATION OF THE MERITS OF JESUS, MARY, AND JOSEPH

Eternal Father, we offer Thee the Blood, Passion, and Death of Jesus Christ, the sorrows of the most Holy Mary and St. Joseph, in payment of our sins, in suffrage for the Holy Souls in Purgatory, for the wants of our Holy Mother the Church, and for the conversion of sinners. Amen.

PRAYER FOR THE BLESSING OF JESUS, MARY, AND JOSEPH

Nos, Jesu, María, et Joseph bone, Benedícite nunc, et in mortis agóne.	Jesus, Mary, and good Joseph bless, O! bless us now and in death's distress.

PRAYER IN HONOR OF THE SACRED HEART JESUS AND MARY UNITED AS ONE, AND THEIR SACRED NAMES

St. John Eudes

Benedíctum sit Cor amantíssimum et dulcíssimum Nomen Dómini nostri Jesu Christi et gloriosíssimæ Vírginis Maríæ Matris ejus, in ætérnum et ultra.	Blessed be the most loving Heart, and the most Sweet Name of our Lord Jesus Christ, and of the most glorious Virgin Mary, His Mother, in eternity and beyond.

SALUTATIONS TO THE MOST SACRED HEART OF JESUS AND MARY UNITED AS ONE

St. John Eudes, in the manner of St. Mechtilde

Ave, Cor sanctíssimum!	Hail, O Heart most holy!
Ave, Cor mitíssimum!	Hail, O Heart most meek!
Ave, Cor humíllimum!	Hail, O Heart most humble!
Ave, Cor puríssimum!	Hail, O Heart most pure!
Ave, Cor devotíssimum!	Hail, O Heart most devout!
Ave, Cor sapientíssimum!	Hail, O Heart most wise!
Ave, Cor patientíssimum!	Hail, O Heart most patient!

Ave, Cor obedientíssimum!	Hail, O Heart most obedient!
Ave, Cor vigilantíssimum!	Hail, O Heart most vigilant!
Ave, Cor fidelíssimum!	Hail, O Heart most faithful!
Ave, Cor beatíssimum!	Hail, O Heart most blessed!
Ave, Cor misericordíssimum!	Hail, O Heart most merciful!
Ave, Cor amantíssimum Jesu et Mariæ!	Hail, O Heart of Jesus and Mary most loving and lovable!
Te adorámus,	We adore Thee,
Te laudámus,	We praise Thee,
Te glorificámus,	We glorify Thee,
Tibi grátias ágimus,	We give Thee thanks,
Te amámus,	We love Thee,
Ex toto corde nostro,	With all of our heart,
Ex tota ánima nostra,	With all of our soul,
Et ex totis víribus nostris.	With all of our strength,
Tibi cor nostrum offérimus,	We offer Thee our heart,
Donámus,	We give Thee our heart,
Consecrámus,	We consecrate to Thee our heart,
Immolámus,	We immolate to Thee our heart,
Áccipe et possíde illud totum,	Receive and possess it entirely,
Et purífica,	And purify it,
Et illúmina,	Illuminate it,
Et sanctífica,	Sanctify it,
Ut in ipso vivas et regnes et nunc et semper, et in sæcula sæculórum. Amen.	That Thou mayest live and reign in it now and evermore, and for ages unto ages. Amen.

ASPIRATION TO OUR LADY OF THE SACRED HEART

Nostra Dómina a Sacro Corde, ora pro nobis.	Our Lady of the Sacred Heart, pray for us.

ASPIRATION FOR HOLY PURITY

St. Alphonsus

Per tuam Immaculátam Conceptiónem, O María, redde puram corpus meum et sanctam ánimam meam. Ave Maria… *(ter)*	By thine Immaculate Conception, O Mary, make my body pure, and my soul holy. Hail Mary… *(thrice)*

PLAINT OF THE SORROWFUL MOTHER

Jacopone da Todi

Stabat Mater dolorósa
Juxta Crucem lacrimósa,
Dum pendébat Fílius.

At the Cross her station keeping,
Stood the mournful Mother weeping,
Close to Jesus to the last.

Cujus ánimam geméntem,
Contristátam et doléntem
Pertransívit gládius.

Through her heart, His sorrow sharing,
All His bitter anguish bearing
Now at length the sword had passed.

O quam tristis et afflícta
Fuit illa benedícta
Mater Unigéniti!

O, how sad and sore distressed
Was that Mother highly blessed
Of the sole begotten One!

Quæ mærébat et dolébat,
Pia Mater, dum vidébat
Nati pœnas íncliti.

Christ above in torment hangs,
She beneath beholds the pangs
Of her dying, glorious Son.

Quis est homo, qui non fleret,
Matrem Christi si vidéret
In tanto supplício?

Is there one who would not weep
'Whelmed in miseries so deep
Christ's dear Mother's pain untold.

Quis non posset contristári,
Christi Matrem contemplári
Doléntem cum Fílio?

Can the human heart refrain
From partaking in her pain,
In that Mother's pain untold?

Pro peccátis suæ gentis
Vidit Jesum in torméntis
Et flagéllis súbditum.

Bruised, derided, cursed, defiled,
She beheld her tender Child,
All with bloody scourges rent.

Vidit suum dulcem
Natum Moriéndo desolátum,
Dum emísit spíritum.
Eja, Mater, fons amóris,
Me sentíre vim dolóris
Fac, ut tecum lúgeam.

For the sins of His own nation
Saw Him hang in desolation
Till His spirit forth He sent.
O sweet Mother! fount of love,
Touch my spirit from above,
Make my heart with thine accord.

Fac, ut árdeat cor meum
In amándo Christum Deum,
Ut sibi compláceam.

Sancta Mater, istud agas,
Crucifixi fige plagas
Cordi meo válida.

Tui Nati vulneráti,
Tam dignáti pro me pati,
Pœnas mecum dívide.

Fac me tecum pie flere,
Crucifíxo condolére,
Donec ego víxero.

Juxta Crucem tecum stare
Et me tibi sociáre
In planctu desídero.

Virgo vírginum præclára.
Mihi jam non sis amára:
Fac me tecum plángere.

Fac, ut portem Christi mortem,
Passiónis fac consórtem
Et plagas recólere.

Fac me plagis vulnerári,
Fac me Cruce inebriári
Et cruóre Fílii.

Flammis ne urar succénsus,
Per te, Virgo, sim defénsus
In die judícii.

Christe, cum sit hinc exíre.
Da per Matrem me veníre
Ad palmam victóriæ.

Quando corpus moriétur,
Fac, ut ánimæ donétur

Make me feel as thou hast felt;
Make my soul to glow and melt
With the love of Christ, my Lord.

Holy Mother, pierce me through,
In my heart each wound renew,
Of my Savior crucified.

Let me share with thee His pain,
Who for all our sins was slain,
Who for me in torments died.

Mixed with thine let my tears be,
Mourning Him Who mourned for me,
All the days that I may live.

By the Cross with thee to stay,
There with thee to weep and pray,
Is all I ask of thee to give.

Virgin of all virgins blest!
Listen to my fond request:
Let me share that grief of thine.

Let me, to my latest breath,
In my body bear the death
Of that dying Son of thine.

Wounded with His every wound,
Steep my soul till it has swooned
In His very Blood away.

Be to me, O Virgin, nigh,
Lest in flames I burn and die,
In that awful judgment day.

Christ, when Thou shalt call me hence,
Be Thy Mother my defense,
Be Thy Cross my victory.

While my body here decays,

Paradísi glória.
Amen.

℣. Ora pro nobis, Virgo dolorosíssima.
℟. Ut digni efficiámur promissiónibus Christ.

Orémus: Intervéniat pro nobis, quæsumus, Dómine Jesu Christe, nunc et in hora mortis nostræ, apud tuam cleméntiam, beáta Virgo María Mater tua, cujus sacratíssimam ánimam in hora tuæ passiónis dolóris gládius pertransívit. Per te, Jesu Christe, Salvátor mundi, qui cum Patre et Spíritu Sancto vivis et regnas, per ómnia sæcula sæculórum. Amen.

May my soul Thy goodness praise,
Safe in heaven eternally.
Amen.

℣. Pray for us, O Virgin most sorrowful.
℟. That we may be made worthy of the promises of Christ.

Let us pray: Grant, we beseech Thee, O Lord Jesus Christ, that the most blessed Virgin Mary, Thy Mother, through whose most holy soul, in the hour of Thine own Passion, the sword of sorrow passed, may intercede for us before the throne of Thy mercy, now and at the hour of our death, through Thee, O Jesus Christ, Savior of the world, Who livest and reignest with the Father and the Holy Ghost, forever and ever. Amen.

PRAYER TO THE MOST HOLY AND SORROWFUL VIRGIN

O Virgo et Mater sanctíssima, cujus ánimam in divíni Fílii tui Passióne dolóris gládius pertransívit, et quæ in gloriósa Ejus Resurrectióne perénnem triumphántis lætítiam percepísti: ímpetra nobis supplícibus tuis; ita Sanctæ Ecclésiæ adversitátibus, Summíque Pontíficis dolóribus consociári, ut optátis étiam consolatiónibus lætificári cum ipsis mereámur, in caritáte et pace

O holy Virgin and Mother, whose soul a sword of grief went through in the Passion of thy Divine Son, and who in His glorious Resurrection wast filled with unending joy at His triumph; intercede for us thy suppliants, that we may become so truly partakers in the adversities of the Holy Church and the trials of the Supreme Pontiff, that we may deserve to share in the consolations they

ejúsdem Christi Dómini nostri. Amen.

desire, in the charity and peace of the same Christ our Lord. Amen.

ASPIRATION TO THE MOTHER OF SORROWS AND MOTHER OF CHRISTIANS

María Pérdolens, Mater ómnium christianórum, ora pro nobis.

O Mary most sorrowful, Mother of all Christians, pray for us.

PRAYER TO THE BLESSED VIRGIN MARY, REPARATRIX

Virgo Immaculáta, peccatórum refúgium, tu, quæ, ut injúrias in Deum illátas, et malum in hóminem a peccáto ingéstum reparáres, in morte Divíni Fílii tui acquievísti, propítia nobis esto semper, ac in cœlo, ubi regnas gloriósa, pro nobis opus tuum, zeli et amóris, continuáto. Fílii tui nos esse vólumus, tuque Matrem nostram te demónstra. Ímpetra a Jesu, Reparatóre Divíno, ut animábus nostris fructum suæ Passiónis et Mortis applicándo, a nostrárum iniquitátum vínculis nos líberet. Sit ille lux nostra in médiis ténebris, vis nostra in languóribus, auxílium nostrum inter perícula; nobísque concédat, ut, sua grátia suóque amóre in témpore roboráti, Ipsum amémus, videámus, possideámus in sæcula. Amen.

Immaculate Virgin, the Refuge of sinners, thou who, to repair the outrages committed against God, and the evil inflicted on man by sin, didst resign thyself to the death of thy Divine Son, be ever propitious to us, and carry on thy work of zeal and love for us in heaven, where thou reignest so gloriously. We wish to be thy children, do thou show thyself a Mother to us; obtain from the Divine Restorer, Jesus, that by applying to our souls the fruits of His Passion and Death, He may free us from the bonds of our iniquities. May He be our Light in the darkness, our Strength in weakness, our Help in danger, so that after He hath consoled us by His grace and love in time, He may permit us to see, possess and love Him in eternity. Amen.

PRAYER TO THE BLESSED VIRGIN MARY, THE VIRGIN PRIEST

O María Mater misericórdiæ, Mater et Fília illíus qui Pater est misericordiárum et Deus totíus consolatiónis, Dispensátrix thesaurórum Fílii tui, Minístra Dei, Mater summi Sacerdótis Christi, Sacérdos páriter et Altáre, Sacrárium immaculátum Verbi Dei, Magístra Apostolórum ómnium et Discipulórum Christi; prótege Pontíficem Máximum, intercéde pro nobis et pro sacerdótibus nostris, ut Summus Sacérdos Christus Jesus consciéntias nostras puríficet, et digne ac pie ad sacrum convívium suum accedámus.

O Mary, Mother of mercy. Mother and daughter of Him who is the Father of mercies and the God of all consolation, Dispenser of the treasures of thy Son, Handmaiden of God, Mother of the supreme High-Priest, Christ, at once Priest and Altar, immaculate Treasure-house of the Word of God, Mistress of all the Apostles and Disciples of Christ; protect the Supreme Pontiff, intercede for us and for our priests, that the High Priest Jesus Christ may purify our consciences, so that we may worthily and piously approach His holy banquet.

O Virgo Immaculáta, quæ non modo dedísti nobis Panem cæléstem Christum in remissiónem peccatórum, sed es tu ipsa hóstia acceptíssima Deo litáta, et glória sacerdótum, quæque teste beatíssimo fámulo tuo Sancto Antoníno, quamvis sacraméntum órdinis non accéperis, quidquid tamen dignitátis et grátiæ in ipso confértur, de hoc plena fuísti; unde mérito Virgo Sacérdos prædicáris; réspice super nos et super sacerdótes Fílii tui, salva nos, purífica nos, sanctífica nos, ut ineffábiles sacramentórum thesáuros sancte suscipiámus, et ætérnam animá-

O Immaculate Virgin, who not only gavest us Christ, to be our Bread from Heaven, for the remission of sins, but art thyself a most acceptable victim offered to God, and the glory of the priesthood, who according to the testimony of thy most blessed servant St. Antoninus, although thou didst not receive the Sacrament of Order, art filled with whatever of dignity and grace is conferred by it; wherefore deservedly art thou proclaimed Virgin Priest; look down upon us and on the priests of thy Son; purify, sanctify, save us, that receiving the ineffable gifts of the sacraments, we may

rum nostrárum salútem cónsequi mereámur. Amen.	deserve to obtain the eternal salvation of our souls. Amen.
Mater misericórdiæ, ora pro nobis.	Mother of mercy, pray for us.
Mater ætérni Sacerdótis Christi Jesu, ora pro nobis.	Mother of the eternal Priest, Christ Jesus, pray for us.
Regína cleri, ora pro nobis.	Queen of the clergy, pray for us.
María Virgo Sacérdos, ora pro nobis.	Mary, Virgin Priest, pray for us.

ASPIRATION TO OUR LADY OF HOLY HOPE

María, spes nostra, miserére nobis!	Thou art our hope, O Mary! Do thou on us take pity!

ASPIRATION TO MARY AND SAINTS PETER AND PAUL FOR THE PRESERVATION OF FAITH

O María Immaculáta, vosque, Apostolórum Príncipes, in vera nos fide retínete.	Do thou, O Mary Immaculate, and ye, O Princes of the Apostles, keep us in the true faith.

THE MIRACULOUS PRAYER TO OUR LADY AGAINST THE PLAGUE

The town of Coimbra, Portugal, having been visited by a violent pestilence, the nuns of St. Clare offered their heartfelt prayers in the following form. Where upon the contagion instantly ceased. This inspired prayer, left (it is said, by St. Bartholomew the Apostle himself) to the above-named monastery, has preserved many places from contagion where it is recited daily with confidence in God, and through the intercession of the Blessed Virgin Mary. It has arrested this scourge in several places, and those who cannot read, will find its efficacy if carried about their persons with faith.

Ant. Stella cæli extirpávit,	*Ant.* O Star of Heaven,
Quæ lactávit Dóminum,	Whose Snowy breast,
Mortis pestem,	Thy Son, our Lord, did feed;
Quam plantávit	Who hast repelled the deadly pest
Primus parens hóminum.	Caused by first-man's misdeed.
Ipsa Stella nunc dignétur	

Sídera compéscere,
Quorum bella plebem cædunt
Diro mortis vúlnere.
O gloriósa Stella Maris,
A peste succúrre nobis.
Audi nos María,
Nam te Fílius
Nihil negans honórat.
Salva nos, Messía Jesu:
Pro quibus Virgo Mater te orat.

O thou auspicious Star, restrain,
The stars' contagious ill;
Whose baleful frown portends our bane,
Now threatens man to kill.
Bright Mary Sea-Star, hear our cry,
From plague thy servants free;
For thee thy Son will nought deny,
So much He honors thee.
Save us, sweet Messias Jesu, now and aye,
For whom Thy Virgin Mother deigns to pray.

℣. Ora pro nobis, piísima Dei Génitrix.

℣. Pray for us, most holy Mother of God, conceived without sin.

℟. Quæ contrivísti caput serpéntis, auxiliáre nobis.

℟. Thou who didst crush the serpent's head, come to our aid.

Orémus: Deus misericórdiæ, Deus pietátis, Deus indulgéntiæ, qui misértus es super afflictiónem pópuli tui, et dixísti Ángelo percutiénti pópulum tuum: *Cóntine manum tuam*: ob amórem illíus Stellæ gloriósæ, cujus úbera pretiósa contra venénum nostrórum delictórum dúlciter suxísti, præsta auxílium grátiæ tuæ, ut ab omni peste, et improvísa morte secúre liberémur. Per te, Jesu Christe, Rex glóriæ, qui cum Patre et Spíritu Sancto, vivis et regnas in sæcula sæculórum. Amen.

Let us pray: O God of mercy, God of clemency, God of pardon, Who hadst compassion on the afflict-tion of Thy people, and Who, to the angel striking Thy people, saidst: "Stay thy hand," for the love of that glorious Star, whose breasts, so precious against the poison of our sins, Thou didst sweetly suck, extend to us the help of Thy grace, that from every plague and unprovided death we may be preserved secure: through Thee, Jesus Christ, King of Glory, Omnipotent God, Who with the Father and the Holy Ghost livest

and reignest world without end. Amen.

PRAYER FOR OUR LADY'S PROTECTION

℣. Sub tuum præsídium confúgimus, sancta Dei Génitrix! Nostras deprecatiónes ne despícias in necessitátibus nostris; sed a perículis cunctis líbera nos semper, Virgo gloriósa et benedícta.

℣. We fly to thy patronage, O holy Mother of God; despise not our petitions in our necessities, but deliver us always from all dangers, O glorious and blessed Virgin.

℟. O Dómina nostra! Mediátrix nostra! Advocáta nostra! tuo Fílio nos reconcília, tuo Fílio nos comménda, tuo Fílio nos repræsénta.

℟. Our Lady, our Mediatrix, our Advocate: reconcile us with thy Son, commend us to thy Son, present us to thy Son.

ACT OF CONSECRATION TO THE BLESSED VIRGIN MARY

St. John Berchmans

Sancta María, Mater Dei et Virgo, ego *N.*, te hódie in Dóminam, Patrónam, et Advocátam éligo, firmitérque státuo ac propóno me nunquam te derelictúrum, neque contra te áliquid unquam dictúrum aut factúrum, neque permissúrum ut a meis súbditis áliquid contra tuum honórem unquam agátur. Obsecro te ígitur, súscipe me in servum perpétuum, adsis mihi in actiónibus ómnibus meis nec me déseras in hora mortis. Amen

Holy Mary, Mother of God, and Virgin, I, *N.*, do this day choose thee as Sovereign, Protectress, and Advocate; and I firmly purpose and resolve never to forsake thee, never to say or do anything against thee, and never to permit those subject to me to do anything against thine honor. I beseech thee, therefore, receive me as thy servant, stand by me in all mine actions, and do not abandon me in the hour of death. Amen.

PRAYER IN HONOR OF OUR LADY OF LORETTO

Orémus: Deus, qui beátæ Maríæ Vírginis domum per Incarnáti Verbi mystérium misericórditer

Let us pray: O God, Who in Thy mercy, didst hallow the house of the Blessed Virgin Mary, by the

consecrásti, eámque in sinu Ecclésiæ tuæ mirabíliter collacásti; concéde, ut segregáti a tabernáculis peccatórum, digni efficiámur habitatóres domus sanctæ tuæ. Per eúmdem Dóminum nostrum Jesum Christum Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus: per ómnia sæcula sæculórum. Amen.

mystery of the Incarnation of the Word, and in a wonderful manner didst place it in the midst of Thy Church; grant that we, keeping ourselves aloof from the dwellings of the wicked, may be made inhabitants of Thy holy house. Through the same Jesus Christ, Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Ghost, God, world without end. Amen.

PRAYER TO SAINT JOSEPH

O Joseph, virgo Pater Jesu, puríssime Sponse Vírginis Maríæ, quotídie, deprecáre pro nobis ipsum Jesum Fílium Dei, ut, armis suæ grátiæ muníti, legítime certántes in vita, ab eódem coronémur in morte.

O Joseph, virgin Father of Jesus, most pure Spouse of the Virgin Mary, intercede for us daily with Jesus, the Son of God, that, fortified in His grace, striving lawfully in life, we may be crowned by Him at death.

PRAYER TO SAINT JOSEPH FOR THE SANCTIFICATION OF SUNDAYS AND HOLY DAYS

Gloriosíssime Patriárcha sancte Joseph, ímpetra, quæsumus, a Dómino nostro Jesu Christo, super omnes diéi festi sanctificatóres copiosíssimas benedictiónes; et præsta, ut profanatóres, dum súperest eis tempus, peccátum grande quod commíttunt, atque pœnas, quas in præsénti vita et in futúra ad se trahunt, agnóscant, et prótinus convertántur.

Most glorious Patriarch, St. Joseph, obtain, we beseech thee, from our Lord Jesus Christ, a most abundant blessing on all who keep festival days holy; obtain for us that those who profane them may know, in time, the great evil they commit, and the chastisements which they draw down upon themselves in this life and in the next, and that they may be converted without delay.

O fidelíssime sancte Joseph, tu, qui Domínico Die ab omni tuæ officínæ ópere cessábas, et cum Jesu simul et cum María, vivíssima devotióne, religiósis offíciis vacábas, pium Opus bénedic Sanctificatiónis Festórum, sub tuo poténti patrocínio eréctum; fac ut per omnem domum, tabérnam, officínam dilatétur, ut cito dies véniat, quo cunctus Christiánus pópulus, diébus festis, ab omni prohíbito ópere abstíneat, ánimæ suæ salúti sério incúmbat, et glorífícet Deum, qui vivit et regnat per ómnia sæcula sæculórum. Amen.

O most blessed St. Joseph, thou who on the Lord's day didst cease from every labor of thy craft, and with Jesus and Mary didst fulfil the duties of religion with most lively devotion, bless the pious work of the sanctification of feast days, erected under thy most powerful patronage; cause it to spread to every home, office, and workshop, so that the day may soon come when all the Christian populace may on feast days abstain from forbidden work, seriously attend to the salvation of their souls, and give glory to God, Who liveth and reigneth, world without end. Amen.

PRAYER TO THE HOLY ANGEL WHO STRENGTHENED JESUS IN THE GARDEN OF OLIVES

I salute thee, holy Angel who didst comfort my Jesus in His agony, and with thee I praise the Most Holy Trinity for having chosen thee from among all the holy angels to comfort and strengthen Him who is the comfort and strength of all that are in affliction. By the honor thou didst enjoy, and by the obedience, humility and love wherewith thou didst assist the Sacred Humanity of Jesus, my Savior, when He was fainting for very sorrow at seeing the sins of the world and especially my sins, I beseech thee to obtain for me perfect sorrow for my sins; deign to strengthen me in the afflictions that now overwhelm me, and in all the other trials, to which I shall be exposed henceforth and, in particular, when I find myself in my final agony. Amen.

Sacred Heart of Jesus, strengthened in Thine agony by an Angel, be our support in our agony.

O holy Angel, who didst strengthen Jesus Christ our Lord, come and strengthen us also; come and tarry not!

PRAYER IN HONOR OF SAINT RAPHAEL

Orémus: Deus, qui beátum Raphaëlem archángelum Tobíæ fámulo tuo cómitem dedísti in via; concéde nobis fámulis tuis, ut ejúsdem semper protegámur custódia, et muniámur auxílio. Per Dóminum nostrum Jesum Christum Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus: per ómnia sæcula sæculórum. Amen.

Let us pray: O God, Who gavest blessed Raphael the Archangel to Thy servant Tobias for a companion by the way; grant to us Thy servants, that we may ever be protected by his guardianship, and strengthened by his help. Through Our Lord Jesus Christ Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Ghost, ever one God, world without end. Amen.

PRAYER IN HONOR OF ALL HOLY APOSTLES

Orémus: Deus, qui nos per beátos Apóstolos tuos, ad agnitiónem tui Nóminis veníre tribuísti; da nobis eórum glóriam sempitérnam et proficiéndo celebráre, et celebrándo profícere. Per Dóminum nostrum Jesum Christum Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus: per ómnia sæcula sæculórum. Amen.

Let us pray: O God, Who through Thy blessed Apostles, hast mercifully brought us to the knowledge of Thy Name, grant us, by advancing in virtue, to celebrate their eternal glory, and by celebrating it, to advance in virtue. Through Our Lord Jesus Christ Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Ghost, ever one God, world without end. Amen.

PRAYER IN HONOR OF ALL HOLY MARTYRS

Orémus: Deus, qui nos (ánnua) sanctórum mártyrum tuórum commemoratióne lætíficas, concéde propítius, ut quorum gaudémus méritis, accendámur exémplis. Per Dóminum nostrum

Let us pray: O God, Who makest us to rejoice in the (yearly) commemoration of Thy holy martyrs, mercifully grant, that as we rejoice in their merits, so we may be inflamed by their

Jesum Christum Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus: per ómnia sæcula sæculórum. Amen.

examples. Through Our Lord Jesus Christ Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Ghost, ever one God, world without end. Amen.

HYMN TO ALL HOLY PONTIFFS

Ant. Rex glorióse Præsulum,
Coróna confiténtium,
Qui respuéntes térrea
Perdúcis ad cæléstia.

Ant. O Thou, the prelate's glorious King,
Of confessors the Crown and Prize!
Who dost to joys celestial bring
Those who the joys of earth despise.

Aurem benígnam prótinus
Appóne nostris vócibus:
Trophæa sacra pángimus:
Ignósce quod delíquimus.

By all the praise Thy saints have won:
By all their pains in days gone by;
By all the deeds which they have done;
Hear Thou Thy suppliant people's cry.

Tu vincis in Martýribus,
Parcéndo Confessóribus:
Tu vince nostra crímina
Donándo indulgéntiam.

Thou dost amid Thy martyrs fight;
Thy confessors Thou dost forgive;
May we find mercy in Thy sight,
And in Thy sacred presence live.

Deo Patri sit glória,
Ejúsque soli Fílio,
Cum Spíritu Paráclito,
Et nunc, et in perpétuum.
Amen.

To God the Father glory be,
And to His sole-begotten Son,
The same, O Holy Ghost, to Thee!
While everlasting ages run.
Amen.

℣. Exaltent eos in ecclésia plebis,

℣. Let them exalt in the assembly of the people.

℟. Et in cathedra seniórum laudent eos.

℟. And praise them in the seat of the elders.

Orémus: Deus, qui pópulis tuis indulgéntia cónsulis, et amóre domináris, da spíritum sapiéntiæ, suffragántibus méritis Antístitum Ecclésiæ tuæ quibus dedísti régimen disciplínæ, ut de proféctu sanctárum óvium, fiant gáudia ætérna pastórum. Per Dóminum nostrum Jesum Christum Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus: per ómnia sæcula sæculórum. Amen.

Let us pray: O God, Who in mercy providest for Thy people, and rulest over them in love, give unto Thy Church the spirit of wisdom, through the merits of Thy pontiffs, to whom Thou hast given the rule of discipline, that the sanctification of their flocks may become the eternal joy of the shepherds. Through Our Lord Jesus Christ Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Ghost, ever one God, world without end. Amen.

PRAYER IN HONOR OF THE RELICS OF THE SAINTS

Orémus: Auge in nobis, Dómine, resurrectiónis fidem, qui in sanctórum tuórum réliquis mirabília operáris: et fac nos immortális glóriæ partícipes, cujus in eórum cinéribus pígnora venerámur. Per Dóminum nostrum Jesum Christum Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus: per ómnia sæcula sæculórum. Amen.

Let us pray: O God, Who workest wonders in the relics of Thy saints, increase in us the faith of the resurrection, and make us to be partakers of that immortal glory, the pledge of which we venerate in their ashes. Through Our Lord Jesus Christ Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Ghost, ever one God, world without end. Amen.

PRAYER TO SAINT JOACHIM

O Jóachim sancte,
Conjux Annæ,
Pater Almæ Vírginis,
Hic fámulis confer salútis opem.

Do thou O father of the Virgin Maid,
Holy Joachim, spouse of Anne,
Give to thy servants thy saving aid.

HYMN TO SAINT ROCH

Ant. Ave Roche sanctíssime,
Nóbili natus sánguine,
Crucis signátus schémate,
Sinístro tuo látere.
Roche péregre proféctus,
Pestiferæ mortis actus
Curavísti mirífice
Tangéndo salutífere.
Vale, Roche angélice,
Vocis citátus flámine,
Obtinuísti Deífice,
A cunctis pestem péllere.

℣. Ora pro nobis, beáte Roche,
℟. Ut mereámur pestem epidémiæ illæsi pertransíre, et promissiónem Christi obtinére.

Orémus: Deus qui beáto Rocho, per Ángelum tuum tábulam eídem afferéntem, promisísti, ut qui ipsum invocáverit, a nullo pestis cruciátu læderétur: præsta, quæsumus, ut qui ejus memóriam ágimus, ipsíus méritis et précibus, a mortífera peste córporis et ánimæ liberémur. Per Dóminum nostrum Jesum Christum Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus: per ómnia sæcula sæculórum. Amen.

Ant. Hail, O most holy Roch, born of noble blood, marked in thy left side with the Sign of the Cross. O Roch, in thy far-reaching journeys, thou didst heal in a marvelous way with thy health-giving touch, the sick who were stricken with the deadly plague. Hail, O angelic Roch, who, by the intervention of a heavenly messenger, didst obtain of God the privilege of preserving from the plague all them who invoke thee.

℣. Pray for us, O blessed Roch,
℟. That we may merit to pass unharmed by the epidemic of plague, and obtain the promises of Christ.

Let us pray: O God, Who didst engrave upon a tablet by the hand of an angel, the promise made to Blessed Roch, of preserving from the plague whosoever should invoke his name; grant, we beseech Thee, that as we keep his holy memory, we may by his merits and prayers, be delivered from the plague of both body and soul. Through Our Lord Jesus Christ Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Ghost, ever one God, world without end. Amen.

PRAYER IN HONOR OF SAINT ROCH

Ant. Stans inter mórtuos ac vivéntes, pro pópulo deprecátus est, et plaga cessávit, allelúja.

℣. Óculi Dómini super metuéntes eum,
℟. Ut éruat a morte ánimas eórum, allelúja.

Orémus: Subvéniat nobis, quæsumus, Dómine, beáti Rochi apud te intercéssio, quæ iræ tuæ flagélla a nobis avértat, et tuæ nos reconcíliet majestáti. Per Dóminum nostrum Jesum Christum Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus: per ómnia sæcula sæculórum. Amen.

Ant. Standing between the dead and the living, he supplicated on behalf of the people, and the plague ceased, alleluia.

℣. The eyes of the Lord are on them that fear Him:
℟. To deliver their souls from death, alleluia.

Let us pray: Assist us, we beseech Thee, O Lord, by the intercession of Blessed Roch, that his prayer may turn the scourges of Thy wrath away from us, and reconcile us with Thy divine majesty. Through Our Lord Jesus Christ Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Ghost, ever one God, world without end. Amen.

ANOTHER PRAYER IN HONOR OF SAINT ROCH

Orémus: Pópulum tuum, quæsumus, Dómine, contínua pietáte custódi: et beáti Rochi suffragántibus méritis, ab omni fac ánimæ et córporis contagióne secúrum. Per Dóminum nostrum Jesum Christum Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus: per ómnia sæcula sæculórum. Amen.

Let us pray: We beseech Thee, O Lord, to protect Thy people in Thine unceasing goodness; and through the merits of the blessed Roch, preserve them from every contagion of soul and body. Through Our Lord Jesus Christ Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Ghost, ever one God, world without end. Amen.

ANOTHER PRAYER TO SAINT ROCH

O venerable confessor of Christ, holy Roch, whose prayers have obtained that they who in their affliction, shall devoutly call upon thee, may by thy merits and intercession be delivered from all danger of plague and pestilence.

℣. Pray for us, O blessed Roch,
℟. That we may be made partakers of this promise.

Omnipotent and eternal God, Who by the prayers and merits of Thy blessed confessor St. Roch didst stay a general pestilence; grant unto us Thy humble suppliants, Who in like mortality have recourse unto Thy divine Majesty by this Thy glorious saint, that by his merits and intercession, we may be likewise delivered from all plague and pestilence. Through our Lord Jesus Christ, Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Ghost, God, world without end. Amen.

ANOTHER PRAYER TO SAINT ROCH

O great St. Roch, deliver us, we beseech thee, from the scourges of God; through thine intercession, preserve our bodies from contagious diseases, and our souls from the contagion of sin. Obtain for us salubrious air, but above all, purity of heart. Assist us to make good use of health, to bear suffering with patience, and, after thine example, to live in the practice of penance and charity, that we may one day enjoy the happiness which thou hast merited by thy virtues. Amen.

ASPIRATION TO SAINT ROCH

O blessed St. Roch, pray for us, that the Lord may preserve our bodies from contagion, and above all our souls from impiety, which is the deadliest of all plagues.

PRAYER TO SAINT JEAN-BAPTISTE DE LA SALLE

O glorious St. Jean-Baptiste de la Salle, Apostle of Infants and of the Youth, be thou, from heaven on high, our guide and our protector. Intercede for us, assist us, in order that, being preserved from all taint of error and corruption, we may remain ever faithful to Jesus and to

the infallible Head of His Church. Obtain for us, that by practicing the virtues of which thou wert so admirable a model, we may participate one day in thy glory in our heavenly country. Amen.

PRAYER IN HONOR OF SAINT DYMPHNA

Orémus: Amátor pudicítiæ Deus, supplicántibus nobis tríbue ut qui beátæ Dýmpnae vírginis et mártyris tuæ festivitátem recensémus, ejus apud te méritis et précibus adjuvémur. Per Dóminum nostrum Jesum Christum Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus: per ómnia sæcula sæculórum. Amen.

Let us pray: O God, the lover of chastity, grant, we beseech Thee, that as we keep the feast of Blessed Dymphna, Thy virgin and martyr, so we may be aided by her merits and prayers. Through Our Lord Jesus Christ Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Ghost, ever one God, world without end. Amen.

PRAYER TO SAINT RITA

O gloriósa sancta Rita, tu, quæ mirabíliter dolorósæ Passiónis Dómini nostri Jesu Christi párticeps fuísti, ímpetra mihi ut hujus vitæ pœnas æquo ánimo pérferam, et in cunctis necessitátibus prótege me.

O glorious Saint Rita, who didst miraculously participate in the sorrowful Passion of Our Lord Jesus Christ, obtain for me the grace to suffer with resignation the troubles of this life, and protect me in all my needs.

PRAYER IN HONOR OF SAINT ROSE OF VITERBO

Orémus: Deus, qui beátam Rosam sanctárum tuárum vírginum collégio aggregáre dignátus es; tríbue nobis, quæsumus, ut ejus précibus et méritis a culpis ómnibus expiémur, et tuæ majestátis consórtio perfruámur ætérno. Per Dóminum nostrum Jesum Christum Fílium tuum, qui tecum vivit et regnat in

Let us pray: O God, Who didst vouchsafe to unite the Blessed Rose to the company of Thy sacred virgins, grant, we beseech Thee, that by her prayers and merits, we may be delivered from all guilt, and enjoy the eternal vision of Thy majesty. Through Our Lord Jesus Christ Thy Son, Who liveth and reigneth with

unitáte Spíritus Sancti, Deus: per ómnia sæcula sæculórum. Amen.

Thee in the unity of the Holy Ghost, ever one God, world without end. Amen.

A UNIVERSAL PRAYER

Pietáte tua, quæsumus, Dómine, nostrórum solve víncula peccatórum, et intercedénte Beáta sempérque Vírgine Dei Genetríce María, cum beáto Joseph ac beátis Apóstolis tuis Petro et Paulo et ómnibus Sanctis, nos fámulos tuos, et loca nostra, in omni sanctitáte custódi; omnes consanguinitáte, affinitáte ac familiaritáte nobis conjúnctos a vítiis purga, virtútibus illústra; pacem et salútem nobis tríbue; hostes visíbiles et invisíbiles rémove; carnália desidéria repélle: áërem salúbrem indúlge; amícis et inimícis nostris caritátem largíre; Urbem tuam custódi; Pontíficem nostrum *N*. consérva; omnes Prælátos, Príncipes cunctúmque pópulum Christiánum ab omni adversitáte defénde. Benedíctio tua sit super nos semper, et ómnibus fidélibus defúnctis réquiem ætérnam concéde. Per Christum Dóminum nostrum. Amen.

Loosen, O Lord, we pray Thee, in Thy pity, the bonds of our sins, and by the intercession of the blessed Mary, ever Virgin Mother of God, of Blessed Joseph, of the blessed Apostles Peter and Paul, and all saints, keep us Thy servants and our abodes in all holiness; cleanse us, our relations, kinsfolk, and acquaintances, from all vices; adorn us with all virtues; grant us peace and health: repel our enemies visible and invisible; curb our carnal desires; give us healthful seasons; bestow Thy charity upon our friends and our enemies; guard Thy holy city; preserve our Sovereign Pontiff *N*.; defend all prelates, princes, and all Christian people from all adversity. Let Thy blessing be ever upon us, and grant to all the faithful departed eternal rest. Through Christ our Lord. Amen.

PRAYER FOR THE CHURCH
Fr. Leonard Goffiné

O Lord Jesus! Who on the Cross, while enduring the most excruciating pain, didst pray with a loud voice for all men, we humbly pray Thee for Thy vicar, Pope *N*., for our bishop *N*., for all the priests

and clergy, for our civil government, for the neophytes, for the unfortunate and oppressed, for all Catholics, that Thou mayst preserve them in the True Faith, and strengthen them, that they may serve Thee according to their different vocations. We pray Thee also for all unbelievers, and those separated from the True Fold, for the Jews, and for the heathens, that Thou mayst unite all in Thy Holy Church, and bring them to eternal salvation. Amen.

PRAYER FOR MISSIONARIES

We beseech Thee, O Lord Jesus Christ, to watch over Thy missionaries: priests, brothers, sisters, and lay-helpers, who have left all things to bear witness to Thy gospel, and to Thy love. Be unto them a powerful protector, and strong stay, a defence from the heat, and a cover from the sun at noon, a preservation from stumbling, and a help from falling (Eccl. 34:19-20).

Do Thou guide and enlighten them by Thy word and example. Lift up their hearts in the face of trouble and danger. Grant, O Lord, that whithersoever they shall go, the image of Thy crucifixion may go with them, that in times of danger and difficulty they may learn from it a true spirit of sacrifice. In it, let them find strength and consolation in their weakness. Through it, let them find light and impenetrability of spirit in every crisis of their apostolate.

Since they do not seek earthly honors and comforts, grant to their labors the fruits which they so ardently desire, namely the power to save immortal souls, and to lead unbelievers to Thee, Who art the Way, the Truth, and the Life. In fine, O Lord, increase the number of their converts. Lead them to praise and thank Thee Who hast redeemed them, and Who wishest to bring them to their eternal reward. Amen.

PRAYER FOR OUR COUNTRY

O God, who, building Thy Church with infinite wisdom, didst hew out seven pillars, instituting the Seven Sacraments of the New Law, whereby the souls of Thy faithful are cleansed from sin, strengthened for combat, and trained unto life eternal; look graciously upon our beloved country, sinking under the want of so many heavenly blessings; that, the springs of this sevenfold grace being opened, she

may draw waters with joy out of the fountains of the Savior. Who liveth and reigneth with Thee, world without end. Amen.

ANOTHER PRAYER FOR OUR COUNTRY

O Lord Jesus Christ, infinite goodness, Who by the divine Sacrament of Thy Body and Blood dost refresh, comfort, and nourish Thy Church, and daily offerest Thyself a sacrifice of praise and propitiation to the Eternal Father; look graciously upon our beloved country, shut out from the sweet delights of this banquet; mercifully pardon all that hath been done or said, through impiety or ignorance, against these most holy mysteries in this land; inspire the minds of all men with faith and reverence for them, that they may become Thy children, and be as olive-plants round about Thy table. Who livest and reignest world without end. Amen.

PRAYER FOR THE CIVIL AUTHORITIES
Archbishop John Carroll

We pray Thee, O Almighty and Eternal God! Who through Jesus Christ hast revealed Thy glory to all nations, to preserve the works of Thy mercy, that Thy Church, being spread through the whole world, may continue with unchanging Faith in the confession of Thy Name.

We pray Thee, Who alone art good and holy, to endow with heavenly knowledge, sincere zeal, and sanctity of life, our Chief Bishop, Pope *N.*, the Vicar of Our Lord Jesus Christ, in the government of his Church; our own bishop (*or* archbishop; ***or, if he is not consecrated,*** our Bishop-elect), *N.*, all other bishops, prelates, and pastors of the Church; and especially those who are appointed to exercise amongst us the functions of the holy ministry, and conduct Thy people into the ways of salvation.

We pray Thee O God of might, wisdom, and justice! Through whom authority is rightly administered, laws are enacted, and judgment decreed, assist with Thy Holy Spirit of counsel and fortitude the President of these United States, that his administration may be conducted in righteousness, and be eminently useful to Thy people over whom he presides; by encouraging due respect for virtue and religion; by a faithful execution of the laws in justice and mercy; and by restraining vice and immorality. Let the light of Thy divine wisdom direct the deliberations of Congress, and shine forth in all the

proceedings and laws framed for our rule and government, so that they may tend to the preservation of peace, the promotion of national happiness, the increase of industry, sobriety, and useful knowledge; and may perpetuate to us the blessing of equal liberty.

We pray for his excellency, the Governor of this State, for the members of the Assembly, for all judges, magistrates, and other officers who are appointed to guard our political welfare, that they may be enabled, by Thy powerful protection, to discharge the duties of their respective stations with honesty and ability.

We recommend likewise to Thine unbounded mercy, all our brethren and fellow citizens throughout the United States, that they may be blessed in the knowledge and sanctified in the observance of Thy most holy law; that they may be preserved in union, and in that peace which the world cannot give; and after enjoying the blessings of this life, be admitted to those which are eternal.

Finally, we pray to Thee, O Lord of mercy, to remember the souls of Thy servants departed who are gone before us with the sign of faith and repose in the sleep of peace; the souls of our parents, relatives, and friends; of those who, when living, were members of this congregation, and particularly of such as are lately deceased; of all benefactors who, by their donations or legacies to this Church, witnessed their zeal for the decency of divine worship and proved their claim to our grateful and charitable remembrance. To these, O Lord, and to all that rest in Christ, grant, we beseech Thee, a place of refreshment, light, and everlasting peace, through the same Jesus Christ, Our Lord and Savior. Amen.

PRAYER FOR OUR CITY OR IN TIMES OF CALAMITY
St. Cajetan

Réspice, Dómine, sancte Pater, de sanctuário tuo, et de excélso cælórum habitáculo, et vide hanc sacrosánctam Hóstiam, quam tibi offert Magnus Póntifex noster, sanctus Puer tuus Dóminus Jesus pro peccátis fratrum suórum; et esto placábilis super multitúdinem malítiæ nostræ. Ecce, vox Sánguinis

Look down, O Lord, from Thy sanctuary, and from Heaven, Thy dwelling-place on high, and behold this sacred Victim which our great High-Priest, Thy holy Child, our Lord Jesus, offereth up to Thee for the sins of His brethren; and let not Thy wrath be kindkled upon us for the multitude of our transgressions.

Fratris nostri Jesu clamat ad te de Cruce. Exáudi, Dómine: placáre, Dómine: atténde et fac ne moréris propter temetípsum, Deus meus, quia nomen tuum invocátum est super civitátem istam et super pópulum tuum: et fac nobíscum secúndum misericórdiam tuam. Amen.

℣. Ut ad veram pœniténtiam nos perdúcere dignéris.
℟. Te rogámus, audi nos.
℣. Ut domum, civitátem istam, et univérsum pópulum tuum, Dómine, defénder, pacificáre, custodíre, conserváre, et piíssima misericórdia tua respícere dignéris,
℟. Te rogámus, audi nos.
℣. Per sacrosáncta humánæ redemptiónis Mystéria,
℟.Cito antícipent nos, Dómine, misericórdiæ tuæ, et parce pópulo tuo.
℣. Per mérita, et intercessiónem Beatíssimæ Genitrícis tuæ, et ómnium Angelórum atque Sanctórum,
℟. Cito antícipent nos, Dómine, misericórdiæ tuæ, et parce pópulo tuo.
℣. Sancta María sine labe originális concépta, et omnes Ángeli et Sancti, intercedíte pro nobis ad Dóminum,
℟. Ut cito antícipent nos misericórdiæ Dómini, et parcat pópulo suo; ut omnes cum

Behold, the voice of the Blood of Jesus, our Brother, crieth to Thee from the Cross. Give ear, O Lord! Be Thou appeased, O Lord! hearken, and do not tarry for Thine own sake, O my God, for Thy Name is invoked upon this city and upon Thy people; and deal with us according to Thy mercy. Amen.

℣. That Thou wouldst vouchsafe to bring us to true penance,
℟. We beseech Thee, hear us.
℣. That Thou wouldst vouchsafe to defend this house and city, and all Thy people, to keep them in peace, to guard, preserve, and look down on them with Thy most tender pity,
℟.We beseech Thee, hear us.
℣. Through the holy Mysteries of the redemption of man.
℟. Let Thy mercies come quickly to aid us, O Lord, and spare Thy people.
℣. Through the merit and intercession of Thy most Blessed Mother, and all the angels and saints.
℟. Let Thy mercies come quickly to aid us, O Lord, and spare Thy people.
℣. Holy Mary, conceived without original sin, and all ye Angels and Saints, intercede for us to our Lord.
℟. That the mercies of our Lord may come quickly to aid us, and that He may spare His

ipso gaudére póssimus in sæcula sæculórum. Amen.

people; that so we all may rejoice with Him for ever and ever. Amen.

Orémus: Omnípotens et míseri-cors Deus, fiat semper et in ómnibus sanctíssima volúntas tua secúndum infinítam et ætérnam misericórdiam tuam. Per Christum Dóminum nostrum. Amen.

Let us pray: Almighty and merciful God, may Thy most holy Will be done, at all times and in all things, according to Thine infinite and eternal mercy. Through Christ our Lord. Amen.

PRAYERS AGAINST THE SCOURGE OF PLAGUE, OR IN THE TIME OF GREAT MORTALITY

Ant. Recordáre, Dómine, testaménti tui, et dic Ángelo percutiénti: Cesset jam manus tua, et non desolétur terra, et ne perdas omnem ánimam vivéntem. (2 Reg 24, 16)

Ant. Remember Thy Covenant, O Lord, and say to the smiting angel: Now hold thy hand: that the earth may not be made desolate, and nor destroy thou every living soul. (2 Kgs 24:16)

℣. Quiéscat ira tua, Dómine, a pópulo tuo.
℟. Et a civitáte sancta tua.

℣. Lord, let Thine anger cease from Thy people.
℟. And from Thy Holy City.

Orémus: Preces pópuli tui, quæsumus, Dómine, cleménter exáudi: ut, qui juste pro peccátis nostris afflígimur, pro tui Nóminis glória misericórditer liberémur.

Let us pray: Hear, we most humbly beseech Thee, O compassionate Lord God, the prayers of Thy distressed people: and as we acknowledge ourselves to be justly punished for our offences, so be Thou pleased in mercy to free us for the glory of Thine own sacred Name.

Deus, qui non mortem, sed pœniténtiam desíderas peccatórum: pópulum tuum ad te reverténtem propítius réspice; ut, dum tibi devótus exsístit, iracúndiæ tuæ flagélla ab eo cleménter amóveas.

O God, Who willest not the death of the sinner but that he should repent: welcome with pardon Thy people's return to Thee: and so long as they are faithful in Thy service, do Thou in Thy clemency

withdraw the scourge of Thy wrath.

Deus, qui nos in tantis perículis constitútos, pro humána scis fragilitáte non posse subsístere: da nobis salútem mentis et córporis; ut ea, quæ pro peccátis nostris pátimur, te adjuvánte vincámus.

O God, Who well knowest that our human frailty cannot subsist amidst so and so great dangers without the support of Thy Divine favor, and assistance: Give us, we most humbly beseech thee, health of mind, and body, and grant, that we may overcome by Thy help, and mercy, what we deservedly suffer for our own sins, and impieties.

Da nobis, quæsumus, Dómine, piæ supplicatiónis effectum, et pestiléntiam a nobis propitiátus avérte, ut mortálium corda cognóscant, et te indignánte, tália flagélla prodíre, et te miseránte eádem cessáre. Per Dóminum nostrum Jesum Christum Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus: per ómnia sæcula sæculórum. Amen.

Lend, O Lord, a gracious ear to the petitions of Thy poor servants, and grant us the desired effect of our faithful supplications, and avert from us the fury of the raging pestilence: that we may humbly, and gratefully, acknowledge these scourges to proceed from Thy just anger, and indignation, and to cease through Thy boundless mercy, and goodness. Through our Lord Jesus Christ, Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Ghost, God, world without end. Amen.

PRAYER FOR THE CONVERSION OF INFIDELS
St. Francis Xavier

Ætérne rerum ómnium efféctor, Deus, meménto abs te ánimas infidélium procreátas eásque ad imáginem et similitúdinem tuam cónditas. Ecce, Dómine, in oppróbrium tuum his ipsis infér-

O Eternal God, Creator of all things, remember that the souls of unbelievers, heretics, and sinners were made by Thee, and fashioned to Thine own image and likeness. Behold, O Lord,

nus implétur. Meménto, Jesum, Fílium tuum, pro illórum salúte atrocíssimam subiísse necem. Noli, quæso, Dómine, ultra permíttere, ut Fílius tuus ab infidélibus contemnátur; sed précibus sanctórum virórum et Ecclésiæ, sanctíssimi Fílii tui Sponsæ, placátus, recordáre misericórdiæ tuæ, et, oblítus idololatríæ et infidelitátis eórum, éffice, ut ipsi quoque agnóscant aliquándo, quem misísti Dóminum Jesum Chrístum, qui est salus, vita et resurréctio nostra, per quem salváti ac liberáti sumus, cui sit glória per infiníta sæcula sæculórum. Amen.

how many of them go down into Hell, to the dishonor of Thy Holy Name. Remember that Thy Beloved Son Jesus hath suffered a most cruel death for their salvation. Suffer not, I beseech Thee, O Lord, Thy Son to be any longer despised by unbelievers, heretics, and sinners; but graciously hear the prayers of holy men and of all the Church, the most holy Spouse of Thy Son. Remember Thy mercies and Thy compassions; remember no more their idolatry, their unbelief, their hardness of heart, nor their evil will, but give them grace at length to know, to fear, and to love Him Whom Thou hast sent, even Jesus Christ our Lord, Who is our salvation, our life and resurrection, through Whom we are saved and made free, to Whom be all glory for evermore. Amen.

PRAYER FOR THE CONVERSION OF INFIDELS

St. Arnold Janssen

℣. Coram lúmine Verbi et Spíritu grátiæ, recédant ténebræ peccáti et nox infidelitátis.

℟. Et Cor Jesu vivat in córdibus hóminum. Amen.

℣. May the darkness of sin and the night of heathenism vanish before the light of the Word and the grace of the Spirit.

℟. And may the Heart of Jesus live in the hearts of men. Amen.

PRAYER TO THE SACRED HEART OF JESUS FOR THE CONVERSION OF SINNERS

Oremus: Dómine Jesu Christe, clementíssime Salvátor mundi, te per Sacratíssimum Cor tuum súpplices exorámus ut omnes oves errántes nunc ad te pastórem et epíscopum animarum suárum convertántur, qui vivis et regnas cum Deo Patre in unitáte Spíritus Sancti Deus, per ómnia sæcula sæculórum. Amen.

Let us pray: O Lord Jesus Christ, most merciful Savior of the world, we humbly beseech Thee, by Thy most Sacred Heart, that all the sheep who stray out of Thy fold, may in our days be converted to Thee, the Shepherd and Bishop of their souls, who livest and reignest with God the Father, in the unity of the Holy Ghost, one God world without end. Amen.

PRAYER TO OBTAIN THE CHARITY OF GOD

Ant. Ignem veni míttere in terram, et quid volo nisi ut accendátur?

℣. Cor Jesu, flagrans amóre nostri,
℟. Inflámma cor nostrum amóre tui!

Orémus: Illo nos igne, quæsumus, Dómine, Spíritus Sanctus inflámmet, quem Dóminus noster Jesus Christus e penetrálibus Cordis sui misit in terram, et vóluit veheméntur accéndi. Qui tecum vivit et regnat in unitáte ejusdem Spíritus Sancti, Deus: per ómnia sæcula sæculórum. Amen.

Ant. I am come to cast fire on the earth; and what will I, but that it be kindled?

℣. Heart of Jesus, burning with love for us,
℟. Inflame our hearts with love of Thee!

Let us pray: We beseech Thee, O Lord, to let Thy Holy Spirit kindle in our hearts that fire of charity which our Lord Jesus Christ, Thy Son, sent forth from His inmost Heart upon this earth, and willed that it should burn with vehehmence. Who liveth and reigneth with Thee in the unity of the same Holy Spirit, God, forever and ever. Amen

PRAYER FOR THE GIFT OF TEARS

Orémus: Omnípotens et mitíssime Deus, qui sitiénti pópulo fontem vivéntis aquæ de petra produxísti: educ de cordis nostri durítia lácrimas compunctiónis; ut peccáta nostra plángere valeámus, remissionémque eórum, te miseránte, mereámur accípere. Per Dóminum nostrum Jesum Christum Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus: per ómnia sæcula sæculórum. Amen.

Let us pray: Almighty and most merciful God, Who, to quench the thirst of Thy people, didst draw a fountain of living water out of a rock, draw from our stony hearts tears of compunction, that we may be able to weep for our sins and win forgiveness for them by Thy mercy. Through our Lord Jesus Christ, Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Ghost, God, world without end. Amen

PRAYER FOR THE GRACE OF A GOOD DEATH

Ant. Beati mórtui qui in Dómino moriúntur.
O mi Deus! moriéndum est mihi certo, sed néscio quando, quómodo, ubi móriar; hoc unum scio me in ætérnum peritúrum, si in peccáto mortáli expírem. Beatíssima Virgo María, Mater Dei sancta, ora pro me peccatóre nunc et in hora mortis meæ. Amen.

Ant. Blessed are the dead who die in the Lord.
O my God, I am sure to die, yet I know not when, nor how, nor where I may die. This alone I am certain of, that, if I were to die in mortal sin, I should perish eternally. O most Blessed Virgin Mary, Holy Mother of God, pray for me a sinner, now and at the hour of my death. Amen.

PRAYER FOR A GOOD DEATH
St. John Henry Newman

O my Lord and Savior, support me in that hour in the strong arms of Thy Sacraments, and by the fresh fragrance of Thy consolations. Let the absolving words be said over me, the holy oil sign and seal me, Thine own Body be my food, and Thy Blood my sprinkling. Let Thy sweet Mother Mary breathe on me, mine Angel whisper peace to me, Thy glorious Saints and mine own dear Patrons smile on me; that in

them all, and through them all, may receive the gift of perseverance, and die, as I desire to live, in Thy Faith, in Thy Church, in Thy service and in Thy Love. Amen.

SUPPLICATION THROUGH THE MERITS OF THE AGONIZING HEART OF JESUS AND THE SORROWFUL HEART OF MARY

O clementíssime Jesu! salus, vita, resurréctio nostra tu solus es. Te ergo quæsumus, ne derelínquas nos in angústiis et perturbatiónibus nostris, sed per agóniam Cordis tui sanctíssimi et per dolóres Matris tuæ Immaculatæ, tuis fámulis subvéni, quos Pretióso Sánguine redemísti.

O most compassionate Jesus! Thou alone art our salvation, our life, and our resurrection. We implore Thee, therefore, do not forsake us in our needs and afflictions, but by the agony of Thy most Sacred Heart, and by the sorrows of Thine Immaculate Mother, succour Thy servants whom Thou hast redeemed by Thy most Precious Blood.

PRAYER TO THE AGONIZING HEART OF JESUS
For who shall die this day

O clementíssime Jesu, amátor animárum, óbsecro te, per agoníam Cordis tui sanctíssimi et per dolóres Matris tuæ immaculátæ, lava in Sánguine tuo peccatóres tótius mundi nunc pósitos in agonía et hódie moritúros. Amen.

℣. Cor Jesu, in agonía factum,
℟. Miserére moriéntium!

O most merciful Jesus, lover of souls, I pray Thee, by the agony of Thy most Sacred Heart and by the sorrows of Thine Immaculate Mother, wash in Thy Blood the sinners of the whole world who are now in their agony and are to die this day. Amen.

℣. Heart of Jesus, once in agony,
℟. Have mercy on the dying.

OFFERING OF THE PASSION OF CHRIST FOR THE FAITHFUL DEPARTED
St. Gertrude

Look down, O Father of compassion, from Thy high and holy seat, upon the hapless souls detained in Purgatory. Look upon all the pains

and torments wherewith they are so piteously chastised; regard now the plaintive groans and tears which they pour forth unto Thee; hear the prayers and the supplications wherewith they entreat Thy mercy, and be merciful unto their sins. Remember, most compassionate Father, all the sufferings which Thy Son hath endured for them; remember His Precious Blood, shed in such abundance for them; call to mind the most bitter Death which He suffered for them, and have mercy on them. For all the sins they have ever committed against Thee, I offer Thee the most holy Life and conversation of Thy most beloved Son; for all their negligences, I offer Thee His most fervent desires towards Thee; for all their omissions, I offer Thee the great abundance of His merits; for their every insult and wrong to Thee, I offer Thee the sweet submission with which He honored Thee. Finally, for all the chastisements which they have ever incurred, I offer Thee all the mortifications, fastings, watchings, the labors and afflictions, wounds and stripes, Passion and Death which He endured in such spotless innocence, and with such loving eagerness; beseeching Thee now to suffer Thine anger to be appeased towards them, and to lead them forth into everlasting joy. Amen.

Lord Jesus Christ, we thank Thee for all the blessings that have come to us through Thy sacred Passion and Death, and we beseech Thee, by Thy glorious Resurrection and Ascension into heaven, where Thou art the joy of the martyrs and the saints, who followed Thee in the way of the Cross; grant that after our death we may joyfully enter the gates of paradise. And do thou pray for us, Mary, most sorrowful Virgin! That we may be made worthy of the promises of Christ.

A FAREWELL TO THE ALTAR OF GOD BEFORE LEAVING THE CHURCH

From the Maronite Liturgy

Mane in pace, altáre sanctum, et ad te in pace revértar. Oblátio quam ex te sumsi, prosit mihi in remissiónem debitórum et indulgéntiam peccatórum, utque coram throno Christi absque reátu, et sine confussióne assístam. Néscio utrum revértar aliámque

Abide in peace, O holy altar of God, and I shall return to thee in peace! May the offering that I have received from thee be for the remission of my debts and the pardon of my sins, and may it obtain for me that I may stand before the tribunal of Christ

oblatiónem ófferam super te, nec ne, ignóro.

without damnation and without confusion. And yet I know not whether I shall ever return to offer sacrifice again upon thee.

From the Syriac Liturgy

Mane in pace, altáre sanctum et divínum Dómini: néscio utrum revértar ad te necne. Præstet Dóminus mihi, ut te vídeam in écclesia primogenitórum cælésti, et super hoc testaméntum fidúciam hábeo. Mane in pace, altáre sanctum et propitiatórium Corpúsque sanctum et Sanguis propitiatórius, quæ ex te suscépi, sint mihi ad expiatiónem delictórum et remissiónem peccatórum, et ad fidúciam coram throno terríbili Dómini et Dei nostri in sæcula. Mane in pace, altare sanctum, et mensa vitæ, et deprecáre pro me misericórdiam a Dómini nostri Jesu Christo, ut nusquam cessem memóriam tui serváre, ex hoc nunc et usque in sæcula sæculórum. Amen.

Abide in peace, O holy and divine altar of the Lord! I know not whether I shall return to thee hereafter, or not. May the Lord make me worthy to see thee in the Church of the first-born that are in heaven (Heb. 12:23): on this testament of mercy I rely. Abide in peace, O holy and propitiatory altar, that the Sacred Body and Atoning Blood which I have received from thee may be to me for the expiation of offences and remission of sins, and for confidence before Thine awful tribunal, O our Lord, and our God, for evermore. Abide in peace, O holy altar and table of life, and entreat for me with our Lord Jesus Christ, that my remembrance may not cease from thee henceforth and forevermore. Amen.

A QUARTER HOUR'S VISIT TO THE BLESSED SACRAMENT

"My delights are to be with the children of men. Now therefore, ye children, hear Me: Blessed are they that keep My ways. Hear instruction and be wise, and refuse it not. Blessed is the man that heareth Me, and that watcheth daily at My gates, and waiteth at the posts of My doors. He that shall find Me, shall find life, and shall have salvation from the Lord."

- Prov. 8: 31-35

"Amen, I say to you, unless you be converted, and become as little children, you shall not enter into the kingdom of Heaven."

- Matt. 18:3

"How often would I have gathered together thy children, as the hen doth gather her chickens under her wings?"

- Matt. 23:37

"I will not leave you orphans, I will come to you."

- Jn. 14:18

"Behold I am with you all days, even to the consummation of the world."

- Matt. 28:20

"Cast all your care upon Him, for He hath care of you."

- 1 Pet. 5:7

The voice of the Guardian Angel:

"Jesus is very lonely. He is wearied, waiting for those whom He loves, but who have no thought of Him. Let us visit Him. Tread gently; the church is a hallowed spot; God is here present. Kneel now and adore Him. The Heart of Jesus is overjoyed to see thee so near Him. Hearken, He is speaking to thee; do thou listen to His sweet voice speaking to thy heart."

The voice of Jesus:

"To converse with Me, My dear child, it is not necessary to know much. It is enough that thou art one of those who labor and are burdened and need refreshment. To all such as these I have extended a special invitation; theirs is the first place beside Me. Come now and sit thyself at My feet. Speak now to Me guilelessly as thou wouldst to thy most intimate friend. Tell Me all that which now fills thy mind and heart.

"Hast thou no one to recommend to Me? Tell Me the names of thy relations, of thy friends; after each name, add what thou wishest Me to do for them. Tell Me those whose interests and good thou hast at heart. Why art thou concerned about their welfare, what motives urge thee, and how thou purposest to help them? Do not fear, ask a great deal; I am fond of generous hearts which, forgetting themselves, wish well to others.

"Speak to Me of the poor thou wouldst wish to help; tell Me of the sick that thou wouldst wish to see relieved, of the wicked sinner whom thou wouldst wish to convert. Ask of Me something for those who have been unkind to thee, or who have crossed thee. Ask much for the persons who are estranged from thee, and whose affections thou wishest to win back. For all of these recite a fervent prayer; commend them with all thy heart to Me. Remind Me that I promised to grant every prayer made in My Name.

"Is there no grace thou wouldst ask Me for thyself? Are there not many and many thou wouldst wish to name, that would make thee happier in thyelf, more useful and pleasing to others, more worthy of My love, Who am the dearest Lord, Master, and Spouse of thy soul? Tell Me the whole list of the favors thou wantest of Me. Tell Me them with humility, knowing how poor thou art without them, how unable to gain them by thyself; ask for them with much love, that they may make thee more pleasing to Me.

"With all a child's simplicity, tell Me frankly how self-seeking thou art, how sensual, proud, vain, greedy, irritable, overbearing. How anxious, fretful, faint-hearted, susceptible. How self-indulgent, how cowardly in sacrifice. How idle, slothful, lazy in work. How uncertain in thy good resolutions. Ask Me to bear with thee and to help, bless, and crown thine endeavors to improve.

"Do not blush, My poor child, at the sight of so many failings; there are ever so many elect and saints in heaven who had all these same faults; they besought Me lovingly, they prayed earnestly to Me, and by My grace, little by little they rid themselves of these faults, becoming good and holy in My sight.

"Thou shouldst be Mine in body and soul: fear not, therefore, to ask of Me advantages of body, mind, health, judgment, memory, and success: ask for them for My sake, that God may be glorified in all things. All these I can give, and do give, never refusing to give what may make a soul dearer to Me, and better able to fulfil the will of God.

"And now, My child, what wouldst thou ask Me for to-day? If thou hadst only known My longing to befriend thee, how I long to do thee good! Art thou not busied about some projects? Hast thou no plans for the future which occupy, perhaps distress, thy mind? Tell Me all about them. What takes up most of thy thoughts? After what art thou striving? Tell Me thy hopes, thy fears, thy woes. Is it about thy future state? Thy vocation? Thy position amongst My creatures? Is there some good thou wishest to bring to others? In what shall I help and bless thy good will?

"And for My service, hast thou no zealous thoughts? Wouldst thou not wish to do a little good to the souls of those near and dear to thee? Those of whom thou art fond, and who, perhaps, are unmindful of Me? Shall I give thee strength, wisdom, and tact, to bring these poor ones close to My Heart again? Confide to Me thy failures; I will show thee the cause. I am the Master of all hearts, My child, and I lead them gently where I please. I will place about thee those who are necessary to thee; never fear! Rely on Me, I will help thee, and will guide thee to lead others to Me.

"And what sorrows and crosses hast thou, My dear child? Have they been many and heavy ones? Has someone caused thee pain? Has someone aggrieved thee? Slighted thee? Injured thee? Lay thy head upon My breast, and rehearse to Me how thou hast suffered. Hast thou felt that some have been ungrateful to thee, contemptuously or unfeeling towards thee? Tell Me all, and in the warmth of My Heart thou wilt find strength to forgive and even to forget that they have ever wished to pain thee; I will give thee My blessing.

"Art thou in dread of some hardship, of some annoyance? Is thy soul prey to some vague, shadowy fear which which seems unreasonable, and yet torments thee? Have thou an unbounded trust in My Providence; it shall comfort thee. My love shall sustain thee. I am here, and am never away from thee; I see everything; never can I abandon nor forsake thee.

"Dost thou feel that there are hearts near thee who are less kind than formerly, who have shut thee out, by their coldness, indifference and neglect, from their circle, without thy having consciously done anything to wound them? Pray to Me for them, I will restore them to thee, if it be better for thee and tend to thy sanctification.

"Hast thou no joys to make known to Me? Why shouldst thou not share with Me thy happiness? Tell Me what has happened since yesterday to comfort thee, to gladden thee, to give thee joy. Was it an

unexpected visit which has done thee good? A fear that was suddenly dispelled? A success unlooked for, unhoped for? Didst thou receive some mark of affection: a message, a present? Was there some trial which has left thee stronger than thou didst suppose? Didst thou remember the while, that in all it was My will, My love that brought all that thy heart has been so glad to have? That it was My hand, My dear child, that guided and prepared all for thee? Look to Me now, my child, and say: 'Dear Lord, I thank Thee.' Gratitude draws benefits, thanksgiving draws down other gifts, and the Benefactor loves to be reminded of His bounty.

"Thou wilt soon leave Me now; what promises canst thou make Me? Thou knowest I can peer down into the depths of thy heart. Let them be sincere ones then, for men are deceived; but not God. Make them humble, full of love and full of desire to please Me. Tell Me how carefully thou wilt avoid every occasion of sin; how thou wilt give up the object which leads you astray; how thou wilt avoid viewing those things which excite thine imagination, and to drive from thee all that leads to harm. Tell me how thou wilt shun the world - the great deceiver of souls. Tell me how thou wilt withdraw thy friendship from that person who is irreligious and whose presence disturbs the peace of thy soul. Wilt thou learn how to be meek and kind with the one who has wounded thee? Promise Me to be kind to the poor; loving, for My sake, to friends; forgiving to thine enemies, and charitable to all, not in word alone and actions, but in thy very thoughts.

"Go now, my child, and busy thyself again about thy daily work; but be less talkative, more modest, patient, submissive, charitable. Love all My Saints; seek the help of thy holy patrons. I love to glorify them by giving thee much through them. Love, above all, mine own sweet and glorious Mother - she is thy Mother, too. O love her, speak to her often, and she will bring thee to Me, and for her sake I will love and bless thee more each day. Return soon to Me again, I shall have new favors for thee. Bring Me a heart still more loving, devoted, and empty of the world, for I have many more favors to give, more than thou canst know of; bring thy heart, so that I may fill it with many gifts of My love. My child, give Me thy heart! Peace I leave with thee, My peace I give unto thee: not as the world gives, do I give unto thee. Let not thy heart be troubled, nor let it be afraid. Go thy way in peace."

TO JESUS IN THE SACRAMENT OF THE ALTAR

See where Thy boundless love hath reached, my loving Jesus! Thou, of Thy Flesh and Precious Blood, hast made ready for me a banquet whereby to give me all Thyself. What drove Thee to this excess of love for me? Thy Heart, Thy loving Heart! O admirable Heart of Jesus, burning furnace of divine love, within Thy Sacred Wound, take Thou my soul; in order that, in this school of charity, I may learn to love that God, Who hath given me such wondrous proofs of His great love.

Dear Jesus in the Sacrament of the Altar, be forever thanked and praised. Love, worthy of all celestial and terrestrial love! Who, out of infinite love for me, an ungrateful sinner, didst assume our human nature, didst shed Thy most Precious Blood in the cruel scourging, and didst expire on a shameful Cross for our eternal welfare! Now, illumined with lively faith, with the outpouring of my whole soul and the fervor of my heart, I humbly beseech Thee, through the infinite merits of Thy painful sufferings, give me strength, and courage to destroy every evil passion which swayeth my heart, to bless Thee in my greatest afflictions, to glorify Thee by the exact fulfilment of all my duties, supremely to hate all sin, and thus to become a saint. Amen.

ACT OF REPARATION

Accepted by Pope Pius VII on January 20, 1815 at the prayer of the nuns of the Convent of the Perpetual Adoration of the Blessed Sacrament in Rome, where it is the practice of the religious of this Order to say each in her turn in the hour of her adoration.

O Jesus, my God, my Savior, true God and true Man, in that lowly homage with which the Faith itself inspires me, with my whole heart I adore and love Thee in the most august Sacrament of the Altar, in reparation for all the acts of irreverence, profanation, and sacrilege which I myself may ever have been so unhappy as to have committed, as well as for all such acts that ever have been done, or which may be done - though God forbid - in ages yet to come. I adore Thee, my God, not indeed as Thou deservest, nor as much as I am bound to adore, but as far as I am able; and I would that I could adore Thee with all the perfection of which a reasonable creature is capable. Meantime I

purpose now and ever to adore Thee, not only for those Catholics who adore Thee not and love Thee not, but also in the stead of, and for the conversion of, all heretics, schismatics, impious Atheists, blasphemers, sorcerers, Turks, Jews, and idolaters. O Jesus, my God, mayest Thou be ever known, adored, loved, and praised every moment in the most Holy and Divine Sacrament. Amen.

I adore Thee every moment, O Living Bread of Heaven, Great Sacrament!

Blessed and praised every moment be the most Holy and Divine Sacrament!

Sweet Heart of my Jesus, make me love Thee ever more and more.

Jesus, Heart of Mary, I pray thee, send thy blessing on my soul.

Holiest Jesus! loving Savior! I give Thee my heart.

PRAYER AT THE END OF THE VISIT TO THE BLESSED SACRAMENT

Before retiring, I beg Thy pardon, O my God, for my distractions, my tepidity, and for all the faults which I have committed in Thy divine presence during this visit. I leave Thee my heart; fill it with grace and love; and before I retire from Thee, my God, give me Thy divine blessing. I ask it for this moment and for all my life, that I may live henceforth for Thee alone.

THE EUCHARISTIC WAY OF THE CROSS
St. Peter-Julien Eymard

"And I was as a meek Lamb, that is carried to be a Victim: and I knew not that they had devised counsels against Me, saying: Let us put wood on His Bread, and cut Him off from the land of the living."

- Jer. 11:19

Father Eymard placed the Stations of the Cross among the number of the most important exercises of a retreat. Long experience had taught him to find in the Wounds of Jesus the pardon, the repose, and all those graces for which the soul hungers while on retreat. Right up to his death, he made the Stations of the Cross every day, in the evening, even after the fullest and most wearisome day's work. As such, he recommended this devotion as one whose full value he knew. In the beautiful words of the Imitation of Christ: "In the Cross is salvation, in the Cross is life, in the Cross is victory over all of our enemies, in the Cross is the infusion of heavenly sweetness, in the Cross is the strength of the soul, in the Cross is the joy of the spirit."

But to the Eucharistic soul, Calvary is the altar, and the divine Crucified One is Jesus Hostia. It hears round about the outcries of the throng against Him Who answers only with the silence of a Lamb; it sees into the plots of the scribes and the pharisees; it knows the bargaining of these new Judases who sell to the demon in their souls, to their vices, to their self-interest, the Good Master Who has just given Himself to them in the kiss of Communion. Every day it sees Jesus in His Eucharist delivered up, denied by cowardice and human respect. The Holy Eucharist is the Passion continued and renewed!

The only difference is that the dolorous Eucharistic Way passes through the whole world, criss-crosses it in every direction, and that the drama has lasted for twenty centuries. What? But Jesus is glorious, immortal, impassable in the Blessed Sacrament! Why show Him to us as suffering, when He can suffer no more and as humiliated when He reigns as King triumphant?

It is true, and very fortunate that the Eucharistic Jesus can die no more, that hatred of men could wreak itself upon His sacred person only once at Jerusalem! What priest would like to cause Jesus to come down upon an altar that would be a bloody Calvary for Him? But do sins, insults, and sacrileges wound the living Heart of Jesus Hostia less grievously because He is beyond the physical reach of the tortures which our arms of flesh would make Him undergo? Do not men, inspired by what can only be an infernal rage, make every effort to torment Him? The Passion continues therefore at our hand; it continues at the hand of tormentors ravening after a Victim Who, though continually immolated by their efforts and desires, ever escapes their blows and who finds in this Passion, as in an inexhaustible fountainhead, a deathless and glorious life.

O, the mysteries of the Eucharistic sufferings of Jesus! He suffers as God suffers; He is angered and moved as God is angered and moved, without those feelings marring His happiness or diminishing His joy. He no longer suffers at present; but in the moment when He instituted the Most Blessed Sacrament, there passed before His soul the vision of the outrages, insults, and profanations which would be heaped upon Him in the course of the centuries. By His foreknowledge of the future He saw in their very smallest details, in their most secret and delicate subtleties, the acts of indifference, the sacrileges, and the profanations which our malice held in store for Him, as a perpetual martyrdom. He saw and He knew; his Heart felt. He had the power to let His Heart feel in that one instant anguish equal to what He would have had to endure if He had remained sensible of suffering and a prey to our blows; and the same power, which, on the last day, will expiate in an instant, those souls still sullied with light stains of sin, who otherwise would have had to be devoured for centuries by fire: that same power could well expand the faculties of the soul of Jesus, in order to make Him endure in one moment all that which He would need to suffer as long as He was still subject to pain in the long martyrdom to which men's ingratitude and the fury of evil spirits have tried to subject Him to in vain.

The link between Calvary and the Holy Eucharist is so close that no soul can enter truly and at all intimately into union with Jesus Hostia without feeling the need of consoling Him, of compassionating sufferings the mode and reason of which it does not understand but which are very real to its love. To meditate before the Blessed Sacrament on the Passion as it took place in Jerusalem is not enough for this soul: it feels in its heart that the Passion still continues. It is the Eucharistic Passion of Jesus with which it wishes to sympathize. A sweet inspiration, one which must give so much joy to the Heart of Jesus! For He

complained to Saint Margaret Mary in such poignantly sorrowful terms that He received this compassion too rarely from His forgetful children!

To us who wish to know and honor the mystery of the Holy Eucharist in all its aspects belongs the beautiful mission of meditating frequently upon the Eucharistic Passion; it is for us to compassionate and weep for so many insults and profanations and to undertake reparation for them. Jesus no longer suffers now: He wishes to suffer in us and to prolong in His members, for the glory of God and the salvation of sinners, the martyrdom which He, our glorious Head, so generously endured first; He gave us the example and opened the way to us.

STATION I.
JESUS IS CONDEMNED TO DEATH

℣. Salve, Salutáris Víctima,
℟. Pro me et omni humáno génere,
In patíbulo Crucis obláta.

℣. Hail, O Victim of Salvation,
℟. Offered up as an oblation,
Who for all mankind and me,
Suffered on the Gibbet-Tree.

Jesus is condemned by His own people, by the very ones He showered with His favors. He is condemned as a fomenter of rebellion, He Who is goodness itself; as a blasphemer, He Who is holiness itself; as one seeking power, He Who made Himself the least of all. He is condemned to die on the Cross like the lowest of slaves.

Jesus lovingly accepts this sentence of death: He came down to this earth in order to suffer and die and to teach us to do the same. In His Holy Eucharist Jesus is again condemned to death: primarily in His graces, which are rejected; in His love, which is slighted; in His sacramental state, by the unbeliever who denies Him, and by horrible sacrilege. By unworthy Communions, the wicked Christian sells Jesus Christ to the devil, delivers Him up to his own passions, casting Him at the feet of Satan, the king of his heart, and crucifies Him in his sinful body. Jesus is even more cruelly treated by wicked Christians than by the Jews. In Jerusalem He was condemned but once, yet in the Blessed Sacrament, He is condemned every day and in thousands of places, and by an appalling number of unjust judges.

Nevertheless, Jesus allows Himself to be insulted, despised, condemned: He still continues His sacramental life in order to show

us that His love for us is without condition or reserve, that it is greater than our ingratitude.

O Jesus, pardon, I beg of Thee a thousand pardons for all sacrileges! Should I ever have committed any, I want to pass my life making reparation for them and loving and honoring Thee for them that despise Thee. Grant me the grace to die with Thee!

Pater, Ave, Gloria.	*Our Father, Hail Mary, Glory be.*
℣. O Jesu in Sanctissímo Sacraménto,	℣. O Jesus in the Most Holy Sacrament,
℟. Miserere nobis!	℟. Have mercy on us!
℣. Dómina nostra Sanctíssimi Sacraménti,	℣. Our Lady of the Most Blessed Sacrament,
℟. Ora pro nobis!	℟. Pray for us!
℣. Fidélium ánimæ, per misericórdiam Dei, requiéscant in pace.	℣. May the souls of the faithful departed, through the mercy of God, rest in peace.
℟. Amen.	℟. Amen.

STATION II.
JESUS IS MADE TO BEAR HIS CROSS

℣. Salve, Salutáris Víctima,	℣. Hail, O Victim of Salvation,
℟. Pro me et omni humáno génere, In patíbulo Crucis obláta.	℟. Offered up as an oblation, Who for all mankind and me, Suffered on the Gibbet-Tree.

In Jerusalem the Jews lay a heavy and ignominious Cross upon Jesus. It was the instrument used at that time for the punishment of the basest of men. Jesus joyfully takes upon Himself this overburdening Cross; He receives it eagerly, kisses it lovingly, and bears it with meekness. In that way He wishes to make it sweet to us, lighten it for us, make it pleasant and attractive to us, and consecrate it in His Blood.

In the divine Sacrament of the altar, bad Christians lay a much heavier Cross upon Jesus, one much more shameful for His Heart. This Cross is their acts of irreverence in the holy place, their distracted thoughts, their coldness of heart m His presence, their lukewarm

devotion. What a humiliating Cross it is for Jesus, to have children so lacking in respect, disciples so worthless!

Jesus also bears my crosses in His Sacrament. He places them on his Heart to sanctify them; He covers them with His love, with His kisses, in order to make them attractive to me, but He wants me to carry them for Him, to offer them to Him; He is even willing to listen to the outpourings of my grief, to let me weep over my crosses and ask help and consolation of Him.

O, how light is the cross that comes by way of the Holy Eucharist! How beautiful and radiant it comes forth from the Heart of Jesus! How good it is to receive it from His hands and to kiss it after Him! To the Eucharist then I will run for refuge in my troubles; thither will I go for comfort and strength; thither will I go to learn to suffer and to love!

Forgive, O Lord, all who treat Thee irreverently in Thy Sacrament of love! Forgive my moments of indifference, of forgetfulness in Thy presence! I wish to love Thee, I do love Thee with all my heart!

Pater, Ave, Gloria.	*Our Father, Hail Mary, Glory be.*
℣. O Jesu in Sanctissímo Sacraménto,	℣. O Jesus in the Most Holy Sacrament,
℟. Miserere nobis!	℟. Have mercy on us!
℣. Dómina nostra Sanctíssimi Sacraménti,	℣. Our Lady of the Most Blessed Sacrament,
℟. Ora pro nobis!	℟. Pray for us!
℣. Fidélium ánimæ, per misericórdiam Dei, requiéscant in pace.	℣. May the souls of the faithful departed, through the mercy of God, rest in peace.
℟. Amen.	℟. Amen.

STATION III.
JESUS FALLS THE FIRST TIME

℣. Salve, Salutáris Víctima,	℣. Hail, O Victim of Salvation,
℟. Pro me et omni humáno génere, In patíbulo Crucis obláta.	℟. Offered up as an oblation, Who for all mankind and me, Suffered on the Gibbet-Tree.

Jesus has lost so much blood during the three hours of His agony and beneath the blows of the scourge, He is so weakened by the cruel night passed under the guard of His enemies, that after walking a short distance He falls beneath the weight of His Cross. How many times Jesus Eucharistic falls in particles of the Sacred Species without anyone being aware of it! But what makes Him fall from grief is the sight of a soul sullied by mortal sin! Ah, how much more painfully Jesus falls in a young heart that receives Him unworthily on the day of its First Holy Communion! He falls on that icy heart which the fire of His love cannot melt; on that proud and dissembling spirit without being able to touch it; in that body which is but a tomb full of rottenness. Alas, ought we to treat Jesus like that the first time He so lovingly visits us? O God! So young and already so guilty! To begin so soon to be a Judas! How painful to the Heart of Jesus must be the sin of this sacrilegious First Communion! O Jesus! I thank Thee for the love which Thou didst show me in my First Communion: never shall I forget it! I am Thine, wholly Thine, for Thou art wholly mine: do with me as Thou wilt.

Pater, Ave, Gloria.	*Our Father, Hail Mary, Glory be.*
℣. O Jesu in Sanctissímo Sacraménto,	℣. O Jesus in the Most Holy Sacrament,
℟. Miserere nobis!	℟. Have mercy on us!
℣. Dómina nostra Sanctíssimi Sacraménti,	℣. Our Lady of the Most Blessed Sacrament,
℟. Ora pro nobis!	℟. Pray for us!
℣. Fidélium ánimæ, per misericórdiam Dei, requiéscant in pace.	℣. May the souls of the faithful departed, through the mercy of God, rest in peace.
℟. Amen.	℟. Amen.

STATION IV.
JESUS MEETS HIS HOLY MOTHER

℣. Salve, Salutáris Víctima,	℣. Hail, O Victim of Salvation,
℟. Pro me et omni humáno génere, In patíbulo Crucis obláta.	℟. Offered up as an oblation, Who for all mankind and me, Suffered on the Gibbet-Tree.

Mary accompanies Jesus to Calvary. She endures a real martyrdom in her soul on the way; but when one loves, one desires to suffer with the beloved. Today, on His way of suffering, Jesus Eucharistic often meets with the children of His love, the spouses of His Heart, the ministers of His grace among His enemies. But far from consoling Him as Mary did, they join with His tormentors in humiliating, blaspheming, and denying Him. How many are the apostates and renegades who forsake the service and love of the Holy Eucharist as soon as that service calls for a sacrifice or for an act of practical faith! O Jesus, my good Savior, with Mary my Mother, I will follow Thee amid humiliations, insults, and injuries, and make amends to Thee with my love!

Pater, Ave, Gloria.	*Our Father, Hail Mary, Glory be.*
℣. O Jesu in Sanctissímo Sacraménto,	℣. O Jesus in the Most Holy Sacrament,
℟. Miserere nobis!	℟. Have mercy on us!
℣. Dómina nostra Sanctíssimi Sacraménti,	℣. Our Lady of the Most Blessed Sacrament,
℟. Ora pro nobis!	℟. Pray for us!
℣. Fidélium ánimæ, per misericórdiam Dei, requiéscant in pace.	℣. May the souls of the faithful departed, through the mercy of God, rest in peace.
℟. Amen.	℟. Amen.

STATION V.
THE CYRENIAN HELPS JESUS TO CARRY HIS CROSS

℣. Salve, Salutáris Víctima,	℣. Hail, O Victim of Salvation,
℟. Pro me et omni humáno génere, In patíbulo Crucis obláta.	℟. Offered up as an oblation, Who for all mankind and me, Suffered on the Gibbet-Tree.

Jesus was giving way more and more beneath His burden. The Jews, wishing to have Him die on the Cross in order to complete His humiliation, urged Simon of Cyrene to help bear the Cross. The latter refused and had to be forced to take upon himself an instrument of death so ignominious in his eyes. He yielded and merited that Jesus

should touch his heart and convert him. Jesus calls people to Him in His Sacrament, and almost no one responds to His invitations: He invites them to His Eucharistic Banquet, and they have a thousand pretexts for refusing to come to it. The faithless and ungrateful soul refuses the grace of Jesus Christ, the most excellent gift of His love. And Jesus remains alone, forsaken, His hands full of graces that no one wants; people are afraid of His love! Instead of the honors due to Him, Jesus receives most of the time only disrespect. People are embarrassed at meeting Him in the streets; they turn quickly away as soon as they see Him; they have not the courage to give Him the outward evidences of their faith.

O divine Savior, can this be so? Alas! It is only too true, and I feel the reproaches of my own conscience. Yea, often, bent upon an earthly pleasure, I have refused to hear Thy call; often, in order not to be obliged to amend my ways, I have rejected the invitation to Thy Table with which Thou in Thy love didst honor me. I regret it from the depths of my heart; I know that it is better to let everything else go than by my own fault to miss a single Communion, the greatest and the sweetest of Thy graces. Forget the past, dear Savior, and do Thou accept my resolutions for the future and by Thy strength help me to keep them!

Pater, Ave, Gloria.	*Our Father, Hail Mary, Glory be.*
℣. O Jesu in Sanctissímo Sacraménto,	℣. O Jesus in the Most Holy Sacrament,
℟. Miserere nobis!	℟. Have mercy on us!
℣. Dómina nostra Sanctíssimi Sacraménti,	℣. Our Lady of the Most Blessed Sacrament,
℟. Ora pro nobis!	℟. Pray for us!
℣. Fidélium ánimæ, per misericórdiam Dei, requiéscant in pace.	℣. May the souls of the faithful departed, through the mercy of God, rest in peace.
℟. Amen.	℟. Amen.

STATION VI.
A HOLY WOMAN WIPES THE FACE OF JESUS

℣. Salve, Salutáris Víctima,	℣. Hail, O Victim of Salvation,

℟. Pro me et omni humáno génere, In patíbulo Crucis obláta.	℟. Offered up as an oblation, Who for all mankind and me, Suffered on the Gibbet-Tree.

The Face of the Savior no longer looks human; the executioners have covered it with mud, spittle, and blood! He, the splendor of God, is unrecognizable, and His divine Face is covered with defilements. Holy Veronica braves the soldiers. Beneath the pollution she has recognized her Savior and her God and, moved with pity, she wipes that august countenance. Jesus rewards her by imprinting His features upon the cloth with which she wipes His adorable Face.

O divine Jesus, Thou art greatly outraged, insulted, and profaned in Thy adorable Sacrament, and where are the compassionate souls who will make up for these abominations? Ah, it is saddening and appalling that so many sacrileges should be committed so lightly against the sublime Sacrament. It would seem that Jesus Christ is nothing more among us than an unregarded or even contemptible stranger! It is true that He veils His Face beneath the appearances of very weak and lowly species: that is in order that our love may discover in them His divine features.

O Lord, I believe that Thou art the Christ, Son of the living God and I adore Thy holy Face, full of glory and majesty, beneath the Eucharistic veil! Lard, I beseech Thee to imprint Thy features in my heart, that wherever I go, I may carry Jesus with me, Jesus Eucharist!

Pater, Ave, Gloria.	*Our Father, Hail Mary, Glory be.*
℣. O Jesu in Sanctissímo Sacraménto,	℣. O Jesus in the Most Holy Sacrament,
℟. Miserere nobis!	℟. Have mercy on us!
℣. Dómina nostra Sanctíssimi Sacraménti,	℣. Our Lady of the Most Blessed Sacrament,
℟. Ora pro nobis!	℟. Pray for us!
℣. Fidélium ánimæ, per misericórdiam Dei, requiéscant in pace.	℣. May the souls of the faithful departed, through the mercy of God, rest in peace.
℟. Amen.	℟. Amen.

STATION VII.
JESUS FALLS THE SECOND TIME

℣. Salve, Salutáris Víctima,	℣. Hail, O Victim of Salvation,
℟. Pro me et omni humáno génere, In patíbulo Crucis obláta.	℟. Offered up as an oblation, Who for all mankind and me, Suffered on the Gibbet-Tree.

In spite of Simon's help, Jesus succumbs a second time to His weakness, and it is a cause of new sufferings for Him. His hands and knees are wounded by His falls on this laborious way, and the ill-treatment inflicted by His executioners increases with their rage.

O, how ineffectual is human aid without the help of Jesus Christ! And how many falls are in store for him that relies on others! How often the God of the Eucharist falls nowadays by Communion in lukewarm and cowardly hearts that receive Him without preparation, possess Him without reverence, and let Him go without an act of love and gratitude! Thus Jesus' stay within us is fruitless because of our coldness. Who would dare to receive one of the great of the earth with as little attention as the King of Heaven is every day received?

Divine Savior, I apologize to Thee for all my Communions that have been lukewarm and without devotion. How many times Thou hast already come to me! I thank Thee for them and I mean to be faithful to Thee in the future: only give me Thy love, that is enough!

Pater, Ave, Gloria.	*Our Father, Hail Mary, Glory be.*
℣. O Jesu in Sanctissímo Sacraménto,	℣. O Jesus in the Most Holy Sacrament,
℟. Miserere nobis!	℟. Have mercy on us!
℣. Dómina nostra Sanctíssimi Sacraménti,	℣. Our Lady of the Most Blessed Sacrament,
℟. Ora pro nobis!	℟. Pray for us!
℣. Fidélium ánimæ, per misericórdiam Dei, requiéscant in pace.	℣. May the souls of the faithful departed, through the mercy of God, rest in peace.
℟. Amen.	℟. Amen.

STATION VIII.
JESUS CONSOLES THE HOLY WOMEN WHO WEEP FOR HIM

℣. Salve, Salutáris Víctima,	℣. Hail, O Victim of Salvation,
℟. Pro me et omni humáno génere, In patíbulo Crucis obláta.	℟. Offered up as an oblation, Who for all mankind and me, Suffered on the Gibbet-Tree.

It was the Savior's mission in the days of His mortal life to comfort the afflicted and the persecuted. He desires to be faithful to it at the very time of His greatest sufferings. Thus He forgets Himself and dries the tears of the holy women who weep over His sorrows and His passion. What goodness! In His divine Sacrament Jesus has hardly anyone to console Him for His abandonment by His own people or for the crimes committed against Him. Day and night He is there, alone.

O, if His eyes could weep, what tears they would shed for the ingratitude and neglect of His own! If His Heart could still suffer, what torments He would feel at seeing Himself forsaken in this way, even by His friends! Yet, for all that, as soon as we come to Him, He receives us with kindness, listens to our complaints, to the often very long and selfish tale of our woes, and He forgets Himself to comfort us and strengthen us.

O divine Savior, why do I so often depend on human consolation instead of coming to Thee? I feel that this wounds Thy Heart, which is jealous of my own. Be Thou in Thy Holy Eucharist my only consolation, my one confidant! One word, one look of Thy loving kindness will suffice me. Let me love Thee with all my heart, and then do with me as Thou wilt!

Pater, Ave, Gloria.	*Our Father, Hail Mary, Glory be.*
℣. O Jesu in Sanctissímo Sacraménto,	℣. O Jesus in the Most Holy Sacrament,
℟. Miserere nobis!	℟. Have mercy on us!
℣. Dómina nostra Sanctíssimi Sacraménti,	℣. Our Lady of the Most Blessed Sacrament,
℟. Ora pro nobis!	℟. Pray for us!

℣. Fidélium ánimæ, per misericórdiam Dei, requiéscant in pace.
℟. Amen.

℣. May the souls of the faithful departed, through the mercy of God, rest in peace.
℟. Amen.

STATION IX.
JESUS FALLS THE THIRD TIME

℣. Salve, Salutáris Víctima,
℟. Pro me et omni humáno génere,
In patíbulo Crucis obláta.

℣. Hail, O Victim of Salvation,
℟. Offered up as an oblation,
Who for all mankind and me,
Suffered on the Gibbet-Tree.

How greatly Jesus suffered in this third fall! He lies overcome by the weight of His Cross, and His executioners with all their cruelty can hardly raise Him up again. Jesus chooses to fall a third time before being lifted up on His Cross, as though to give evidence of His regret at being unable to carry it over the whole world. Jesus will come to me a last time in Viaticum before I, also, leave this land of exile. Lord, grant me this grace, the most precious of all and the completion of all the graces of my life! But, O, let me receive Thee worthily in that last Communion so full of love! How terrible is the fall of Jesus in His last visit to the heart of one dying who adds the crime of sacrilege to all his past sins, who receives unworthily. Him Who is going to judge him and thus profanes the Viaticum of his salvation! In what a grievous state Jesus must find Himself in a heart that detests Him, in a spirit that disdains Him, in a sinful body that is given over to the devil! But what will be the judgment passed on these unhappy souls? One trembles at the thought. Forgive them, O Lord, forgive them! We beseech Thee for all the dying: grant that they may die in Thy arms after they have received Thee worthily in Viaticum!

Pater, Ave, Gloria.

℣. O Jesu in Sanctissímo Sacraménto,
℟. Miserere nobis!
℣. Dómina nostra Sanctíssimi Sacraménti,
℟. Ora pro nobis!

Our Father, Hail Mary, Glory be.

℣. O Jesus in the Most Holy Sacrament,
℟. Have mercy on us!
℣. Our Lady of the Most Blessed Sacrament,
℟. Pray for us!

℣. Fidélium ánimæ, per misericórdiam Dei, requiéscant in pace.
℟. Amen.

℣. May the souls of the faithful departed, through the mercy of God, rest in peace.
℟. Amen.

STATION X.
JESUS IS STRIPPED OF HIS GARMENTS

℣. Salve, Salutáris Víctima,
℟. Pro me et omni humáno génere,
In patíbulo Crucis obláta.

℣. Hail, O Victim of Salvation,
℟. Offered up as an oblation,
Who for all mankind and me,
Suffered on the Gibbet-Tree.

How much He must suffer in this cruel and pitiless stripping off of his garments! They tear off His clothing that has stuck to His Wounds, they reopen them, they tear His Flesh. How much He must suffer in His modesty, treated as one would blush to treat a low wretch and a slave, who die at least in the shroud that is to cover them in the grave! Jesus is stripped of His garments also in His sacramental state. Not satisfied to see Him stripped, through His love for us, of His glory and His divinity, of the beauty of His humanity, His enemies rob Him of the honor of divine worship, pillage His churches, profane His sacred vessels and His tabernacles, and cast Him on the ground. He, the King and Savior of men, is delivered up to their sacrilegious will as on the day of His Crucifixion. By allowing Himself to be stripped thus in the Holy Eucharist, Jesus wishes to lead us to the state of voluntary poverty, wherein we denude ourselves of every desire, that we may be clothed with His life and His virtues. O Jesus Eucharist, be my only possession!

Pater, Ave, Gloria.

℣. O Jesu in Sanctissímo Sacraménto,
℟. Miserere nobis!
℣. Dómina nostra Sanctíssimi Sacraménti,
℟. Ora pro nobis!

Our Father, Hail Mary, Glory be.

℣. O Jesus in the Most Holy Sacrament,
℟. Have mercy on us!
℣. Our Lady of the Most Blessed Sacrament,
℟. Pray for us!

℣. Fidélium ánimæ, per misericórdiam Dei, requiéscant in pace.
℟. Amen.

℣. May the souls of the faithful departed, through the mercy of God, rest in peace.
℟. Amen.

STATION XI.
JESUS IS NAILED TO THE CROSS

℣. Salve, Salutáris Víctima,
℟. Pro me et omni humáno génere,
In patíbulo Crucis obláta.

℣. Hail, O Victim of Salvation,
℟. Offered up as an oblation,
Who for all mankind and me,
Suffered on the Gibbet-Tree.

What agony Jesus endures when He is nailed to the Cross! Without a miracle of His power, He could not have suffered it and lived. But the wood to which Jesus is nailed on Calvary is without fault or defilement, whereas in an unworthy Communion, the sinner crucifies Jesus in his guilty body. It is as though one were to attach a living body to a corpse that is in a state of corruption.

On Calvary, He is crucified by His declared enemies; here, by His children, who crucify Him in hypocritical devotion. On Calvary, He is crucified but once; here, every day and by how many Christians! O divine Savior, I pray Thee to forgive me for having failed to mortify my senses: most cruelly dost Thou atone for my fault! Thou desirest, by Thy Holy Eucharist, to crucify my nature, to immolate the old man without cease and to unite me to thine own crucified and resurrected life. Grant, O Lord, that I may give myself to Thee without reserve or condition!

Pater, Ave, Gloria.

℣. O Jesu in Sanctissímo Sacraménto,
℟. Miserere nobis!
℣. Dómina nostra Sanctíssimi Sacraménti,
℟. Ora pro nobis!

Our Father, Hail Mary, Glory be.

℣. O Jesus in the Most Holy Sacrament,
℟. Have mercy on us!
℣. Our Lady of the Most Blessed Sacrament,
℟. Pray for us!

℣. Fidélium ánimæ, per misericórdiam Dei, requiéscant in pace.
℟. Amen.

℣. May the souls of the faithful departed, through the mercy of God, rest in peace.
℟. Amen.

STATION XII.
JESUS DIES ON THE CROSS

℣. Salve, Salutáris Víctima,
℟. Pro me et omni humáno génere,
In patíbulo Crucis obláta.

℣. Hail, O Victim of Salvation,
℟. Offered up as an oblation,
Who for all mankind and me,
Suffered on the Gibbet-Tree.

Jesus dies in order to redeem us. His last mercy is the forgiveness He grants to His executioners; His last gift of love is His Holy Mother; His last desire is the thirst for suffering; His last act is the abandonment of His soul and His life into the hands of His Father. In the Holy Eucharist, Jesus continues to love with the love He showed to me at His death.

Every morning He is immolated in the Holy Sacrifice and loses His sacramental existence in them that receive Him; in the heart of the sinner. He dies for that soul's condemnation. From His Host He offers me the graces for my redemption, the price of my salvation. But in order that I may share therein, He wishes me to die with Him and for Him. Grant me that grace, O my God, the grace of dying to sin and to self and of living only to love Thee in Thy Holy Eucharist!

Pater, Ave, Gloria.

℣. O Jesu in Sanctissímo Sacraménto,
℟. Miserere nobis!
℣. Dómina nostra Sanctíssimi Sacraménti,
℟. Ora pro nobis!
℣. Fidélium ánimæ, per misericórdiam Dei, requiéscant in pace.
℟. Amen.

Our Father, Hail Mary, Glory be.

℣. O Jesus in the Most Holy Sacrament,
℟. Have mercy on us!
℣. Our Lady of the Most Blessed Sacrament,
℟. Pray for us!
℣. May the souls of the faithful departed, through the mercy of God, rest in peace.
℟. Amen.

STATION XIII.
JESUS IS TAKEN DOWN FROM THE CROSS AND PLACED IN THE ARMS OF HIS MOTHER

℣. Salve, Salutáris Víctima,	℣. Hail, O Victim of Salvation,
℟. Pro me et omni humáno génere, In patíbulo Crucis obláta.	℟. Offered up as an oblation, Who for all mankind and me, Suffered on the Gibbet-Tree.

Jesus is taken down from the Cross and confided to His Mother, who clasps Him to her heart and offers Him to God as Victim for our salvation. Now it is for us to offer Jesus as Victim on the altar and in our hearts for ourselves and for others. He belongs to us: God the Father gives Him to us; He gives Himself to us, so that we may offer Him for our salvation. How unfortunate it is that this infinite Price lies unused in our hands because of our indifference! Let us offer Him in union with Mary and pray this good Mother to offer Him with us.

Pater, Ave, Gloria.	*Our Father, Hail Mary, Glory be.*
℣. O Jesu in Sanctissímo Sacraménto,	℣. O Jesus in the Most Holy Sacrament,
℟. Miserere nobis!	℟. Have mercy on us!
℣. Dómina nostra Sanctíssimi Sacraménti,	℣. Our Lady of the Most Blessed Sacrament,
℟. Ora pro nobis!	℟. Pray for us!
℣. Fidélium ánimæ, per misericórdiam Dei, requiéscant in pace.	℣. May the souls of the faithful departed, through the mercy of God, rest in peace.
℟. Amen.	℟. Amen.

STATION XIV.
JESUS IS LAID IN THE SEPULCHER

℣. Salve, Salutáris Víctima,	℣. Hail, O Victim of Salvation,
℟. Pro me et omni humáno génere, In patíbulo Crucis obláta.	℟. Offered up as an oblation, Who for all mankind and me, Suffered on the Gibbet-Tree.

Jesus chooses to undergo the humiliation of the tomb, and He is given over to the custody of His enemies: He is still their prisoner. But it is in the Holy Eucharist that Jesus is really entombed; He remains there not just for three days, but for all time, and we are the ones He asks to guard Him. He is our prisoner of love. The corporal covers Him like a shroud; the lamp burns before His altar as before the place of the dead; around Him reigns the silence of death.

In coming into our heart in Holy Communion, Jesus chooses to be entombed again, within us. Let us make ready for Him a sepulcher that is worthy of Him, one that is new and white, unoccupied by earthly affections; let us anoint Him with the perfume of our virtues. Let us come to do Him homage for those who do not come; let us adore Him in His Tabernacle, console Him in His prison; let us beg of Him the grace of recollection and of death to the world, that we may lead a hidden life in the Holy Eucharist!

Pater, Ave, Gloria.	*Our Father, Hail Mary, Glory be.*
℣. O Jesu in Sanctissímo Sacraménto,	℣. O Jesus in the Most Holy Sacrament,
℟. Miserere nobis!	℟. Have mercy on us!
℣. Dómina nostra Sanctíssimi Sacraménti,	℣. Our Lady of the Most Blessed Sacrament,
℟. Ora pro nobis!	℟. Pray for us!
℣. Fidélium ánimæ, per misericórdiam Dei, requiéscant in pace.	℣. May the souls of the faithful departed, through the mercy of God, rest in peace.
℟. Amen.	℟. Amen.